

Curriculum Vitae



Dr. Satish Kumar Janarthanan, MD

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Fields:

General Physician –Life Style Management | Total Experience: 15 years

Professor of Physiology-Health Education | Total Experience: 8 years

Academic Qualifications:

Graduate Degree: MBBS (Bachelor of Medicine & Bachelor of Surgery)-Kilpauk Medical College, 1987 to 1993

Post Graduate Degree: MD, RMMC, Annamalai University, India, 2003 to 2006

Post Graduate Diploma: Yoga (Life Style Sciences), Annamalai University, 2006

Summary of Qualifications:

1. Health care professional/**Life Style Consultant** with a holistic vision and experience in management, **new program development and implementation strategies.**
2. **Expertise in inspiring people to adopt life supporting trends |** A talent for analyzing problems, developing and simplifying procedures and finding imaginative solutions
3. Proven ability to motivate and work effectively with persons from other **cultures**
4. Involved in World Transforming Discoveries in the field of Quantum Physics and **Human Physiology**

Career Experience

1. Currently in General Practice as Life Style Consultant in India & Director, Ufa Academy for Brain Development.
2. Academic Faculty in college of Dentistry, Ajman University of Science & technology, UAE from February 2010 to April 2011 | Teaching Physiology, Pathology & General Medicine.

3. Jan 2009 to Nov 2009, Assistant Professor in Physiology Department, Sri Lakshmi Narayana Institute of Medical Sciences, Pondicherry, India | Involved in Health Education of **Life Style Changes** towards Positive Health to students of Medicine.
4. Nov 2008 to Nov 2009, TN Hospital India, Part time General Physician managing Out Patient General Practice, **Management & Prevention of Chronic Diseases through life style modifications**
5. March 2007 to Oct 08, Gulf Medical College, Ajman, UAE, **Medical Science Professor-** Department of **Physiology** | Inspirational & Innovative Delivery of Theory Lectures for MBBS & BPT | Delivered Interactive Practical Classes | Research Proposals Submitted | Integrated **Curriculum Development** |
6. 2003 to 06 (3 yrs), Annamalai University, Chidambaram, India, **Resident Teaching Fellow** Lecture & Practical Classes for MBBS, BDS, B. Sc Nursing, Dissertation on **Neuro-Physiological Changes due to Facial Expression**
7. Jun to Aug 2003(3m) MG Medical College & Research Center, India, Tutor in **Physiology** Lecture & Practical Classes for MBBS
8. Jan 2001 to Jun 2002 Yenepoya Medical College, India, Tutor in **Physiology** | Lectures & Practical Classes in Physiology for MBBS, **Stress Reduction Programs for Students**
9. 1996 to 2000(4 yrs) GP, Hospital TN, Holistic Life Style modifications and Health education in managing common diseases, and embarked on Social Awareness Programs apart from routine Medical treatment and 24 hours, Emergency care in the rural areas.

International Awards

1. 2007-Awarded with Gold Medal of honor for “**Enlightened Leadership**” by the leading University -The Maharishi University of Management, The Netherlands.
2. Received commendations from the **European Assembly of Founders of Invincibility** for the research in correlating **Human Physiology**, Cosmic bodies and Sacred sites.
3. Received commendations from the **Dr. A. P. J. Abdul Kalam**, the great scientist in Space Technology and a Humanitarian Ex President of India for Holistic Research

Selected Accomplishments:

1. **National Director, UAE for Global Union of Scientists for Peace, USA. www.gusp.org**
2. **National Director for United Arab Emirates, Global Country of world Peace** since Nov 2007, Facilitated MOU between American University in Emirates, Dubai and Maharishi Institute of Management in Iowa, USA
3. **Senior Academy Fellow, Intentac, International Entrepreneurship Academy, Jonkoping University HQ, Sweden www.intentac.org** | Developed module on: Consciousness based Management, Innovation and Entrepreneurship.

Special Clinical Training:

Externship Training in Allergology at Center for Otorhinolaryngology, Wiesbaden, Germany | 2 weeks (September 2008)

Clinical Laboratory Training in Fundamentals of Polysomnography, Sleep Health Management Resources, Inc, Cleveland, Ohio, USA | July 2010

International & National Scientific Conferences:

1. **Moderator**, Round Table conference, World Future Energy Summit, 2010, Abu Dhabi
2. Invited as guest speaker in the World Summit on Innovation and Entrepreneurship- Dubai 2008
3. Presented a World Transforming Discovery in the Conference on **Human Physiology** and World Consciousness, Nov 2007 MERU, The Netherlands
4. Key Speaker in European Assembly Of Founders of invincibility- Nov 2007, Maharishi university of Management, Vlodrop, The Netherlands
5. National Workshop on stress and its management by **yoga relaxation techniques** March 2005 | Department of Physiology, JIPMER, Pondicherry.
6. APPICON 2005, Annual conference of the association of physiologists of India. National workshop on **Pranayama: techniques, Physiologic basis, and therapeutic potential.**
7. APPICON 2005, Annual conference of the association of physiologists of India National workshop, **Preparation of teaching aids**

Personal Details

Nationality : Indian
Place of Birth : Tamilnadu, India
Date of Birth : 27, July, 1970.
Age : 41 years
Gender : Male
Languages Known : English, Hindi, Tamil, Malayalam, Kannada
Marital Status : Married to Dr. Priya, MS (ENT), Working in Al Zahra Hospital, UAE

References:

1. **Dr. Chandra Mouli, PhD,**
Dean- Evaluation & HOD – Department of Physiology,
Gulf Medical University, Ajman, UAE | **00971 50 2172067**
2. **Dr. Keith Wallace,**
Director of Research (International), Professor of Physiology • Chair of the Department of
Physiology and Health kwallace@mum.edu
3. **Dr. S. Viswanathan,**
Medical Superintendent, Professor and Head of Department,
Department of Obstetrics & Gynecology, Rajah Muthiah Medical College & Hospital
Director- Center for Yoga Studies, Annamalai University, Chidambaram, India 091 4144 238790,
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