

# Oceans Upon Oceans of Knowledge

*My Forty-Eight Years*  
*With*  
*Maharishi Mahesh Yogi*

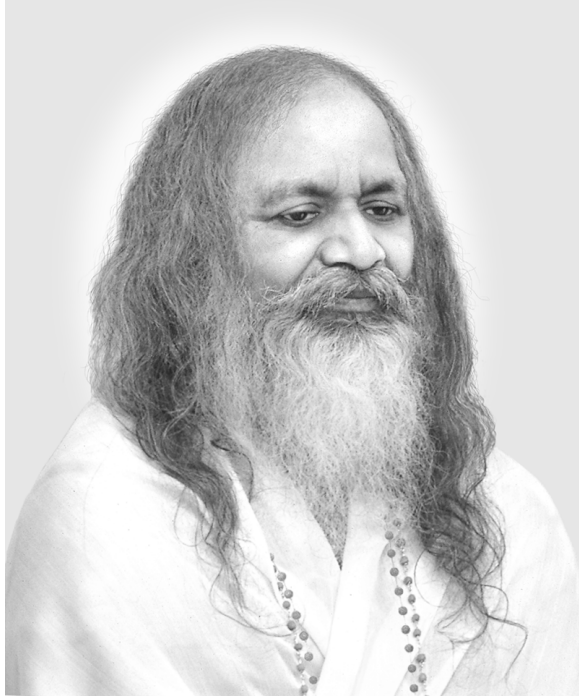
by  
Dr. David Verrill

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All inquiries should be addressed to:  
Maharishi University of Management Press  
1000 North Fourth Street  
Fairfield, Iowa 52557 USA

# Oceans Upon Oceans of Knowledge



## His Holiness Maharishi Mahesh Yogi

Founder of the Spiritual Regeneration Movement, International Meditation Society, Students International Meditation Society, World Plan Executive Council, Maharishi International University (later Maharishi University of Management), Maharishi European Research University, KSCI television station, Thousand-Headed Purusha Program, Thousand-Headed Mother Divine Program, Maharishi School of the Age of Enlightenment, Maharishi Global Administration through Natural Law, Maharishi Vedic Universities, Colleges, and Schools, Maharishi Spiritual University of America, Global Country of World Peace, Maharishi Universities of World Peace, Ideal Girls School, Maharishi University of Enlightenment

## IN APPRECIATION

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# TABLE OF CONTENTS

Prologue	1
Acknowledgement	7
About the Author by Dr. Bevan Morris	9
Occasions by Dr. Craig Pearson	15
Book 1 RISHI: Waves of Awareness (Knowing Capacity)	21
Elaborated Table of Contents	23
Preface	25
Essays	
Rightness of Transcendental Meditation	29
Truth Is In Sweetness	33
Tribute to Maharishi Mahesh Yogi	35
History of the Transcendental Meditation Program	37
Maharishi, A Few Rhymes With a Purpose	41
Lighting the Light—Commencement Banquet	45
Gift, To Los Angeles	47
Framework	51
Forgiveness, For Evolution in Ignorance	53
Wholeness of Evolution	55
Evolution: Its Flaws	57
My Grandfather, What I Was When I Met	
His Holiness	59
My Life with Maharishi	63

Book II DEVATA: Waves of Consciousness	
(Process of Knowing)	65
Elaborated Table of Contents	67
Preface	71
Essays	
Outbound, My “Boyhood”	77
Neither “Ignorance” nor “Fraud”	79
Bubbling Bliss	83
Constitution of the Universe	85
Waves	87
Tools of Thought	91
Reintroducing You to Your “Self”	95
Thinking, How to Think	97
Physiology: Looping Dynamics	99
About Pain?—Forget It	103
Rk Veda, The Fundamental of Silence	105
Gap, The Technology of Consciousness	107
Gaps In Experience	109
The Wisdom of the Ages	111
Education On Trial	113
Celebration, A Recognition	115
Aspects of Consciousness	117
Account	121
September 25, 2001, An Experience	125
Nine Years Ago	127
Programming and Totality	129
Life Forms: The Course of the Eras of Formation	131
How Did You Meet Maharishi?	133

Early Days of the Transcendental Meditation Program	135
Absolute Comfort	139
Book III: CHHANDAS: Waves of Knowledge	
(Product of Knowing)	143
Elaborated Table of Contents	145
Preface	149
Essays	
Picking Up Some of the Pieces	151
Your Holiness	153
What Is Life	157
Water of Life	159
Transcendence	161
Sight, Out of It	163
The Sharing of the Universe	165
Infinity—What It Means in the Universe	167
Immortality: Your/My Home	171
Logic of the Logic	175
Another Perspective Is Noted	177
The Science of Man	179
Mount Wilson	181
Reality	185
Treasury of Maps—Found to Exist in Humanity	187
Sanskrit	189
A Lesson In Memory (Smriti)	191
Life In Relationship	193
Life	195
The “Unified Field”	199

Language Profundity	203
An Idle Thought Process	205
Eureka In the Making	209
Generic “Consciousness”	215
Coriolis Force	217
The Alphabet	219
Affluence	221
Expansion—How Much?	225
Maharishi University of Management	227
Stability of World Order in the United States	229
Commendations	231
Looping the Sky—Our (Earthbound) Velocipede	237
A Three-in-One Celebration of Birthdays	239
Epilogue	243
Appendix 1 Spiritual Regeneration Movement	245
Appendix 2 “Ten Little Meditators”	249



OCEANS UPON OCEANS OF KNOWLEDGE

# PROLOGUE

“EMERGENCE” of  
TRANSCENDENTAL MEDITATION  
THE HIMALAYAS

45 Years

Guru Dev

His Divinity Brahmananda Saraswati Shankarcharya of Jyotir Math

Deep Forests (Location not known to me)

People of India

Valley of the Saints, Uttar Kashi

The Student — Brahmacharya, Thirteen Years

His Holiness Maharishi Mahesh Yogi

Thinking About — Rameshwaram, South India

“MUD” (of the world)

His Contacts in India — the City (Town)

He Examines Temples

He Plans to Return to Mountains

He Encounters a (Man) Converses

A Roadside Chat — “Do You Lecture?”

Six Lectures — “Your Subjects?”

The Gathering of the Townspeople

1955 — The Conferences

Meetings and Lectures

1957 — Spiritual Regeneration Movement

Camps and Centers in India  
 1958 — First World Tour  
 Contacts — David Morgan — Initiation  
 Hong Kong  
 Travel to Hawaii  
 1959 — Hawaii Contacts and Initiations  
 Travel to San Francisco — January  
 Contacts — A News Report  
 Relocate to Los Angeles  
 Publications and Meetings  
 Hollywood and “AN OLD HOUSE”  
 Helena Olson — and Others (Jack Hislop, Charley and  
 Helen Lutes, Arthur Granville, Roland Olson)  
 433 South Harvard and Publicity  
 Spiritual Regeneration Movement (SRM)  
 Public Activity — Initiations & Organization  
 1960 — Tour of Europe  
 1961 — Teacher Training in India  
 Tour: Los Angeles to Canada  
 First Course at Catalina Island  
 1962 — Second World Tour to U.S., Europe,  
 Africa, and India  
 Second Course at Catalina Island (Cuban Missile Crisis)  
*Science of Being and Art of Living* completed  
 Third World Tour to Canada, Europe, India, and Australia  
 1963 — Fourth World Tour to U.S., Canada, Europe,  
 India and Southeast Asia  
 First Canada Course at Vancouver Island

- 1964 — Fifth World Tour to India, Europe, Canada, USA  
Emerald Lake Course, Canada
- 1965 — San Fernando Valley and Organization Work  
*Translation and Commentary: On the Bhagavad-Gita* completed
- 1966 — Idlewild Course, Riverside  
Kumbha Mela and Teacher Training, New Delhi
- 1967 — Second India Course, Seventh World Assembly,  
New Delhi, Rishikesh, Kashmir
- 1968 — SIMS (Students International Meditation Society)  
Madison Square Garden, Teacher Training and the Beatles in India  
Squaw Valley Course
- 1970 — Livigno, Italy, and Humboldt Course  
Estes Park Teacher Training
- 1971 — Humboldt Course and KSCI Television  
Maharishi International University
- 1972 — Humboldt Course, followed by  
Kaiser Estates (Fall) at Lake Tahoe
- 1973 — State Legislatures and Congress  
Livigno, Italy and Squaw Valley  
Houston Space Lab
- MERU (Maharishi European Research University)  
Science of Creative Intelligence
- 1974 — WPEC (World Plan Executive Council)
- 1975 — Dawn of the Age of Enlightenment  
Merv Griffin Shows Inspired Thousands in US to Learn  
the Transcendental Meditation® technique  
Governor Training Courses
- 1976 — Pacific Palisades

## Third Merv Griffin Show

- 1977 — (Lucerne) Alexander Hotel, Vulpera, Arosa, Lake Tahoe  
1979 — Golden Dome in Fairfield, Iowa  
1980 — Vedic Science Conference in New Delhi  
1981 — Founding of Thousand-Headed Purusha Program and  
Thousand-Headed Mother Divine Program  
1982 — Inauguration of Colleges of Natural Law and  
Colleges of the Age of Enlightenment  
1983 — Maharishi visits College of Natural Law, Washington, DC  
Formulation of Maharishi Technology of the Unified Field  
1983–84 — Taste of Utopia Assembly, Fairfield, Iowa  
1984 — World Peace Assemblies in Yugoslavia, the Hague, Holland,  
and MIU in Fairfield, Iowa  
1985 — Maharishi Vedic University  
Continental Capitals of the Age of Enlightenment  
1986 — World Plan for Perfect Health  
1987 — Maharishi Nagar  
1988 — Formulation of Master Plan to Create Heaven on Earth  
Hotels, Conferences  
1989 — Alaska trip, David and Jessamine  
1990 — Lutes Golden Wedding Anniversary  
1991 — Jessamine B. Verrill  
1992 — Founding of the Natural Law Party  
1993 — Washington, DC Conference, Group for a Government  
Inauguration of Ram Raj  
1994 — Prof. Tony Nader, Ph.D., M.D., publishes  
*Human Physiology: Expression of Veda and Vedic Literature*  
1995 — Inauguration of Maharishi University of Management in U.S.,

- Holland, Russia and Japan
- 1996 — Establishment of Maharishi Global Administration  
through Natural Law
- 1997 — Maharishi Global Development Fund  
Establishment of Twelve Time Zone Capitals
- Vedic Approach to Health — Maharishi Vedic Vibration Technology
- 1998 — Inauguration, Maharishi Channel, Maharishi Open University  
Prof. Tony Nader, M.D., Ph.D., Awarded His Weight in Gold  
for His Historic Research on Veda and the Human Physiology
- 1999 — Tallest Building of the World  
Travel from Los Angeles to Brazil to Vlodrop
- 2000 — Global Country of World Peace  
Coronation of His Majesty Raja Nader Raam, First Sovereign Ruler  
Travel from Vlodrop to North Carolina to California
- 2001 — Stroke and Recovery Inspired by the Veda and  
Vedic Literature  
Founding of Maharishi Vedic City, Iowa
- 2002 — Visit of His Majesty Raja Nader Raam to  
Maharishi Vedic City
- 2003 — Moved from California to Maharishi University of  
Management, Fairfield, Iowa
- 2004 — Dedication of the David and Jessamine Verrill  
Archive Collection at the Maharishi University of  
Management Library
- 2005 — Coronation of the Rajas of the Global Country of  
World Peace
- Recertification Course for Governors, Maharishi Vedic City, Iowa



# ACKNOWLEDGEMENT

RESPONSE WITH HEARTFELT GRATITUDE  
TO HIS HOLINESS MAHARISHI MAHESH YOGI  
(Conveyed via His Excellency Dr. Bevan Morris)

I was impressed by the course for the administrators of the Peace Palaces in which candidates underwent such extensive training — gaining intimate familiarity with knowledge and qualifying them to be assignees to the status of Raja (Rajah) of nobility.

Witnessing the coronation ceremonies of the Rajas just before the Guru Purnima festivities, I felt honored to witness the extraordinary depth of perception in the comments they expressed — seeing their personal dedication as a duty to His Holiness and to His Majesty Raja Raam.

The recipients of this distinct honor exhibited significant enlightenment, more so than any former ability to measure up to that assignment: to be a “Ruler” of any prominent segment of nobility. Their demeanor was impeccable and their joy gave credit to their ability to take their place in a “Peace Palace.”

Witnessing the responses to His Holiness in ‘expressing their thoughts,’ I felt the impulse to think with them. What would my thoughts include if (at any time) I might be asked to respond in kind. At first I felt inadequate in measuring up to any level of competency, feeling that compared to their performance, I know nothing! I felt like Arjuna before his remembrance in consultation with Lord Krishna. I had absolutely “NOTHING to express,” all momentary recollection was lacking.

Moments later, however, after opening my computer, I recalled the existence of multiple pages now in the process of editing — what I had been ‘thinking about’ for the previous forty-five years — the thinking of His Holiness and His Movement for which he had now finally attained acceptance by the worldwide press, etc. and I then felt confident with my comparative efforts.

In composition, but unexpressed in words, I had felt responsible (with ‘my’ words) to bridge a gap between His knowledge of wisdom versus the dissemblance of knowledge existing in the perception and ‘ways of the world.’ I felt sympathy with the very complexity of world situations that had been encountered and dealt with in good faith. Yet the very narrowness of the scope of knowledge could only produce a mixture of military negativity along with evolutionary productivity. Today we are blessed with a much broader range of knowledge, and awareness has expanded to a deeper level of perception: the feasibility of a Unified Field. The United States, quoted as “the most successful country in the world,” should now be ready for implementing something New: a technique for developing this perception in order to harness the mechanics of the Unified Field. We welcome the progress but it has been a very long time in the coming and still with many “hills to climb.”

Now, with tasks still ahead for me to negotiate some difficult physical conditions, I am still hoping to participate in the Peace Palace projects. I wish all success to the project, and with me, just ‘doing’ what I can.

I offer you my sincere gratitude and wishes for ‘our’ Movement.

*Jai Guru Dev*

David Verrill

# ABOUT THE AUTHOR

A Tribute to Dr. David Verrill  
On the Occasion of the Dedication of the  
Dr. David and Jessamine Verrill Collection to the  
Maharishi University of Management Library  
By His Excellency Dr. Bevan Morris

In our dear Dr. David Verrill, we have present amongst us the living history of our world Movement. We all like to tell stories that we have heard about the early days of the Movement, stories we have read in the book, *History of the Movement*, but in Dr. Verrill we have an individual who actually lived all of that. He was present at Maharishi's side in those very first founding days.

We are so grateful to Dr. Verrill and also to Jessamine Verrill that they were there, all those years ago, to receive Maharishi and welcome him to the United States.

Where would any of us be today if they had not been there to provide that welcome to Maharishi when he first landed in the United States all those years ago?

They welcomed him and they looked after him. Whenever he was there, they were just devoting their lives to his comfort, to Maharishi's success in action, to service to Maharishi in every way they could — that was the guiding principle of their lives right from the beginning.

Now Dr. David Verrill, as he likes to say, has been around the sun 92 times, and of those 92, we can say that it is coming up towards 45 years that

he has devoted himself, body and soul, to Maharishi, to Guru Dev and the Vedic Tradition of Masters. And there is not one of us who could say they have done that.

His service to Maharishi has been of an extraordinarily serious, responsible and vigilant kind. He has done everything he was ever asked to do in Maharishi's Movement, right up to the present, with the greatest dedication to making sure that it was done just right, in a way to protect the Movement and make the Movement grow.

So no one could have done more or done better than he has done in his service to Maharishi.

I remember one very precious time in Maharishi Nagar in India in the 1980s when Maharishi made a tape with the Verrills and Granvilles in which Maharishi honored them as the Founders of the Movement. What an incredible thing to be called — Founders of the Movement — such a beautiful title. Maharishi was just floating in the joy of all the memories of that time when they were there to found the Movement in America, and therefore the world.

That day when Maharishi was expressing these sentiments towards these very precious people of our world, I just suddenly realized how much it did mean to Maharishi who those people were who came forward when he first arrived from India. One has to think that when Maharishi left India in 1958, all he had was a ticket to Rangoon and his possessions tied up in a little blanket. That was all he had to start the World Movement with. Before he went there, he said he didn't even know you had to have a passport to go outside the country.

So he went to Rangoon and they sent him to Penang, and Penang sent him to Kuala Lumpur, and then to Singapore, and they sent him from Singapore to Hong Kong. And then he went to Hawaii. There was a

famous story that when he was going to Hawaii, when he was about to get on the plane in Hong Kong, the people putting him on the plane said, “Where are you going to stay?” And Maharishi said, “I don’t know where I am going to stay,” and the person said to him, “Look up the person named ‘Watumal’ when you get to Hawaii.”

So somehow Maharishi found this person, and he stayed there in Hawaii, and in each place he would initiate, and then they sent him on to San Francisco, and San Francisco to Los Angeles, where the Movement really took root in the world, around Dr. Verrill and Jessamine Verrill and all the heroes of the foundation of the Movement at that time — the Olsons and the Granvilles, and all those wonderful founders of everything.

So when Maharishi came to a place, it was literally unknown to him what was going to happen, what was going to be there, who was going to greet him, who was going to house him, who was going to help him go to any place to give a lecture.

So those individuals who actually were both there — fortunately for them — and wide awake enough and pure enough and noble enough to instantly recognize what Maharishi was at that time when Maharishi was almost unknown in the world. Those people Maharishi just treasures! They are just such fortunate individuals because they are held by Maharishi so deeply in his heart — that is the reality of our dear Dr. David Verrill and Jessamine Verrill.

I would also like to tell you this very important point about Dr. David Verrill, who was honored by Maharishi with a doctorate of the Supreme Knowledge of life — this is a great honor that was given directly by Maharishi. There is tremendous significance in that, and he has lived up to that title over all these years.

One story that I once told to Maharishi about Dr. Verrill occurred when

Dr. Verrill was facing quite a serious difficulty at that particular moment. It so happened that by dint of his deep study of the discovery of His Majesty Raja Raam — that the human physiology is the expression of Veda and the Vedic Literature — Dr. Verrill had actually memorized all the aspects of the Vedic Literature, the quality of Creative Intelligence that goes along with that, and the aspect of the physiology that corresponds. So as he faced this difficulty, he recited to himself the entire 40 aspects of the Vedic sequence, and somehow he feels (and I think it is absolutely true) that this action at that moment carried him through the difficulty with flying colors. When I told Maharishi that, he was so deeply impressed — not only that Dr. Verrill knew it all by heart — but that at that moment when he was under the greatest challenge that the thought that came to him was to take recourse to that knowledge he had. Maharishi said this was very, very admirable.

Like that, when Maharishi asks after Dr. Verrill, which he does frequently, asking where he is and what is he doing (he kept him in Meru, Holland, for a long time and also didn't want him to leave), Maharishi is always interested in Dr. Verrill and what is happening. I often mention to Maharishi the different continuing research in Vedic knowledge that occupies the waking hours of Dr. Verrill, going deeply into every aspect of Maharishi's books, his writings, and the writings of His Majesty Raja Raam. He is really a scholar, a very profound scholar of every aspect of Maharishi's Vedic wisdom — and not only does he read it and understand it, he is constantly thinking about it and writing down his reflections on that most Supreme Knowledge that ever existed in the world. Maharishi just finds this to be so creditable that here in his very senior age, he is still day and night devoted to the most profound knowledge that could ever exist in creation.

In this pursuit of knowledge, Dr. Verrill is expressing his continued, unbounded devotion to Maharishi and to Guru Dev by just floating in the

waves of bliss of that knowledge, day and night, week after week, month after month — as his intellect is saturated in it. It is like that expression of Vedic Literature: that it is good to study the Veda every day. Here is the living embodiment of that principle in our dear Dr. Verrill.

So I think we can say that Maharishi treasures Dr. Verrill in his heart as a founder of the Movement, as his supporter and protector when there was hardly anyone in the world there to do any of that. That also, Maharishi is so proud of Dr. Verrill today for his intense devotion to the Supreme Knowledge that Maharishi speaks out to the world, and how he lives that knowledge in his life, day and night.

I feel very blessed to be present this evening when this living embodiment of the history of the Movement is presenting to us the beautiful records of the most precious event that has ever happened in the recorded human history — the arrival on our shores of His Holiness Maharishi Mahesh Yogi from the Valley of the Saints in the Himalayas (as it was said right at the beginning of the Movement when Maharishi was being described), bringing with him the Supreme Knowledge of life to transform the destiny of both this powerful country and of the whole human race.

Thank you for this gift to us, Dr. Verrill, and thank you for giving us all this constant inspiration. I receive from Dr. Verrill all the time messages of this kind — beautiful nuggets of pure knowledge that he has gleaned from his study of Maharishi. I recommend that everyone considers very carefully these points about bubbling bliss and the Rik, the whirlpool, which he has presented to us tonight, and I hope that he will stay with us as long as he possibly can and continue to bless us with his purity, his inspiration, and his example of what a great devotee of the Vedic Tradition of Masters is.

Thank you very much, Dr. Verrill, and Jai Guru Dev.

—*Dr. Bevan Morris*



ON THE OCCASIONS OF DR. DAVID VERRILL'S  
92ND AND 93RD BIRTHDAYS

By Dr. Craig Pearson

The U.S. of A. in the year '59 —  
    From the west a light came, rise and to shine.  
The light of pure knowledge, in one man, alone  
    From the Valley of the Saints he had walked . . . and then flown.  
Try to imagine the country he found  
    Creative, perhaps, but ignorance bound.  
Yet people came forward — a rarefied few —  
    And somehow they seemed to know just what to do.  
The Verrills, the Granvilles, the Olsons, and more  
    Their names are preserved in our Movement's great lore.  
Good fortune, great wisdom conjoined these souls,  
    Saints one and all, with the divinest of goals  
Whatever was needed, that service they did,  
    Whatever he asked, whatever he bid.  
Our Movement's great Founders — they were the ones  
    We look back on them now, shining like suns,  
To spiritually regenerate a world gone sterile,  
    Among them, of course, was our dear Dr. Verrill.  
One thing's so plain to us — perfectly clear,  
    If they'd not been there — we'd not be here.

At the start of the changing of time and its tides,  
    Maharishi would train them as Meditation Guides.

Catalina Island was the site of these courses —  
    Sweet weeks with Maharishi and precious discourses.  
Then, in October in the year '62,  
    Catastrophe suddenly reared into view:  
A crisis of missiles, East facing West,  
    The world now faced its most threatening test.  
Nuclear weapons arrayed on each side,  
    Never before had the gulf been so wide.  
The threat was stupendous, the risk inconceivable —  
    Looking back now, it seems unbelievable.  
Maharishi took action in the field of inaction,  
    In the field of silence, of purest abstraction.  
Beforehand he called them together to say:  
    Add more meditations to your schedule each day.  
More meditations — that was the plan —  
    Catalina Island was where rounding began.  
The crisis passed over, the danger subsided,  
    Through dire straits Maharishi the world had guided.

How did it happen? The answer is plain —  
    Quite simple, as Maharishi would later explain:  
When milk boils up and foam threatens to spill,  
    Add drops of cold water — and it's once again still.  
When ignorance had the world over a barrel,  
    The world had passed its most serious peril.  
    To help tip the scale was our dear Dr. Verrill.  
And the courses since then Dr. Verrill's attended  
    Produced the result — the Cold War was ended.

Catalina Island — we have it on film

Thanks to Dr. Verrill — we're grateful to him,  
He narrates his film with both humor and grace —

But there allows us a glimpse of his face!

He gave us a photo as big as a mural:

Maharishi, Catalina Guides, and dear Dr. Verrill.

We cannot praise David without praising Jessamine

For years by his side, constantly blessing him.

Our library last year received some good luck —

The Verrill Collection — it arrived in a truck:

Pamphlets and pictures and lecturing notes,

SRM newsletters, full of great quotes,

The Movement's first steps, one reads and one traces —

The best U.S. history, packed in suitcases,

They lived it and led it, Jessamine and David,

What treasure they gathered — we're grateful they saved it.

Ninety-three years he's now circled the sun —

These verses can't count all the things that he's done.

He's made of himself a great student of Veda,

Reverberations from which the whole cosmos is made.

In public he's ever in business apparel —

Ever the Governor, dear Dr. Verrill.

He always looks dapper, always looks sporty,

Ready to speak to the Qualities forty.

We all recall how, at the drop of a hat,

He'd turn himself into a Harmonicat.

He'd reach in his pocket, and right then and there,  
    He'd play us some jolly American air.  
And regardless of weather, one enters the Dome  
    And there he is sitting, on back jack and foam.  
Regular in program for 45 years,  
    All we can give is our three-in-one cheers.

On Catalina Island, on film he recorded  
    Something Maharishi with intent had noted —  
Water in spiral, in whirl, in swirl,  
    Reminiscent of Rik . . . of a mind self-referral,  
    Reminiscent, indeed, of our dear Dr. Verrill.  
In Maharishi's great service, he's ever dynamic,  
    But closing his eyes, his mind's panoramic —  
An ocean of silence, an ocean of Veda,  
    Where divine Laws of Nature have eternally played.

He's a writer, a poet, a University Trustee,  
    To everyone showing what life's meant to be.  
An American Founder — a glorious herald —  
    How fortunate our nation was through Dr. Verrill.  
We say, "Dr. Verrill, verily, verily  
    You've lived your great life extra-ordinarily.  
Your birthday we celebrate mirthfully, merrily —  
    Generations will honor you — quite necessarily.

*Jai Guru Dev*

## JESSAMINE

By Dr. Craig Pearson

Thirty-one years ago, in the year '59,  
The course of time changed — that year was divine.  
It was then that Maharishi arrived in the West,  
Then that our future began to be blessed.  
Maharishi arrived to plant a great seed —  
The seed of pure knowledge, most precious indeed.  
Great people came forward, chosen by time,  
To assist the first upsurge of knowledge sublime.  
Among them was Jessamine, whose refinement of heart  
Enabled her to recognize the truth from the start.

Together with David, Maharishi they cared for —  
They saw that his needs were all met and prepared for.  
They tended Maharishi, and when he departed,  
They tended the seedling he'd lovingly started.  
It was years before most of us heard of TM —  
Yet the Movement's great future was secure there with them.  
Together, David and Jessamine both,  
Devoted their lives to promoting its growth.  
They cultured it, nurtured it, day after day,  
Trustees of his knowledge when he was away.  
David and Jessamine: our very own seers,  
Our very own parents, for so many years.

To Jessamine Verrill, our Movement's great founder,  
May infinite blessings gather around her.  
The mother of all of us — a million and some,  
The mother of the millions and millions to come.  
For your heart that's so pure, and so sweet, and so true  
(The City of Angels was named after you),  
For all that you've done and all that you are,  
For lighting our way like the morning's first star,  
For your simple devotion, your service unending,  
For the thousands of hours you've spent in transcending,  
This day will be honored by all generations,  
Not only by us, but by all the world's nations.

We wish you all happiness, long life, and all bliss.  
We can hardly imagine one greater than this,  
Whom Maharishi calls Jasmine, with sweetest affection,  
Who's given to time so divine a direction.  
We're grateful beyond what words can express —  
You were born for one simple, great action: to bless.  
So dear to Maharishi, like lights in his heart,  
Must be those people who served at the start.  
We're growing in bliss, but the ideal specimen  
Can clearly be found in our dear, beloved Jessamine.

*Jai Guru Dev*

Book I  
*Rishi*  
Waves of Awareness

(The Knowing Capacity)



# *Rishi:* Waves of Awareness

What is called *Rishi* — What is it? The Purpose  
Because of — In the “Light” of God

## *Elaborated Table of Contents*

Preface

Rightness of Transcendental Meditation

Truth Is in Sweetness

With Maharishi Mahesh Yogi, after 33 years, “Speaking Truth  
Cultures Amalgamation of Knowledge”

Maharishi talks. It’s significant!

Tribute to Maharishi Mahesh Yogi

Worth and Knowledge

The “Real” Author — of Wisdom

No Substitute

History of the Transcendental Meditation program

Just a Beginning

Again

You could say, “How It Started” (It’s BIGGER now!)

Maharishi

A Few Rhymes with a Purpose

His Wisdom and His Majesty

Lighting the Light

Commencement Banquet at Maharishi University of

Management: Growth and a Conviction

Maharishi 'Lit' "Mine"! Nov. 11, 1959

Gift: To Los Angeles

June 13, 2003, A Remembrance

A Recollection of Bliss

Framework

The Value of 'A' — "Foundation" — An Organization (nonprofit)

Structure of Maturity

That WE Might Benefit

Forgiveness for Evolution in Ignorance

Evolution on Deference, Tradition

Productivity under Stress

Wholeness of Evolution

Contriving versus Conniving

The Weight of Accomplishment

Evolution: Its Flaws

Through the Ages

The Name of the Game

My Grandfather

My Forebears

What Was I Before I Met His Holiness

My Life with Maharishi

My Pleasure

Experience with the Coexistence of Two Values

## PREFACE

*Rishi: Waves of Awareness*

Someone said, “YOU should write a book.” OK, So I started to write (thinking ‘first’). I had actually written some scribbles before. (They are there) just ‘essays.’ I had been busy — balancing my books — but after detailing the disposition of some real estate, there was nothing at hand to do, so, “YOU should write a book” — about ‘what I had been thinking about for about forty years’ — Maharishi Mahesh Yogi. You’ll read about it.

He had ‘caught’ my attention and I couldn’t let it go when “In the ‘light’ of God” from Him — it seemed so profound. I learned Transcendental Meditation the next day and he’s been on my mind for forty-five years.

His philosophy (Vedic Literature) deals with ‘Knowledge,’ ancient knowledge, in which the ‘knower’ of knowledge is referred to as *Rishi*, a ‘sage,’ a ‘knower’; the *Devata* as the ‘knowing’ (the action of communicating); and *Chhandas* as what becomes ‘known’ by the adherent — ‘people.’ These three, Rishi, Devata, and Chhandas, characterize the elements of knowledge in three categories. And, as an adherent becomes knowledgeable, he has acquired the knowledge of — a ‘Rishi,’ a ‘Sage,’ a ‘Knower.’

## “TM” BY MAHARISHI MAHESH YOGI

Admittedly, this is an attempt to explore abstraction and human experience, to explain the logic of consciousness as the source of manifestation (in a “reverse engineering” manner) — the evolution of human intelligence and its attributes. Words have been selected to express the concept and require a studied approach for comprehension.

ABSTRACT INTELLIGENCE, THE ULTIMATE SOURCE OF  
ALL — LIFE, EDUCATION, PHILOSOPHY, PROGRESS,  
ECONOMY, EXPLORATION, LITERATURE, SCIENCE,  
INGENUITY — AND THEIR MANIFESTATION

*Observation of man's experience*

Man has sought answers throughout human experience to fathom the depth of eternity, seeking to explain the source of everything appearing in his frame of reference. Man, with his innate (manifest) comprehension of “being” (himself, one phenomenon in his “awareness” of creation), seeks to explain (for his peace of mind) every aspect of his experience.

*Experience of a human*

Encapsulated within that “hidden” resource of consciousness is motivation for every form of life in all of its relationships--to itself included.

*Diversification*

Because of man's perception of what appears to be “natural” motivation, diversification of form (the growth of his family to which he claims ownership), he identifies with his being coming from an “unknown” source for every pleasure and pain.

*Correlation of his own perception*

Linked with this “unknown” and “unperceivable” identity, man attributes the intelligence (which he experiences within himself) and conceives of its nature (because he cannot detect its form), as being a “creator” — creator of himself and all manifest forms of his experience.

*Attempts to rationalize the unknown*

To this “creator,” so profound that it produces unfavorable as well as favorable circumstances, he gives an identity and a name to explain his relationship with this “hidden” source of all Being. In the course of

evolution, many names, traditions, and powers (of the “creator”) evolve to explain aspects of his kaleidoscopic experience, including infinite varieties of diverse forms, animate and inanimate.

“What is the nature of this ‘creator,’ that I cannot see, hear, or sense in any form visible to my senses? ‘He’ must have power to accomplish everything that I can accomplish and more; and, since I cannot ‘sense’ His presence except within my ‘thinking’ (a function of my own capacity), I’ll invent a name, knowing that it is my own name for my ‘unknown creator.’”

Example: “God” with unlimited attributes. Therefore, if applied as a name for this profound Being, or to any one or more attributes, that cannot be the totality of It (my concept of infinite capacity).

*Extension of speculation*

An identifiable part of man’s experience is the ability to think, including his ability to reason (a part of thinking). Logic thus becomes a rewarding capacity of man to become creative on this visible and abstract level. His subtlest perception thus becomes his sense of relationship to the totality of the parts of creation and that “unknown” being to which was “assigned” a name for the purpose of convenience.

*Conclusive arguments*

“Relationship,” as a name, becomes a conceptual identity for what is invisible to the senses — one of the powers to think — linked with “consciousness,” also “sensed” and also disappearing at intervals in the experience of sleep. Could this “consciousness,” which has the only conceptual common value of both manifest intelligence and the abstract indefinable being to which has been “assigned” an identity, could this be that hidden “source” from which all manifestation emerges?

What is its nature? Transcendental Consciousness and its correlates.

—David R. Verrill



## RIGHTNESS OF TRANSCENDENTAL MEDITATION

The beginning took place when Maharishi Mahesh Yogi had the experience of being attracted to His Divinity Brahmananda Saraswati, Shankaracharya of Jyotirmath (in the Himalayas). As a Brahmachari, Maharishi spent years with His beloved Master, intimately acquainted with His very thinking. Under His guidance, He witnessed the circumstances of the close of World War II (1945).

With Guru Dev as His mentor, He carried on the tradition and was inspired to lead His beloved India into prominence as the home of wisdom, making it His lifelong ambition to spiritually regenerate the world. His accomplishments were many with wide segments of the Indian population as His backing. He then traveled the world with agreement from all who would listen that: “Man was not meant to suffer in life” — Man should not be required to live without happiness.

With this as His motivation, His first task was to document His expressions of knowledge in the book, *Science of Being and Art of Living*. His second prime interest was to clarify the traditional classic Vedic text of the world, the Bhagavad-Gita, mistaken for decades by traditional scholars who had taken as real the misunderstood significance of wisdom.

From the very beginning there was unqualified success and acclaim for the wisdom He exuded, and it was everyone’s second reaction, when Maharishi introduced “DEEP” Meditation, His opening words when He lectured. This was His considered description of a real experience, the inherent ‘bliss’ of Being. “Deep Meditation” (a ‘pause’) was His first revelation of what was to come for everyone who had felt the need for relief from the turmoil of the tumultuous day, or day after day of humdrum ceaseless care. Those who had been the first to find that effect in their life report-

ed — “You will love Him, you can’t help but love him!” It was an immediate response, which we were not prepared to experience.

By word of mouth, more and more succumbed — attracted to the ‘bliss’ of His presence. With no one had there previously been the love, that fearlessness that He exuded with every word — whether speaking to a child or to adults who ventured in His presence. This became more evident in subsequent years when a man questioned, “By what name should we address you? We hear some people calling you ‘Mahar’shi,’ and others calling you ‘Maharishi’ — we do not want to be disrespectful.” His immediate response was, “You can call me anything you want, as long as there is love in your heart.”

With such acceptance, one feels comfortable, even the older school devotee who asked, “A devotee of a Master, such as yourself, a devotee must ‘love’ his Master very much, being asked to perform so much — so much is required of him as evidence of his devotion?” Maharishi gave His response, “The devotee of a Master can even ‘hate’ His Master, but he does as ‘he says.’” Knowledge of what is necessary is righteousness — the duty of the devotee. In other circumstances requiring discipline, He has variously said, “I don’t like to use these words” (words of rebuke to set things straight), or, “Right now, I am not angry, but these dealings are unfortunate.”

Rightness is unequivocal (clear) when dealing with issues of distinctions. Maharishi is precise in His evaluation of issues. Natural Law is ‘in the Light of God,’ the ‘rightness’ of what should be accomplished by all men. Recognizing the distinctions of values, He rightly deplores the circumstances in which whole peoples of the world are subjected to terrible poverty. For whatever reason, rightness should be the circumstances which rectify this situation such that a man of any station in life should not be required to live in extreme want, the kind of want that pre-

vails in huge populations around the world.

Behavior and circumstances are in discord throughout the world as currently constituted. In every avenue of endeavor, inequities are in evidence, stemming for centuries back to the most ancient times. These are the imbalanced values to which Maharishi has given His attention, fortuitously with plans structured to accomplish the task He addresses. A tremendous backlog of work is in need of His attention.

Because of the need to even comprehend the need for wisdom, the technology of Transcendental Meditation was first accomplished with such success that large numbers of meditators became proficient to the extent that the value of technology became feasible on a large scale.

Secondly, having validated the technology so widely, researched so extensively, education has become a feasible field for introducing 'real' education — the real advantage of Total Knowledge.

The third and other equally important issues under strenuous examination are Natural Law 'in the light of God,' the Unified Field of 'Physics,' and the validation of HEALTH — 'His Majesty's expertise' — and they exhibit their equal 'state of the art,' the basic element of 'Invincibility.'

Sequentially, these technologies have been developed to validate 'Life' as it should be lived for eternity. These two — knowledge and its practical application — should get equal attention as a 'sales' project, because both have great and equal sales appeal — the value of the knowledge understood and its practical value to every individual on earth.

The remaining major and paramount development will be the adequacy of attention to detail under the auspices of the Rajas who will work as 'Masters' of the Constitution of the Universe, 'silence' as their criterion of expertise, maintaining an even keel irrespective of circumstances.



## TRUTH IS IN SWEETNESS

With Maharishi Mahesh Yogi, after 33 Years

“Speaking Truth Cultures Amalgamation of Knowledge”

I have been enjoying the wisdom of Maharishi Mahesh Yogi for over thirty years and glorying in his expressions of wisdom more than I can say. His beloved master inspired him so completely with the simplicity of life when lived according to his guidelines. We feel deeply the obligation to live up to his expectations of thinking and behavior.

Recently a statement came back to me, one that we strove to keep in mind as its importance had been repeated from time to time: “Always speak the truth, but let it be the sweet truth.” This admonition tested me often in times of stress when we did not always meet with success, and I felt that loss in myself.

Dignity of carriage in carrying out personal duties under stress belongs to that intelligence and courage necessary to comprehend the values of understanding. The ability of Maharishi to take an amalgamation of cultures through transition into a coordinated society has gathered a unification of understanding around the world — a prodigious task. This could be accomplished graciously only by one whose flexibility of perception of values matched his intuitive capability.

Knowledge in transition from disordered beliefs requires that comprehension of ideas that allows restructuring of the capability to learn.



## TRIBUTE TO MAHARISHI MAHESH YOGI

We all have been told over and over how Maharishi feels about setting the world in order. It was His goal in 1959 to spiritually regenerate the world. I daresay that in this hall there is no one who during his private instruction in the practice of Transcendental Meditation did not experience in his own mind the quality of order that He anticipates for the world.

Maharishi has been quoted as saying, “We cannot underestimate the urgency; action cannot be overestimated. Misery anywhere breeds trouble for us all.”

Feeling a duty and privilege to give tribute and gratitude for the happiness and longevity that was made possible for me, I wish to point out the power that is in our hands (yours and mine) in our ability to make right decisions. I wish to relate a series of incidents that took place during the last thirty years.

The level of consciousness that Maharishi was dealing with thirty years ago is illustrated by His response to a ‘Do-gooder’ among the curiosity seekers of the day — those who mistook His appearance and His message. To the question, “If you really have some power, why don’t you go into the hospitals and heal all the sick people?” (this was their challenge), He replied, “They would all be back in the hospital a week later; and I would have been wasting my energy.”

To the question, “Give us a sign!” (another challenge), He responded, “I did not come to entertain or to run a vaudeville show; I came to appeal to sensible people.” Repeatedly He described the method of a master carpenter who would take a piece of wood (any piece) and make the most of its possibilities — bring it up to its maximum potential and serve the highest value.

My tribute and gratitude to Maharishi today has to do with what proves to be the first advanced technique that He gave to Jessamine (this within the first two weeks of our initiation). In response to her question about a strange sensation that she experienced, He put her on a special practice and asked her to write Him once a week.

Approximately twenty years later, it was learned that she was living with a defective heart valve. Many of you know personally how she served him through those many years. Thus my gratitude goes to Maharishi for the award of up to thirty extra years of loving companionship and happiness with Jessamine Verrill.

## HISTORY OF THE TRANSCENDENTAL MEDITATION PROGRAM

Maharishi Mahesh Yogi was inspired by His Divinity Shri Guru Dev Brahmananda Saraswati, Shankaracharya of Jyotirmath in India to Spiritually Regenerate the World — His stated goal and ambition. He circumnavigated the world numerous times during forty years, reviewing the progress of meditators to comprehend, and nourishing their perception.

Early on, while He nourished ‘our’ attention, He admitted that his real interest was in His beloved homeland of India, which had been in decline for centuries. People in India, especially the business world, had “left spiritual efforts in the hands of the recluses,” who, in their eyes, “know more of the finer aspects of spirituality” and could “do a better job.” He saw this lack of understanding and founded the Spiritual Regeneration Movement in 1959 (actually 1957 in India).

As we are aware, this attitude in every civilization has been the cause of the loss of the wisdom of life, dragging the world into a morass of conflict and violence — ignorant of the Fulfillment of Life, as it should be lived. We know of this because Maharishi, in the most ideal way, fed us the wisdom that opened our eyes to the profundity of “Bliss,” the missing ‘link’ of Heaven on Earth.

Millions have been inspired since the start of His mission (we leave “How it Started” for another presentation), and progress has been made in the intervening years. “How it Grew” is the continuing subject of this presentation. During the years from 1959 to 1966, Maharishi traveled the world, conducting introductory and residence courses. These resulted in an appreciation of the relationship of consciousness to the human physiology, an appreciation that had been covered up by routine life and its duties, with

the absorption in appearance as ‘Reality’ — this was the precedence in India, historically erroneous.

The Kumbha Mela celebration in the year 1966 — a celebration held every 12th year on the banks of the Ganges River — was the backdrop for a second training course for teachers of the Transcendental Meditation technique. Meditators came from the West and from around the world, and it was a good beginning for our beloved Maharishi, enjoying delightful surprises ‘yet to come’ in His dedication to ‘create Heaven on Earth.’ (He, at that time, had said, “I will give up 9 years to the world and then retire to the Himalayas.”)

Now, after forty years, He has found much more to reveal. Further growth took place in 1967 with a three-month ‘Teacher Training Course’ in New Delhi, Rishikesh and Kashmir. Further, we learned the ‘selfhood’ of knowledge. The Students International Meditation Society, SIMS, was then established in 1967, attracting students at universities where professors also recognized the value of complete knowledge. Other teacher training courses (first in India and then in other parts of the world) took place as Maharishi’s wisdom was ultimately tested in university laboratories and the results replicated at universities around the world.

By 1970, the impact of the Transcendental Meditation program was recognized by publication of research in the magazine *Scientific American* — a landmark thesis written by Dr. Keith Wallace, Ph.D. — followed during the years by more than six hundred published scientific papers on the benefits of practicing Transcendental Meditation. Maharishi had prepared for inquiry from the scientific community. “We go by what the doctors say,” when asked about ‘healings’: “They were not impossible.” And again when asked about medical miracles: “I would be wasting my time” (‘emptying the hospitals, they would be re-filled in a week!’). “I

came to attract sensible people” (to do for themselves). “Spiritual regeneration of the world is my mission.”

Conducting numerous conferences (1968 and continuing) on a wide array of selected subjects, Maharishi inspired scientists in every field, outlining the foundation of their chosen disciplines. There were a growing number of conferences held at MERU, “Maharishi European Research University.” By now over fifty publications existed (and the number was growing), including *Speaking to Educators* and *Speaking to Students*.

Maharishi found the demand for the wisdom of India to be too great for his formula of 9 years in the world. The “World Plan Executive Council,” a nonprofit organization, became the administrative organization for SIMS, and later, “Maharishi Global Administration through Natural Law,” proposing peace in the world through the formation of a Parliament of all nations.

Maharishi had inspired the formation of a university, Maharishi International University (MIU), which is now Maharishi University of Management. Along the way, various State legislatures, Congress and numerous institutions were addressed by His Holiness. Further, He relocated and organized the scattered Vedic Literature of India, and reconstituted this wisdom as Vedic Science for India, for her Pandits, and for the whole world.

The greatest accomplishments of all time were the culminating recognition of consciousness as the Unified Field of all the Laws of Nature (the goal of Albert Einstein), and later the recognition by Dr. Tony Nader, Ph.D., M.D., of the perfect correspondence between the forty values of Veda and Vedic Literature and every aspect of the human physiology — that the forty qualities of Consciousness were also the fundamentals in the fields of physiology and medicine.

From these findings, it is evident that the cosmos is resident within consciousness and that any fault in the human body is only from an immature understanding. Awareness, perceptivity and functioning are coded within consciousness to comprehend, inspired by knowledge of its vehicle “self” in the environment. Advances of knowledge are only known in the civilized world — such as progress in space travel — because, “The Cosmos measures the borders of our home, the infinite, in the mind.”

By this same capacity of intelligence with which we have become familiar, through which we have learned to gain true fulfillment in life, man has been spoken of as “the noblest work of God” — the prototype, the pattern of origin, the mature understanding capable of Heaven on Earth. Every week in His press conferences, Maharishi broadcasts guidelines to the world in detail, first to His homeland where His expressions are most easily understood. We are invited to ‘look over his shoulder’ by enrolling in a satellite broadcast “Maharishi Open University,” initiated to complete the spiritual regeneration of the world. Much publicity continues to be generated — elaborating the significance of Maharishi Vedic Science, and focusing on the establishment of a Capital of the Global Country of World Peace in Maharishi Vedic City, Iowa.

## MAHARISHI

## A Few Rhymes With A Purpose

The Tools of Life, The Secrets of Life  
Are Nothing Without Knowledge In Consciousness,  
The Whole World Turns, And The Workman Earns  
But What Does He Know Without Consciousness?

Life Is A Race, To Keep Up The Fast Pace  
Men Simplify Jobs to Prevail,  
In Life As Of Old, Many Products Are Sold  
That Profit Comes Back In The Mail.

In Antiquity Life Was Known Without Strife  
Where Men Heard Music and Sound  
In Structure. The Body of Man Was the Plan  
And Turmoil Was Never Around.

The Planets In The Skies Predict and Optimize  
The Behavior Of The Actions Of Man  
They Gave It A Name And Called It Rik Ved  
And That's How Creation Was Made.

Do You Know Your Self, Where Does He Reside?  
Never See Him But Know That He's There  
Thus You Know, In Consciousness So  
That Wisdom Is Right By Your Side.

Memory Grows As Wisdom Unfolds  
The Secrets of Life In The Ages.  
Scientists, Philosophers Derive Their Knowledge  
So That Books Improve On Life In Their Pages.

But What Would It Mean If The Self, In The End  
Didn't Function To Open The Doors  
For You To Hear, See, Smell, Feel, Taste, and Sense  
Of Evidence Imbibed Through Your Pores?

Along Comes Mahar'shi With Rik Ved In Tow  
To Show How Creation Became So  
He Found Tony Nader, A Knowledgeable Chap,  
Doctor of Wisdom And He Found The Right Map.

In Rik Ved He Found Of Knowledge, Physiology  
And It Was Coordinated By The Body.

By Counting The Verses In the Ancient Texts  
He Found That They Portrayed The Organs,  
Next Structure And Function, Created By Sound  
Giving Life To Man, The Discovery He Found.

For This Event The Worldwide Physicians Acclaim  
And Transferred Gold Of His Weight To His Name  
To Recompense, Provide For Continued Expense  
To Research Further The Wisdom In His Fame.

Mahar'shi Renewed His Original Plan  
To Restore To His Kind, The Spirit Of Man  
Immortal, Eternal. His Life Does Not Cease.  
All Forms Of Life Acclaim World Peace.

Mahar'shi Researched Ancient Texts For The Thought  
Of How Divinity Produced 'What God Hath Wrought'  
Creation, Everything Relating To Man  
Intelligence, Memory, Restoring The Divine Plan.

Examining Buildings Evolution Had Made  
Buildings, Shelters And Living Extended  
He Turned Structure To Face Due East With Sthapatya Ved  
To Restore What Antiquity Intended.

Building A Tall Model With East-Facing Cities Of Man  
For Progress, Fulfillment to Fill.

Maharishi Tower Of World Peace For The Plan  
On Land For Administrators to Fill.

Filled With Electronics And Such, That Men's Feet Want To Touch  
On Its Floors, With Skills In Their Rooms,  
Their Pockets Will With More Money Them Fill  
While Their Business And Living Will Boom.

Mahar'shi's Still Here With His "TM" To Bear  
Opportunities, His Devotees Will  
Continue To Extract With His Knowledge Exact.  
So That Turmoil And Anguish Become Still.

“He” was Sent By His Master So Dear  
    To “Spiritually Re-Enliven” The World.  
To Questions Propounded About Fear,  
    He Dissolved By Rightness Of Words—He Unfurled.

## LIGHTING ‘THE LIGHT’

Commencement Banquet at Maharishi University of Management:  
Growth and a Conviction

“On behalf of His Holiness Maharishi Mahesh Yogi, and the World Government of the Age of Enlightenment — His Global Administration Through Natural Law — I light this light, symbolic of Pure Consciousness, the light of Life for all mankind.”

My accompanying wish deals with my association with Him and HIS world.

Nearly thirty-nine years ago, Maharishi Mahesh Yogi arrived in the United States, first in Hawaii where he stayed for about a month, then coming to San Francisco (about five months), and on to Los Angeles (May 1959). About five months later, in November, my wife and I were initiated: ‘Transcendental Meditation.’

With ‘TM’ he challenged my dependence on unexamined beliefs, my convictions about life. This happens because, when you do more than just ‘practice’ TM, you do more than ‘just practice’ it: you enter into the technique, growing in the freedom of the mind. You lose dependence on former unsupported beliefs about life — based on what your elders have conveyed to you concerning the significant issues of life.

You begin to ‘teach’ yourself, learning from within — such that your product, your MIND, becomes orderly. Inspiration blossoms from within, wisdom based on reality of experiencing. In ‘mind,’ new insights and ‘findings,’ I found myself thinking, “Oh yes! That’s right. I really knew that all the time.” Realizations rightly take a natural place among your consolidated convictions.

In those early days, we were told of the six systems of Indian Philosophy,

the sayings of KANADA, the author-composer of Vaisheshik. (Now it is recognized as the second “Upanga,” among the forty values of ‘Consciousness.’) “You have KNOWLEDGE of an object (or any subjective experience) ONLY if you have knowledge of its components.”

This observation extends to every aspect of life experience. Based on experience, the technique that Maharishi introduced to the United States makes it possible to perceive precisely every facet of life from within.

Seventeen years before Maharishi Mahesh Yogi lit my light, initiating me into his technique of Transcendental Meditation, I took a course at UCLA in Industrial Engineering, returning the next year at the request of the instructor as a Teaching Assistant.

As a part of the course, we produced a motion picture of a complex manufacturing process to be able to identify, in replay, precise timing, even repeatedly, examining frame by frame on the motion picture film. Irrefutably this revealed that Transcendental Meditation is an experience not dominated by religious practice any more than is a motion picture recording and playback. This is my conviction, freeing my ability to Think.

GIFT: TO LOS ANGELES  
June 13, 2003, A Remembrance  
A Recollection of Bliss

It is very gratifying for me to relate the respect with which the worldwide Press puts questions to Maharishi Mahesh Yogi, seeking reliable wisdom as guidance to make our war-torn world livable.

To give perspective to the media, as to what a Peace Palace would, OR can do for Los Angeles, previous accounts of their potential have been cited weekly to the world media. The almost unbelievable accounts are being examined in intricate detail, as to how to transform the world into a well-earned Utopia.

Attending the June 13th press conference, the writer has earned the distinction of having completed his ninety-first trip around the sun and proposes to detail aspects of his forty-three (+) years since Maharishi Mahesh Yogi whispered His words of wisdom to me, that have changed my life of searching — into a wealth of fulfillment.

Approximately three-and-a-half years ago, on November 11, 1999, He received from me a greeting as follows: “I met you in Los Angeles fourteen-thousand-six-hundred-and-ten days ago. Today, forty years later, I deliver to you forty roses, one for each year of bliss.”

You will understand this significance, among many references in which Maharishi answered. His questions — through multifarious means — guided His hearers to learn what the word ‘enlightenment’ means.

During these intervening years, He has produced voluminous texts, describing in infinite detail His wisdom, gathered from ancient writings during the centuries from Pandits in India. To me, this Wisdom had been hinted at by my own forebears, giving me credence, but now corroborated

by His confirming understanding of its relevance.

Religious passages, previously obscure to me, were illumined by the innocence, the perspective of the ‘practice’ of Transcendental Meditation. We call it ‘practice’ because that is what it is, but it’s more than just that: when you get into it, it’s “bliss” — the relevance of what real living does for your livelihood.

Only by examining the intricacy of (often unasked) questions about life do these benefits accrue to the seeker of the wisdom of life. It is there, engrained within the physiology of everyone, but (mis)-understood by a prevailing lack of attention, allowed by mere ignorance in the world.

My fortuitous realizations were an ‘unsought’ ability to “do the right thing, and at the right time.” Words have fallen into my mind, facilitating inspiration. For example, in a lecture that Maharishi delivered to an audience packed with students and faculty at UCLA in 1967, He elicited several well-spoken expressions of His lectures. (We call these ‘lectures’ erroneously. They are really revelations of a ‘life anew.’)

Back to ‘my’ story (of 1967) when I had been practicing TM for eight years, as well as teaching other aspirants about a life in fulfillment. During a momentary interlude between questions, I (meaning my ‘self’) announced my position as a member of the Board of Directors of His Spiritual Regeneration Foundation, a nonprofit organization, and stated:

“About thirty years ago (1936), as an undergraduate at UCLA, I participated in a drama presentation on this same stage which at the moment is occupied by His Holiness (1967).” I further stated, “Tonight, I am proud to stand as a member of the Board of Directors of the organization that He had established in 1959, with a project to ‘spiritually regenerate the world.’”

Those were the days in the 1960s when students had been exposed

to psychogenic drugs. Many had experimented with them, OR, were personally 'high' on the use of drugs to their own detriment. This meeting had been called to advise against their use of drugs. One student there was maybe not addicted, but obviously "high" to the point of stupor.

He sat on the stage, dangling his feet over the edge, about five feet from the position of His Holiness on the stage. Sensing a potential altercation, Maharishi had advised no restraint or attempt to interfere with the student's action. Moments later, the student dropped his feet to the floor of the auditorium and exited Royce Hall at UCLA.

Many are those who have been rehabilitated to live a more comfortable life in fulfillment, the direct result of learning the 'practice' of Transcendental Meditation. This is the prime thrust of the effort to spiritually regenerate the world. Advanced technologies, such as "Yogic Flying," will be emphasized, for restoration from all problems for which 'fear' is responsible.



## FRAMEWORK

We would not be here today if Maharishi had not given us a foundation. “We admire the architecture of a building, the functions that it performs, housing, utilities and purposes.”

But the foundation — that all-important utility — cannot be overlooked: even though not evident, like some other values, it’s “Out of Site,” in the absence of which it would not be there.

Quoted in another context at one meeting, after a few years: “There appears to be no doubt of that — none of us would be here today if it were not for one man.” This seems an odd thing to say; but further, we would not have met Maharishi had he not had the foresight to introduce Transcendental Meditation to the world. The framework of our coming together would not have been in place to inspire the success we have had.

“In fact for some of you, your parents would not have met and you would not have been here, nor your spouses.” This is a subject on which Maharishi has not elaborated. This could go on. “For some of you, ‘Your’ own parents may not have met!” Consequences! All for the want of a ‘Foundation’ of knowledge. For, now, millions have the fortuitous appearance of Maharishi and the introduction of the Transcendental Meditation program.

The immediate question for today (yes, this day) is that subtlest goal of our inspiration. “Sound” is the subtlest ‘sense’ of perception. It was Maharishi’s claim that TM had to be based on that subtlest of perceptions in order to inspire awareness to pursue its continuity.

For this reason, we must (MUST) inform future seekers on that same level adequately to be heard, the level where they hear most effectively — the subtlety of thought — the thinking mind. There would have been also the other gaps of expressed experience, expressed in the following presen-

tation, entitled “GAPS” — un-defined.

Imagine also an incident from the earliest days: He, Maharishi Mahesh Yogi, in an early year, was invited to visit the succeeding Shankaracharya at Jyotir Math in the Himalayas — at his academy in Rishikesh, for a very auspicious celebration at which important conferences might take place. He had spent ( 13 ) years with His Beloved, Guru Dev, basking in the warmth of His knowledge.

His Holiness Maharishi Mahesh Yogi cordially accepted the invitation and proceeded to greet the Shankaracharya at an appointed auspicious place. He was further invited to accompany the Shankaracharya, riding in His carriage. His Holiness graciously declined the invitation to ride and proceeded to lead the party on foot to the academy.

The reported traditional protocol for the journey, had He accepted the invitation, would have required His Holiness to become an honored guest of the tradition of the Order. Instead His Holiness chose to lead the caravan to His Academy by which He became known as the Leading Saint of All of India. Otherwise (according to tradition) He would have been subjected to restrictions by the Order from independent action.

## FORGIVENESS for Evolution in Ignorance

Many valuable lessons were learned under the umbrella of Democracy which provided for evolution, progress, maturity and intellectual research. Lessons included bitter labor disputes which were ‘settled’ under negotiation circumstances. Mutual agreements to forget and forgive previous inequities and expressions of animosity that took place before, and/or during settlement agreements. In effect, they agreed that ‘business will be carried on in a civil, peaceful atmosphere’ without reference to previous negative incidents — “Disputed items have been resolved” — Coherence.

History records immeasurable progress and maturity of personal discipline, a valuable part of the experience of learning, under even now abandoned forms of government. Processes and maturity evolved under pressures of learning ‘self-control’ behavior. Advances and research in technology — with its faults — greatly benefited humanity during the urgencies of military catastrophic periods, including the period of the introduction of the Transcendental Meditation technique.

Literature of the western world documents that to the “Gods” and individuals of ancient and mythological times are attributed ‘curses’ (regretted in hindsight), emotional lessons of behavior for sometimes petty inequities perpetrated. Greedy motivations, lacking in decency and self-discipline for the rightful ‘common good,’ were reported, examples of lessons to be learned in growing communities of nations. All, now, will rejoice for the appearance of ideal behavior in the ‘Heaven on Earth’ of the future.

The specificity of language in the manifest world fosters ‘distinctions’

of values, in ‘status,’ ‘worth’ and ‘expressions.’ A writer has said, “Comparisons are odious!” It is challenging to successfully live in a world of distinctions without examples of unjust speech or actions, sometimes necessarily in haste or without forethought. There are ‘negative’ words in this analysis, I regret. Even a desired ‘better’ world implies a comparison, or ‘negative’ world.

Perhaps, differences and negativities were meant for evolution, for even a ‘better’ world. Perhaps, also, only the need for regrets is ‘regrettable.’ (These, too, imply negativity.) It has taken a long ‘time’ in the sequential process of manifestation for that glorious radiance of eternity to express its “Self” into fullness of equality and joy. We are grateful for valiant efforts expended in the face of the retiring ignorance of the day.

His Holiness Maharishi Mahesh Yogi has truly earned His position in the Tradition of Masters, with his Beloved Guru Dev, His Divinity, Jagadguru, Shankaracharya of Jyotir Math, in the Himalayas — Maharishi for His unfailing, loving devotion to His Master, and guiding the world through the pitfalls of ignorance by His perception and strength of purpose; and Guru Dev for His Revelation of the position that mankind is destined to assume in the cosmos. The restoration of His Beloved India is the Glory and Wisdom of Rik Ved.

## WHOLENESS OF EVOLUTION

### Contriving versus Conniving

Much has to be done for the maturity of “Knowledge” to come to fruition in the consummation of wisdom, the extraordinary benefits of man’s ingenuity, the fullness of man’s successful administration of knowledge.

In every area of study, man’s thoughtful attempt has been made to weigh the rightness of every step, to think through the ways to accomplish his intricate maneuvering, making his every move contribute to that ultimate purpose.

Throughout the eras of searching for the potentiality of the fulfillment of knowledge, great truths have been proposed by great minds in all fields; but attempts to bring this to a satisfactory solution for mankind have not been devised.

His Holiness Maharishi Mahesh Yogi has proposed His solution encompassed in what is called a ‘technology.’ Introducing terms like ‘Natural Law,’ ‘Consciousness-Based’ education and ‘Consciousness-Based’ health, He certainly covers a substantial range of fields.

Predating the Christian era, the works of Confucius and the Buddha were effective in their own fields of interest; the Christ was not able to exploit his thinking due to the circumstances of His demise.

Maharishi Mahesh Yogi has certainly surpassed the previous efforts of civilization since His completion of the Unified Field, following the evolutionary advances up to the twentieth century.



## EVOLUTION: IT'S FLAWS

In Effect: MANIFEST LIFE — with its failures of administration — does not meet its defined purpose: left behind are serious problems for manifesting problem-free living. Fulfillment of this purpose requires modification of multiple ‘poor’ habits and processes of mankind evolved during the centuries. Models of behavior are hop-sotch in character around our beloved Mother Earth.

The tasks before us are of such variety and magnitude that they defy speculation as to the manner in which the tasks could EVER be accomplished, given the momentum of disorder and the multiplicity of factors. We feel that the world should just stop doing whatever it is doing and start again from scratch.

Maharishi’s vision would find fulfillment in ‘ritam’ — in the Sanskrit language of wisdom — typifying sound as the motivating character for normalizing behavior and automating the world of ideal living. Every animate person, flock and segment of manifestation would have been in perfect balance, with its responsibilities in perfect order, presumably if there had NOT been a ‘confounding of languages’ such as occasioned in the Tower of Babel.

NOT SO — and thus came the experience of evolution known in this, our existing universe. The task at hand appears to be long and tedious, learning on “our own” if done through the conventional process of negotiation, an ever-changing task to try to behave as we should.

HOW TO DO this ! — would be the “Name of The Game.” Conventionally, men would need to be brought into agreement with integrity to balance the multiplicity of intentions and live cooperatively — at peace with all men (as well as) with women.

The plan of Maharishi Mahesh Yogi was formulated during the last fifty years through consultations and seminars; inspired by wisdom, he expressed it around the world to all manner of peoples. No facet of knowledge has missed his ear or mind. No change has deterred his resolve to locate intact (in totality) the structure of knowledge and its expression. With HIS perception (mind) alone, he stood against hazards that could have deterred anyone else from the indomitable purpose to Spiritually Regenerate the World, though fraught with decadence, deceit and fraudulent practices.

He was inspired by His master, His Divinity Shri Swami Brahmananda Saraswati, Jagadguru, Bhagwan Shankaracharya of Jyotir Math. GURU DEV was the latest of a long line of ‘Seers’ throughout eternity, stemming from the Pandits who had preserved the ancient wisdom through the ages.

In that year, having inspired millions with his perceptive expressions of wisdom, Maharishi Mahesh Yogi was recognized as a leader. The succeeding Shankaracharya of Jyotir Math sought out Maharishi to visit and consult Him in His Ashram in Rishikesh. Being invited to ride with the Shankaracharya in his carriage to the site of the meeting, Maharishi declined and preferred to lead the procession on foot. By this means, he was recognized as ‘The Leading Saint’ among the Wise in the tradition.

Had He not taken this stance and instead accepted the invitation to be carried in the procession, He would have been considered of negligible importance — simply a member of the Order — and restricted by tradition from functioning in His choice to be a proponent of Wisdom in the world.

His choice, even in this small instance, insured his mission in the world would survive to be accomplished, something which would otherwise have been lost to us and progress for eternity. Research and guidance of Maharishi has been preserved in a superb library of publications exemplifying the extent of his perception and capability of His message.

## MY GRANDFATHER

### What I Was Before I Met His Holiness

My grandfather was a railroad man, a conductor on the Santa Fe, and he was the reason, I believe, that I became another 'David.' An uncle was also in the 'business' but ran in the Big Red Cars — interurban railroads across the expanse of Southern California as far as the edge of the San Bernardino desert to Victorville, California. Those cars lost their utility when automobiles supplied transportation in profusion and inundated the available space to inch around the industry of aviation.

In those years before and after the Great Depression of 1928, President Herbert Hoover gave his name for a water dam in the lower reaches of the Colorado River (now irrigating Nevada, New Mexico, Arizona, California and down into Mexico). Someone 'scotched' the name "Hoover" for the dam and called it Boulder Dam at the lower end of the Grand Canyon.

Those Big Red Cars, the Pacific Electric Railway, 'cruised' the whole of Southern California — every beach town from Ventura County to Laguna Beach in Orange County. I 'beached' in at least eight of those beaches, except Ventura, which was not in my bailiwick. (There was nary a board to surf on — they and the bicycle calisthenics followed fifty years later.) My longest stay was in Long Beach, California, the beach town where I emerged from High School and Junior College before visiting the Westwood campus in Beverly Hills, California. (We had become quite familiar with immigrants from Iowa. Almost every week there was an Iowan picnic at Bixby Park — about twenty long tables with food loaded for residents and visiting tourists.)

When the Big Red Cars came cruising by, the 'hooting' of their melodious low and high tones I remember were somewhat like, but different from,

the diesel locomotives that now ‘whoop’ up their whistle to announce arrival and passing, keeping babies and school kids awake at night — every day of the week also giving warning at each road-crossing like here in good old Fairfield, Iowa, apparently my new eternal Home.

Maharishi must have been introduced to most of those California beach towns and their environs, as well as Pasadena, Hollywood (of course), Santa Barbara, San Diego, and San Bernardino with its nearby Lake Arrowhead. Maharishi visited the Glass Church on the lee side hump of the Palos Verdes Peninsula, overlooking Catalina Island with flying fish and undersea gardens (formerly touted as “In All the World, No Place Like This”). I missed His visit to Orange County’s Disneyland. I was at that time a newly initiated TM meditator with instruction, “You should meditate for ‘two’ hours.” He knew what He was doing. And I learned fast.

Another time, Maharishi hibernated in the snow-laden slopes for a week to ‘round,’ letting our visits interrupt His hideaway while He was writing the *Science of Being and Art of Living*. Some of these sequences get a little bit modified over the years.

Maharishi took a two-day caravan trip to Las Vegas, Nevada — all of us with the Olson Clan for both ‘Transcendental Meditation’ and a visit to Colorado River’s Lake Mead, at Boulder Dam. He followed this later with an airplane safari trip to see Curly Smith’s view of the very expansive Colorado basin. In Las Vegas He looked at the night sky, illuminated by its day-‘lighted’ simulation of “High Noon.” But, to my knowledge, He avoided intrusion of the gambling casinos.

He had other visits spanning over three-hundred miles: north at Lake Tahoe, a well-heeled “108” course at Kaiser Estates, and another, a hideaway in the area above the Lake Tahoe at “Moon Dune.” There was the Chalet where he would work on that famous Bhagavad-Gita composition

of Lord Krishna and Arjuna. Arthur Granville and Christine accompanied Him on that sojourn.

The Squaw Valley course had preceded the trips to Humboldt University's three month-long courses with His Holiness filling the minds of the previous 'hippies' with something more than drugs and turning them into candidates for "Knowledge." It was a transformation leading to the "Vedic Atom" program, which seemed to extend a long period of time but ultimately dissolved.

This had been "SIMS," The Students International Meditation Society, having the ingredients of "MIU" in Goleta, California, and practically becoming "Maharishi International University." Then with a move to Iowa, it became established as "Maharishi University of Management," 'Consciousness-Based education,' finding welcome homes around the world.

"Those Were The Days" became "Now ARE the Days Of Knowledge Supreme" followed by the Rajas who will 'rule' out ignorance in the whole world in the Maharishi Parliament of Peace Palaces, a haven for "Heaven On Earth," The Global Country of World Peace, for all of the world to enjoy in Eternal Fulfillment.



## MY LIFE WITH MAHARISHI

Although I missed the bulk of Maharishi's worldwide travels, the intimacy of my life with Him was on and off for almost 40 years. He has always been there in my mind since I met Him over 39 years ago. Without exception, I knew He was there, because He changed my life when I saw Him sitting, cross-legged (something I have never been able to do adequately, before OR since). But it has made no difference. He was there in my mind, with answers, real answers to every question posed to Him. Sometimes I didn't need to ask the question. I knew the answer. He had my attention without asking for it.

What is Attention? After over 10 years (skirting the need for answers), He informed us, "Alertness of mind is the result of the coexistence of two opposite values." The individual is propelled to alertness by intimacy with unity and diversity of experience (the essence of consciousness).

We were ready for this. We had spent hours, days, months, years in give-and-take courses of 'consultation,' instruction, training, meditation, enlarging upon important issues of character and perception, dissolving "real" but trivial obstacles to peace of mind.

After five years as a Teacher of the Transcendental Meditation program (a "Meditation Guide" at the time), including historic residence courses in Catalina and Canada with Maharishi, we occasionally encountered a question from a participant for which we did not have an answer. If we could not give a good answer for the participant, we would promise to inquire, research and supply the best answer that we could conceive.

In 1966 there was another course at Idlewild, in Redlands, California, where we were 'teaching' Transcendental Meditation. I

finally asked Maharishi what to do when we got a question we could not answer, and Maharishi put His “shoulder to the wheel” and supplied a response to the quandary. He selected one of the eighty participants to act as an inquirer, and had him “sit comfortably and quietly.” After another moment, the instruction was given: “Close the eyes . . .” and after another moment, “open the eyes,” and so it went. He had concocted the procedure of the ‘New Meditation Check,’ which, within another year, became THE standard process of checking.

During one of those early sessions, He had posed steps of progress: “If a man in a puddle of mud asked a man on the bank, ‘How can I get out of this mud puddle?’ The answer should be, ‘Put one foot (closer to the shore) in the mud.’ ‘Put my foot in the mud?’ the surprised man in the mud puddle might ask. ‘And how else would you propose to leave the mud puddle?’ How did he get there in the first place? ‘One foot, one foot, one foot, etc.’ until he is out and on the shore.”

Without question, Maharishi Mahesh Yogi has spent most of His life in the middle of the biggest puddle of mud in the world. And HE DID IT without fault.

No one ‘KNOWS’ — HOW MUCH mud?

Book II  
*Devata*  
Waves of  
Consciousness

(The Process of Knowing)



# *Devata:* Waves of Consciousness

What is called Devata — What is it? The Effect  
How It Was Done — Thinking About It

## *Elaborated Table of Contents*

Preface

Outbound: My “Boyhood”

Strictly — About Me

Neither “Ignorance” nor “Fraud” — Should be the Message of the Day

Shakespeare

About *Consciousness-Based* Education

Bubbling Bliss

4/18/04

About Catalina and Rik Veda

Constitution of the Universe

Waves

(1997)

The Beach and “Thinking” (Emerson)

The Ocean’s Habitat, and Its Ocean

Tools of Thought

“Who’d a thunk it” Special Significance

How Else to Convey

Issues and Karmic Religion “Mind”

Re-Introducing You to Your “Self”

Thinking

Being

Thinking

How to Think? What is Thought? How Does It Function?

Physiology: Looping Dynamics

Modular Functional Flow, Vedic Sequence, Flow Chart of Life

A Second Chance

My — Survival — Stroke & Vedic Sequence

About Pain?

Forget It!

“Rik Veda” — The Fundamental of Silence

The Fundamental of Communication, Meaning, Sound, Alphabet,  
Language

“Gap” — The Technology of Consciousness

A Feeble Attempt to Explain Consciousness

Vyakaran

Gaps in Experience

Exploring Elements of Time

The Explosion of Knowledge (Here and There)

How Do We Know It?

A “Rounded” Experience of Thinking

The Wisdom of the Ages

Two Forces

Education on Trial

Local and National

A Need for a Change

Celebration

A Recognition

Its Blossom  
Vedic Technology of Consciousness  
Aspects of Consciousness  
It Makes “Points”!  
Account  
“My” Account — Life, WPEC  
September 25, 2001  
An Experience — A Perception in the Wake of a Stroke  
Nine Years Ago — 1996  
A Variety and Physiology  
Programming (and Totality)  
Dynamics  
Prof. Tony Nader, M.D., Ph.D.  
Life Forms: The Course of Eras of Formation  
Finality of “Purity” — Ram Raj  
How Did You Meet — Maharishi?  
Or “Mahar’shi”?  
It’s an Answer  
Early Days of the *Transcendental Meditation* Program  
How to Teach, etc.  
First Course  
Transcendental Meditation and Mules  
Absolute Comfort  
When “I” Slept In  
For Now and Eternity



## PREFACE

### Devata: Waves of Consciousness

This is an explanation for writing, since ‘someone’ said I should write a book. There might be some value, only to identify the context of what “things that I was talking about” (writing), while spending over forty years in association with His Holiness Maharishi Mahesh Yogi. He defined scope and purpose for “TRANSCENDENTAL MEDITATION” — the very foundation, framework, and philosophical theories in more than forty books.

Identified as a framework because of its colossal extent, the significance of his prodigious product emerging in wisdom, science, education and overtones. Inspired by His own Master, Shri Swami Brahmananda Saraswati, Shankaracharya of Jyotir Math, His Holiness Maharishi has documented a culmination of expressed knowledge — as the recognized worldwide leader in the field of wisdom. He has reactivated and preserved the scattered wisdom of Pandits, lost during the ages.

His compilation of writings is incomparable, significant in every area of society: education, science, law, literature, architecture, culture, and government (local to international). He could talk “turkey” (a figure of speech) with scientists in every category, including electronic. Why? “He’s only Wise?” NO! He’s a Graduate PHYSICIST. His student inspired the prestigious Discovery of the UNIFIED FIELD (of Einstein fame) and improved (perfected) it. My own comments are only to give my flavor to the task, perhaps thought even inadequate, to his elegant expressions.

My few essays punctuate rambling comments, intended to tempt other reluctant seekers to seek more deeply — the wisdom of the ages in its

unblemished context. “Wisdom is eternal” — really an understatement of Maharishi’s value to this world community.

It was a distinct honor for me to be spoken of as a founder of His organization, among others, for merely announcing His goal: “The Spiritual Regeneration of the World.” To date, seventy essays or more may survive my selections (and discards), leaving an ample number as my literary, speculative efforts. Some of these writings have become redundant with His new revelations.

Some, not yet edited, may surface to give structure and to recap over the years the environment that His actions have provided —a backdrop for the Transcendental Meditation program. Maharishi’s product will survive as the expression of wisdom for eons of time.

My only real comment on Maharishi Mahesh Yogi is “Approbation” for His dedication to His Master, Shri Swami Brahmananda Saraswati, Shankaracharya of Jyotir Math, who spent sixty-five years in His solitude of the mountains and forests of India, listening to the whispering wisdom in the trees.

Now, in my autobiographical notes and comments, were the intentions to help to break through the resistance to the expression of wisdom (He doesn’t need my help, but He’s going to get it if I can Help it) — wisdom that impacts the political era of the United States and the World in this age besieged by evolutionary progress. If it is not completed, “Its time has not come” — for life is, as it “should be lived.”

Maharishi’s admirable formatting of Shri Guru Dev’s inspiring wisdom could not complete His mission without addressing the democratic nation of America representing the continental populations in the world. He sought out the United States, “the most creative country of the world” (He said). They must be “ready to try something new.” Provided was a

combination of factors to help break the deadlocked resistance — seeking but hesitant of Maharishi’s expressions.

Needed was a spiritual readiness for the expression of knowledge — not that Maharishi lacked the knowledge. Progress needed an environment to allow for the expression of knowledge. As He early explained so beautifully, “The knower, knowing, and the known cannot be separated, one from the other.” Integrally, His nonprofit university, Maharishi University of Management (formerly Maharishi International University) is the expression of His Vedic thesis. There could not be any one without the other of the three aspects of knowledge.

Simultaneously, there appeared and evolved a combination of forces ready for knowledge — science reaching maturity to conceptualize the Unified Field (Albert Einstein’s goal) where it could be expedited, together with clarification of Vedic Literature from ancient times. Under Maharishi’s guidance and fortuitous perceptions, Prof. Tony Nader, M.D., Ph.D., has expressed the Veda and Vedic Literature for all time in Human Physiology.

For my role, I was playing a part on the gross level of administration only, having the experience, education and training to interface with His direction for the organization, along with a multitude of other qualified followers, equally important in their efforts. The significance of my efforts was related to our collected efforts. Recompense enough has been my effort — satisfaction, my reward! These preceding comments are a part of my life with Maharishi Mahesh Yogi.

Personally, since His mission was the “Spiritual Regeneration” of the world, my life was flavored integrally with Christian Science and its practice, remaining now philosophically significant. Early reminiscences of my mother included my asking (along with “How many stars are there in the sky?” and “How big is the sky?”) “Aren’t we poor?”

She must have sensed something important because she responded, “Oh, no! We’re NOT poor! We have Christian Science!” I never forgot it, and quoted its tenets once to ‘Mahar’shi.’ During World War II, and beyond, circumstances led us, with my wife, into other companion thoughts and philosophies — but uncles, aunts, and other ‘preferred’ associates continued to be most comfortable in this traditional awareness, since through the years, this had been our spiritual standby.

The third of four boys, I recall my father carrying me on his shoulder home from an outing, and secondly, fishing trips at Redondo Beach, and several sessions on sand piles. He was a surveyor, laying out streets and sidewalks, on a land tract. Mother must have been in the delivery of younger twin brothers at home with my elder brother. I’m now “carrying their torch.”

Finding my father on the floor coming home from school one day, I was sent out to play, and Mother completed her schooling, putting us through high school (and two of us into college).

These were formative years during, and then after, relocating to accommodate education. We had wonderful trips, the five of us together, during summer vacations (with her diligence), in spite of the Depression, since the school year allowed for freedom. She sometimes made some comments: “There ought to be a law against — all boys!”

Circumstances of the Depression of the thirties (with no jobs) led to an extended continuation of college, even to a third and fourth year in Junior College, loaded with cultural electives. An extra change of residence positioned us — and me — conveniently to spend three years at UCLA. I dropped out of an English major, sensing economic necessity, and topped off with Business Administration courses.

Five years as a bookkeeper close to management, and one year in a machine shop, were followed with two years of teaching aviation cadets during World War II, and then on to training supervisors of civilian aviation maintenance personnel. After rounding out with three years in a warehouse, I was poised to structure and supervise an airline maintenance program at Flying Tigers for twenty-six years.

My resume included membership in a professional society, SAM (Society for the Advancement of Management), and I had other strong associations with members of the prestigious ASME (American Society of Mechanical Engineers).

Everything fell into place for us to meet Maharishi Mahesh Yogi during the last eight years, and for me and my loving wife Jessamine to become teachers of the Transcendental Meditation technique.

Beyond this point, these articles may be “just enjoyed,” and some of them studied — these writings, poetry and essays — which complete my active work\* with Maharishi Mahesh Yogi, the leader of the world in enlightenment.

\*Although there is talk that I am supposed to do a Peace Palace in California....



## OUTBOUND

## My “Boyhood”

Freedom from care is our goal. What is our path? Essays need to begin at the beginning to be right. This is “As I saw it.”

I was born (they say) in a small town (it was small when I found it). It became bigger each day as I became more fluent with the sun, the moon, and the stars. I especially remember the holiday of Christmas. For me and my brothers (three), it was a day to arrange a few branches, panopies with wondrous toys, all glittering and sparkly on a tree. With toys for imagination, my world as I knew it, grew as large as it could grow. (I remember saying, “Can we leave the tree up all year round?”)

My world grew with every relative that moved in that realm — aunts, uncles, and cousins. It grew with knowledge from that kaleidoscope of wonder and substance — along with fruit trees (white figs which I peeled and ate off the tree), the corn and melons, sweet and luscious, and then sprinkled with rain drops that flooded my river in the banks along the street. This became my playground, comfortably warm in the afternoon sun.

Chickens clucked and rabbits munched their approval of life under the sun while my brothers romped around boundaries with sidewalk skills to avoid violating the lines of our competitive chalk-drawn games. Down the street came other neighborhood boys and girls, competing in larger games and ultimately showing off knowledge marked by ages and grades in the schools of life.

There are hazards of selecting the right turn to get to Grandma’s house, that elusive puzzle that challenged the fastest way. “We have to get there NOW, we cannot wait.” The age of the 1920s, of course, was not as fast as

later in this era. School in those days seemed interminably long but fell in line easily as holidays interrupted the labor of learning to do what you have to do.

Trips to carnivals, and off to the beach, became longer when campgrounds and geography extended our knowledge. Labor as a farmhand occupied whole months until school interrupted the return to a higher boundary of knowledge. (We called it learning, then.) Each of these changes, as well as the different schools, added to the opening of doors for ways to expand capability. What before had been forbidden, now became the inability to comprehend, or a challenge, the ability to feel the weight of being responsible — “I’m grown up! I might!”

Libraries, theatres and diversionary activities take their turn as attractors of attention. He who has selective interest and an inquisitive mind (or should it be the ‘acquisitive’ mind?) seeks words to express what he sees, feeling as if he knows his choice.

Books, of course, become infinite in number and in choice of selection. They offer inspiration for pondering: “How big is the sky?” “How many stars in the sky?” This is the biggest Un-answered Question. It’s not that it’s questionable. It’s just not been given a satisfactory answer for exploration within the wellspring of wisdom in the mind.

“Infinitude is infinite, in-finite,” they say. So why not explore to its intended end, unbounded and outward-bound, to a satisfying bend in the road of progress — a new page in potentiality beyond the past capabilities of learning, unsought, acquisitiveness. Leadership leads to perform miracles, formerly beyond this field of dreams, to “whatever.”

## NEITHER “IGNORANCE” NOR FRAUD

Should Be the — Message of the Day

Shakespeare made it somewhat orderly by quoting the life of a man “who plays out his part” — first “as a youth, later as a husband, a father, lawyer, or doctor, etc.”

Repeating — that — everyone in life —

“A man plays many parts,” etc. . . . “All the men and women are mere players.”

“All the world’s a stage,” Shakespeare said. His stage was for entertainment, for subtle guidance of kings to see themselves and avoid some of the pitfalls of rigidity of purpose.

These points of Shakespeare’s guidance will suffice within the confines of life until the Age of Enlightenment replaces the old age — that happy day becoming the day of Ram Raj.

Where is confusion in the modern world, but in the mind of man, missing the REALITY and “Experience” of the impulses in his own mind? His mind is his ‘workshop’ where he cares for and works with his tools, including his words (his tools of communication). He needs these — his intellect, to discriminate and plan, his “Rest” to conserve his energy, study to improve his mind. “Why,” his mind? Consciousness, the screen of Experience, without which he knows — What? — Nothing.

Consciousness is the STAGE for every scenario, every script, every drama and anecdote of his life: his success (and failures). Regardless of his station in life, his consciousness is the stage (the focus) of his experience, irrespective (please note that I didn’t say — ‘irregardless’) of his chosen field of endeavor. If he ignores, or does not deal with, what comes to his mind —

“What’s the use?”

The technology of consciousness is paramount to finance, agriculture, worship, health care, whatever! To Experience — Aright! NOT Wrong. The practice of Transcendental Meditation was introduced to the Western world by Maharishi Mahesh Yogi, and has gained support for its benefit to the corporate world. It is making great headway in proving points of success to man.

Consciousness-Based education (CBE) is the foremost technique sought by educators to maximize the skills of learning. Graduates from Maharishi University of Management (M.U.M.) are prime candidates for employment in increasing numbers with high-tech corporations in the marketplace.

Without ‘experience’ — the action in the mind needs the motivation to drive the social and economic enterprise of the world. How to ‘think’ is the focus of this message. NOT, ‘What to think’, but ‘HOW.’ TM is the ‘restful’ technology to accomplish your highest purpose in life.

The analysis goes on in the story line — “a man (does) play many parts,” etc. — in every scenario. You need perspective to anticipate action when “consciousness is the backdrop of experience.” Without Maharishi’s message, the world has lost or ‘missed’ the message of REALITY of the play.

NOTHING is RIGHT or WRONG, but thinking “MAKES IT SO.”  
Be careful!

Experience would not be experience without consciousness as the screen against which “mind dictates everything that takes place on ‘that’ stage” in experience!

A statement was made, “If it were not so, I would have told you.”

For every impulse of the mind — whoever the author, and wherever the occasion — the script is written by the writer of action performed, and consciousness is the backdrop against which the occasion

takes place. Politics, finance, government, health care, agriculture, mineralogy, archeology, navigation, travel, meditation, worship, etc., the list goes on.

It's a part of the play on the field of consciousness, the screen of experience by whatever name. And I choose to call it 'CONSCIOUSNESS,' unless it is ignored, in ignorance!



## BUBBLING BLISS

4/18/04

You are all aware of the ‘bubble’ diagram, introduced by His Holiness Maharishi Mahesh Yogi to illustrate the function of the Transcendental Meditation program. This is the illustration that depicts the manner in which thoughts come into being as a bubble in water expands as it is subjected to less and less pressure and appears on the surface of water as a bubble.

This diagram is familiar to all people who learn the Transcendental Meditation technique. It’s the way to illustrate the thinking process. You recognize the pointed triangle’s significance as representing the growing size of a thought coming into perception as valid thoughts.

This triangular shape appears in the same configuration representing the Unified Field displays of a wide variety of subjects of knowledge with a broadest spread. They represent the detail of elaborated knowledge with greater explicitness and specificity.

The bubble diagram signifies ‘dynamic’ action of the thought bubbles, growing in size, while the Unified Field chart, in a static state, appears as silence, representative of knowledge, one in motion and the other uniformly ‘silent’ and at rest.

These two states illustrate the potential of ‘variability’ and the stability of ‘being.’

At a unique occasion, the showing of a motion picture of variable waves around some rocks in the ocean, the symbol of “Rik” (Rik Ved) resembled the familiar shape of the ‘bubble diagram’ and appeared in the form of a ‘whirlpool,’ active in motion and then disappearing as the dynamics of flowing waves in motion completing their cycled action.

This display of nature, as the formation and dissipating of a 'whirlpool' in nature's phenomena occurred during the filming of a motion picture for His Holiness to 'see' in 1963 which I had had the pleasure of producing in 1961 and 1962 at Catalina Island, California.

His exclamation when this scene appeared on the screen, was "Aha!" I knew that He had been very impressed by the experience, but it was not until the year 2004 in Fairfield that I learned the exact nature of His perception of that occasion. This had been an 'experience' in nature in which He had not previously correlated this feature of nature as representative of 'Rik.'

This "Aha" is something that all have experienced when we 'or nature' have produced a pleasant surprise, an experience of 'bubbling bliss,' from nature's phenomena. This unfolds perceptive joy of consciousness, like every experience when you, or your friend, receives the rapture of expanding thought, a feeling that might lift you to the top of your 'hop.' (Sometimes, a 'chuckle' at the JOY in the World!)

## CONSTITUTION OF THE UNIVERSE

Is Like the Result Of a  
Vortex, a Whirlpool !

(Like the Bubble Diagram)

“The population of the world”!

— In Eternity —

In — There — Time

WE ‘Call’ IT —

“GOD”



## WAVES

(1997)

Why do people feel an affinity with nature? Nature is wonderful! It mimics the interaction of human behavior. We think that we have choice in our natural actions, but nature teaches us that an impulse to action is a choice in relationship. What we do or avoid results from relationship whether we are aware of it or not.

I like to sit by the beach and watch the waves as they compete in their approach to the beach. They come, sometimes alone, sometimes together, in twos and threes, to play out each short active life of beauty, power and purpose. The backwash of one wave adds height to the peak of the oncoming approach, adding extra power to lashing on the sand. Surprisingly a question from an audience similarly lends drama and power to a speaker's eloquence.

The character and frequency with which waves emerge from the broad threshold of water is infinite, just like the expanse of the mind that harbors thoughts emerging in like fashion, sometimes together, one on top of the other, varied and subtle, beautiful and powerful, clear and muddy, or far reaching, personal and general.

It seems thoughts are repetitive like waves: sometimes they are together as if in a common purpose and sometimes alone to express some subtle message brought into form (activity). Thoughts are a response to a relationship built out of some inherent impulse of perception, the personal and collective mental atmosphere of humanity, while waves appear to be the response to inertia spurred by wind and currents from ever distant shores.

“Our” choice of action is the potential of the thinking mind, the breadth

of judgment, a perspective of learned reaction to impact and response: a higher ability to lend a calming influence, assuming our ‘balancing’ role in eternity of time. Like the saying, “You have control only over action: not over the fruits of action.”

We become agents of the infinite, like angels in our role to evolve higher forms of experience, the only “heaven on earth” we will ever see — the power of decision. “Experience” of the thought process, infinite in character, must be appreciated in its subtlety. Ocean currents flow, ‘drawing’ lines of action, spurred by the inertia of the rotating earth and revolving planets around the sun in an orderly fashion. Waves become lines on water, thrusting their force on the shore.

It is natural to recognize distinctions — like the waves stopping at the shore, the light of the sun benefiting daytime hours, the culmination of the growing season in a harvest, and oceans able to restrain fires of volcanic action.

Every physical action is preceded by incipient thought. Impulses are elusive and subtle as the distant wind and ocean currents motivate the relative beauty and strength of a calm or ripple, the dashing of waves, and the roaring, tumbling torrent lashing the unending distant shores.

We learn to ‘experience’ thought, the thinking process in relationship: how thoughts creep into the mind to capture attention through the subtle influence of heat and cold, pleasure and pain, wet and dry, muddy and clear, solid and yielding. We are born, grow and learn in terms of joy and sorrow, emotion impacting our attention — the frames of reference that intrude on and obsess our waking and dreaming hours — all the ultimate result of the field of all possibilities, in the infinitude of experience.

In this infinitude of time, this thinking identity that I call ‘me’ is unbounded in its ultimate dimension — limited in the ‘now,’ only by vision.

“I” am a perception, an infinitesimal viewpoint, infinitely expandable in scope. We have ultimate boundaries as large as the universe proves to be — expandable beyond what “our perception” will allow. For ‘liveliness of the universe,’ the part is a collapsed reflection of totality: the whole, unbounded in its nature, is expressed in a miniature replica. In scripture, “Man is the image and likeness of God.” Does this sound familiar?

How we ‘think’ is the only measure of our success. I learned to ‘experience’ thought by the technique of Transcendental Meditation. It is true that I ‘thought’ a great deal, even before Maharishi Mahesh Yogi opened my awareness (by that simple mental technique) but it was Transcendental Meditation that allowed my attention to become innocent, precisely unencumbered with activity so that in perceiving, “I” (that is, my awareness) could appreciate subtlety of emerging relationships. “All” is relationship in ‘our’ field of reference within the physical, the life in which ‘we’ live. And this relationship extends to nature — its action and being.

Transcendental Meditation allows the natural tendencies of awareness to detect our inner potential for expanding our vision to the extent that our comprehension can reach, one step at a time — sometimes in large bounds, and other times (it seems) in infinitely small steps of growth. Regularity of practice is the key to its becoming habitual thinking. How we think determines our success.

An early thinker of the 19th century (Ralph Waldo Emerson, I believe) said, “Your thoughts have brought you where you are today. Your thoughts will take you where you will be tomorrow. You cannot escape the results of your thoughts.”

While holding to our understanding of our ideals, we can afford to be tolerant of others who do not comprehend our common potential. Nature and human behavior are a team! Yes, we are wonderful.



## TOOLS OF THOUGHT

“Who’d a thunk it” Special significance

Mothers and Aunts: I capitalized them both because they each played a prominent place in my education. I’m sure that you know what education is: it’s what attracts your attention every time you have a bright idea and you want to find a word to express it.

I had a stroke about a year and a half ago and I couldn’t find words to express any of the impulses that came into my alleged mind. It wasn’t that I didn’t have thoughts, or rather impulses, but they were of frustration. I had a friend at the time (not my mother or my aunt) that did the right thing: “You won’t necessarily perish!” she said, making sure that I was given medication, some therapy and some time to think in quietude. I needed that because noises of any kind — music, hilarity, or conversation — were devastating to my sensitivity. Thoughts were there, but expression was gibberish or nil.

There were two women, a mother image and an aunt, from whom I recalled a story after I could communicate. It had a humorous and productive aspect that characterizes my process of recovery. The story? “Two little worms were digging, they were digging, they were digging. They had a job to do, so they were digging. They were ‘digging’ in dead earnest! Poor Earnest!” This was the anecdote. In the endeavor to recover a semblance of expressivity, I required the services of my *Webster’s Collegiate Dictionary* to dig, to uncover from within the debris of my vocabulary. These two words that had been in my memory and that I had used for several decades — talking and writing – were now a hazard.

Memory of familiar words was in shambles. It seemed an interminably long time that I “dug” and “dug” through my dictionary for the spelling of

even familiar words. Spelling had become my nemesis. My trusty dictionary became my frequent companion. In my experience the word “bredis” had tried to substitute for “debris.” Letters of the alphabet had become clouded with thinking. I couldn’t rightly think which letter was the first letter of a word. Imagine!

To continue with my thesis: Words are the tools of thought without which I could have no communication. Meaningful words are the right words when rightness is important. I grew up with words automatically, and had also been an English Major — words were my commodity. I was now in a situation where my choice of words did not produce the desired effect. We NEED words.

Words are really tools of communication, the tools of expressivity in language and actually thinking. Words are the dominant communicator of intelligibility, and certainly of intelligence. Precise spelling is the insurance of precision in understanding. I even speculate that birds of the air and animals of every kind must have expressions for their communication and protocol.

What about DNA, the language of genetics in orderliness, the evolution in civilization, and now the propriety of politics and government? Usage conditions us for intent, but actually the endeavor to progress in the world is in shambles, even misappropriated, when perceptions are political and issues are clouded with extraneous practices foreign to orderliness.

Right words and even right phrases would be a godsend for people to resolve differences.

We need to “re-think” the morality of issues in education with finesse and prepare for consistency of meaning of thought so that we may deal properly with living in this world polluted by immoral issues. I think that I was meant to have this experience — “required” of me — and maybe some

others as well.

We need interpretation of morals — even what we “mean” compared with what we “should mean and say” in this modern field of behavior. We need to clean up our act. We need to sharpen our wits with a sincerity of thinking that filters out careless, extraneous motives and behavior from practices of dishonesty or fraudulent intentions. Prior to the time of Christ, to Prince Siddhartha was attributed the proclamation, “If one man conquers 10,000 times 10,000 men, and if another man conquers himself, the latter is the greatest of conquerors.”

Really, it’s only distasteful and inadequate thinking, the inability to express or comprehend, that has resulted in the practice of terrorism and its like. It’s a fact that Mohammed (570 AD) — the leader and symbol of the Islamic faith, the prophet of Allah — inadvertently was motivated by misunderstandings of religious practices and carried on the Holy War against nonbelievers — a misinterpreted but prevalent belief that eternal Salvation would be provided by even suicidal murder of infidels. To this misinterpreted benefit to society is attributed the promulgation of millions of misguided suicidal missions throughout the centuries. The consequence of recriminations throughout the annals of time has been the turmoil and bloodshed that has not abated and goes unchecked. Their motive has been “self”-seeking without concern for humanity’s interests.

Without words, those extremely important tools, how could we convey any intention beyond a “touch” in some form? We laboriously learn to spell these elements of expression to insure the accuracy of intended precision.

Though I have expressed these concepts to introduce their utility, let’s explore their service by capitalizing and emphasizing their utility so that we may further exemplify their function. Mind you, I have not even indicated

(yet) their service throughout antiquity — the elocution and compendious volumes of recorded composition in Latin, Sanskrit, Greek, Russian, Spanish, Arabic, Japanese, Chinese, and every unmentioned dialect extending all the way back to a mere “grunt” of expression.

“Hindi” or any other conveyance of intention must have significance that could become a record for eternity. All words have something. All thoughts, thinking, intentions — all require the dignity of a “name,” which in identity signifies a “word.” If it is not spell-able, what is it? An “intention” or an “insignificance”?

Transcendence of karmic religious morality will preclude terrorism in “intent.”

“All is Infinite Mind and its Infinite Manifestation, for God is All in All.”\*

Does mind prevail if intention is nil? A philosophical conundrum! What is myth? — Food for logic, law, philosophy and the Masters.

\* Mary Baker Eddy, “The Scientific Statement of Being” (1866)

## RE-INTRODUCING YOU TO YOUR “SELF”

## Thinking

When you Think about it, One line at a time,  
 The Process is like your shadow, Created by relationship to the Sun,  
 On the Sidewalk of your path. Thus, schooled by the sun,  
 Whose shadows move, and Disappear in Empty Space  
 We, Also Move, Think, and Forget Our Most Precious Thought.  
 “Oh, What Was I Thinking?” “It Will Come Back, I Hope.”  
 Thought is Only a Relationship to Some Form or Shadow  
 Of a Thought-form, Whose Origin, Was “Formed”  
 By / Through a Shadow,

From the Sun — in Some Space.  
 It Fell on ‘Your’ Pillow, the Floor,  
 A Table, The Wall, — or Nothing, and Disappeared! Shadows,  
 From the Sun, Lead Our Attention, To Think,  
 In Forms of Thought,  
 Sometimes Creating Progress, Fulfillment, — Trivia (Eh?)  
 A Friend, Maybe — an Enemy!? All of Them —  
 Only Shadows, in The Ultimate; But Consequential, in the  
 Experience,  
 Of the Moment, A Relationship — Also a Shadow of a Thought,  
 In Your Awareness, A Reflection, in the Mind, The Reflector of  
 “Being”

[“Moments in Time,” *The Poetry Guild*]



## THINKING

How to Think? What Is Thought?

How Does It Function?

These are very profound questions. We find Truth is truly the beginning of thought and the evidence of thought throughout the ages is seen in the ease of expression in the prodigious expansion of manipulated information throughout the history of time.

Thinking has been the easiest activity of man for thousands of thousands of years. Or so you would think. But who calls it easy? In these days because of computers, it has become easier to put thoughts onto paper. There's been an expansion from handwriting to printing, typewriters, newspapers, and even symbols. Man has multiplied the ability to increase thought by duplicating the expression of forms, thus facilitating the ability of people to comprehend and extend meanings far beyond the expressibility of mankind.

Of course, there was the presupposition of an ability to read what was written and this simultaneously opened the door for extended writing and comprehensions. These were extensions of capabilities — a way to extrapolate into a self-fulfilling purpose and accomplish the primary purpose of “Thinking” — freedom of thought as expression of consciousness. In the process of thinking you reintroduce your self to yourself. This brings us back to the fundamentals of Truth, fundamentals akin to thought.

Truth is ever present; all that is needed is its expression and its infinite expansion. In this age and stage of expression, it has become evident that it is a self-fulfilling process fulfilling its ultimate purpose — the expression of thought.

Since it is the expression of every activity in the universe, the opening of awareness simultaneously opens every field of endeavor with practical

purpose and knowledge. The sciences, art and literature are open for your impulse of thought; all that is needed is the impulse, the thought, and the process of “thinking.” By its very nature it is cosmic in potential: its accomplishment found purely within the strength of its own power. Within its own expression of thinking is the ability to succeed.

[Editor’s Note: Maharishi’s 16 Versions of the Constitution of the Universe reveal how the breadth and depth of the universe can be expressed in human thought — unfolded in layer upon layer of expression. This elaboration, touching upon every aspect of life, can be found in Maharishi’s *Creating an Ideal Society*, “Constitution,” pp. 128–133.]

## PHYSIOLOGY: LOOPING DYNAMICS

Modular Functional Flow

Vedic Sequence

## FLOW CHART OF LIFE

A T M A

*Rik Ved*

AK NI MI LE PU RO HI TAM  
 YA GYA SYA DE VAM RI TVI JAM  
 HO TA RAM RA TNA DHA TAM AM

*Veda*

AK NI MI LE PU RO HI TAM  
 YA GYA SYA DE VA MRI TVI JAM  
 HO TA RAM RA TNA DHA TA MAM

HO TA RAM RA TNA DHA TA MAM  
 YA GYA SYA DE VA MRI TVI JAM  
 AK NI MI LE PU RO HI TAM

*Vedanga*

AK NI MI LE PU RO HI TAM  
 YA GYA SYA DE VA MRI TVI JAM  
 HO TA RAM RA TNA DHA TA MAM

HO TA RAM RA TNA DHA TA MAM  
 YA GYA SYA DE VA MRI TVI JAM  
 AK NI MI LE PU RO HI TAM

*Upanga*

AK NI MI LE PU RO HI TAM  
 YA GYA SYA DE VA MRI TVI JAM  
 HO TA RAM RA TNA DHA TA MAM

HO TA RAM RA TNA DHA TA MAM  
 YA GYA SYA DE VA MRI TVI JAM  
 AK NI MI LE PU RO HI TAM

*Upa-Veda*

AK NI MI LE PU RO HI TAM  
 YA GYA SYA DE VA MRI TVI JAM  
 HO TA RAM RA TNA DHA TA MAM

HO TA RAM RA TNA DHA TA MAM  
 YA GYA SYA DEVA MRI TVI JAM  
 AK NI MI LE PU RO HI TAM

*Brahmana*

AK NI MI LE PU RO HI TAM  
 YA GYA SYA DE VA MRI TVI JAM  
 HO TA RAM RA TNA DHA TA MAM

HO TA RAM RA TNA DHA TA MAM  
 YA GYA SYA DE VA MRI TVI JAM  
 AK NI MI LE PU RO HI TAM

*Pratishakhya*

AK NI MI LE PU RO HI TAM  
 YA GYA SYA DE VA MRI TVI JAM  
 HO TA RAM RA TNA DHA TA MAM

HO TA RAM RA TNA DHA TA MAM  
 YA GYA SYA DE VA MRI TVI JAM  
 AK NI MI LE PU RO HI TAM

BRAHM

— Adapted from *Celebrating Perfection in Education* by Maharishi Mahesh Yogi

Looking at the illustrating “Loop” sequence within the Vedas of the Vedic Literature (within each of the six modules) — Vedanga (6), Upanga (6), Upa-Veda (12), Brahmana (6), and Pratishakhya (6) — the looping symbols do imply (illustrate) that there is a repetitive looping within each Veda of six. However, the illustration does not indicate how the ‘point’ of flow transitions from one to the other between the Vedic Literature.

This ‘Looping’ illustration is consistent in the three with respect to the Vedas, the Superstring Theory, and the Physiology within modules as if they are exclusively separate.

Recollection of these values was in my mind during a difficult time. Due to a physical experience of a “stroke” — November (and recovery to the present) — I experienced therapy, consultation, rest and study during which some profound inspiration was generated. The above is being quoted because of my efforts and the experience during this period when my ‘personal memory’ was weak, practically negative. Remembrance of mantra only sufficed to maintain the capability to negotiate for a couple of days

until medical aid was in order.

It's horrible to be without the ability to remember very familiar words (occasionally debilitating). To spell simple words, I could not remember even in which part of the alphabet to search for the first letter of any word.

The next to come to my mind was "Jai Guru Dev," the words that I was prompted to think about at Governor Training in Switzerland. Getting ready to leave on a bus, members of the course were in turmoil, unable to make any progress to enter the bus, until I approached two of our members with the above greeting — Jai Guru Dev. At that, the commotion and turmoil ceased and the sixty (or more) of us were well on our way under a full moon to our next rendezvous at Lake Lucerne.

In another circumstance of consciousness — in the hospital during the by-pass procedure and during the recovery of physical awareness — the remembrance of the Vedic Literature sequence was alive in my awareness. I recalled several times telling visitors that all of the doctors should know of the value of the (then) thirty-six values of consciousness. (Thirty-six later became the Forty Values of Consciousness, the Rik Ved and thirty-nine other aspects of 'Veda.')

In therapy sessions and nightly periods after the stroke, other words, phrases appeared in my mind, including my mantra and fortunately other recollections. While in Vlodrop, mention had been made of the 'intelligence' structured in the body. The recitation of the First Richa (24 syllables in the three padas of each of eight prakritis) has the effect of re-enlivening intelligence originally structured into the body. (I then assumed — "THIS IS THE ORIGINAL SOUND EFFECT.")

Returning to the 'therapy' for the 'stroke,' "Why wouldn't this re-enliven my body?" — if I recited the (above) in my mind. The three groups of phrases became my mantra, which "WORKED!" Without anyone else

aware of the nature of this action, my actions became inspired to produce one after another of papers, e-mails, faxes — ‘thought’ which became inspiration to others.

Along came September 11, 2001: Everyone was devastated; but, within me, my thinking seemed to be right. In fact there were premonitions of changes to be taking place. A quietude entered my thought, a sense only. But, September 19 (Thursday), I interrupted some other projects and studied (of all things) — Vedic Literature — and conceived that the blood in my veins might have been trying to flow NOT just Richa /2,3,4,/5,6,7,/8,9/— but the blood might flow as the loops indicated in the Richa /2,3,4,/4,5,6,7/8,9/ (prakriti) and in the Richa /8,9/5,6,7/2,3,4/.

The simulating phonetic sounds of the Vedic Literature (pg. 150, *Celebrating Perfection in Education*).\* It proposes that (in Recitation): BLOOD FLOW sequentially “washes” metabolism while simultaneously re-enlivening the functional physicality (organs, cells, tissues, fibers).

(See “Celebrating the Perfection of Total Knowledge within Everyone,” Rik Ved and Vedic Literature, Qualities of the Unified Field and Natural Law, and Physiology, Pages 146–147, *Celebrating Perfection in Education*.)

## ABOUT PAIN ?

FORGET IT !

YES ! FORGET IT !

THAT'S WHAT WE CAN DO (WHEN YOU UNDERSTAND IT).

It's AMAZING! That's what you can do NOW, (ACTUALLY) when you think it through!

YES! "YOU HAVE TO 'THINK IT THROUGH!'"

'THAT' IS THE TECHNIQUE ! And 'YOU' HAVE to DO IT!

Nobody can 'do' it for you. 'YOU' have to do it. Agreeably!

NOT easy !

At FIRST ! And a 'little' while.

I've done it many times: Yes! Many times, and again today, when my LEFT BIG toe 'actually' felt "BIGGER." Such that I skipped my 'Morning' Walk.

AS I SAID, "You have to 'think' through — What? — THROUGH !" I said.

AND it WORKS every time, when I do it (with) 'UNDERSTANDING.' Oh !

There is 'UNDERSTANDING' — YOU SAY? What's that ? Oh yes!

That's a LONG word — 'UNDERSTANDING'

HOW LONG? Well, ah, how long HAS it been 'hurting'? And

“HURTING” ?

“What would it be worth, to have it — ah — (stop) even ‘hurting?’”

“The TECHNIQUE?” — “Oh, yes — there is a technique — there is?”

Yes, you have to ‘Understand’ it! “That’s the ‘RUB.’” Would it be worth — ? what

“Repeating, I’ve Done it many times. I’m human. And, you have to understand.”

(Not always the ‘toe’) HUMANITY.

Think it through. It’s ‘YOUR’ toe! (or some other part — No Problem.)

If it’s still there?

“FEEL” the pain ‘within’ the pain. (Is it still there?) Almost ? Gone ! Ya.

(The ‘feeling’ was in the ‘feeling,’ ‘Not in the toe.’ Or the — ?)

(Thinking [right] is the Most Wonderful Thing In — Life )  
You heard this while thinking about ‘Transcendental Meditation’ Do it!

GET IT !

‘Transcendental Meditation’

It’s Worth It !

## “RIK VEDA” — THE FUNDAMENTAL OF SILENCE

The fundamental of communication, meaning,  
SOUND, ALPHABET, LANGUAGE

Silence intrudes on every aspect of communication. SILENCE is the — Stop — between every word or syllable in every sentence. Silence is the structuring basis of “A,” if you will, “Ah,” the opening letter of the Alphabet, the First Letter of the Alphabet and ‘separately,’ because it is the FIRST spoken WORD by a new-born Baby — MALE or FEMALE — “A” — the opening of the mouth and his/her BREATH enters to expel under the impetus of “RIK,” the very power of life exhales its message.

From then on, he/she learns the elocution of asking question after question to query and then expound the wisdom of the ages, and for man of all ages, producing research into the intricacies and cavernous universe. From every beginning there’s a wonder of wonder — why? In that beginning there is for everyone an impetus launched within the cycles of one’s time to consummate efforts to express, extend one’s allotted destiny (destination) into the eternity of bliss.

SILENCE is in the dynamics of the Unified Field, dynamics of WHOLENESS, the dynamics of consciousness where silence remembers its dynamics of flowing, the awakensness, the self-ness of self in silence, and reverberating.

The MOTHER (AND The Father) of this dramatic moment of this beginning of life are essential qualities of consciousness, the Quantifiers from the Unified Field of eternity, the source of the dynamics of the Laws of Nature and expressing, evolving, its specific structures (laws).

These are the dynamics within each cycle of generation: expressing from within the infinitesimal center of expansion in cycles of silence and sounds,

the potentials manifest space within time of each emergence, the four Vedas wakening the flow, offering and creating, its reverberating wholeness. Life emerges from within every potential of this fortuitous beginning.

Breath is the reverberating life in its dynamic self-evolving function, the whole of creation, known as the Samhita of wholeness, characterized by its sequentially evolving dynamism of consciousness, silence within each beginning.

These are the four “Abhavas,” equivalent to Rik Veda, Sama Veda, Yajur Veda, and its cyclical Atharva Veda.

In this context, “Pradhwamsa-Abhava” corresponds to “Rik Veda” as a point of silence; in its turn, “Atyanta-Abhava” corresponds to “Sama-Veda,” its incidence of silence; and “Anyonya-Abhava” as “Yajur-Veda” — silence, its reformulating extension of “Praga-Abhava,” as symbolic of “Atharva-Veda” (reverberating wholeness).

## ‘GAP,’ THE TECHNOLOGY OF “CONSCIOUSNESS”

### A Feeble Attempt to Explain Consciousness

The function of education is fulfilled by the technology which is defined by the explanation of the ‘gap.’ And further, this technology defines the force that drives the universe, and the expansion of awareness — individuals constantly becoming more knowledgeable — by the hour.

In fact, Vyakaran, the third value of Vedic Literature (chhandas), epitomizes the results of all action, objective and subjective. Of course, one without the other would be meaningless in their function of complementing the whole subject of Being. Examination of Vyakaran and its detail has leapt to this position in the Unified Field of totality. The gloriousness of experience in our total vision of Being justifies all of the sordid details of examination and explanation, and the effort involved.

In its evolutionary stage, Vyakaran characterizes the function of industrial engineering, that field in civilization that makes the holistic process and product comprehensible and useful to man. As brought to light by Tony Nader, M.D., Ph.D., in his publication on Human Physiology, Vyakaran corresponds to the hypothalamus in human physiology, an organ in the brain that accounts for and synthesizes the awareness of thirty-two distinctive impulses of intelligence in the whole process of learning and comprehension.

During World War II, the writer took part in a course in industrial engineering, whereby motion pictures were taken of rapid manufacturing processes. This enabled the close examination of the process — the breakdown of actions into their individual elements that was required to devise improvements in technology. Since playback of the motion picture

made it easy to identify the ‘time’ consumed by each part of the process — as well as revealing duplication and ineffective motions — economies were accomplished that resulted in more productive endeavors.

This present analysis also finds in the mind the actions described above, by focusing attention on each part of the process, and, by re-examination, making appreciable the awareness of values — expansion of awareness. The practice of Transcendental Meditation performs this function also by allowing the mind to innocently experience subtler aspects of thoughts arising in the mind, resolving automatically subtle differences of opinions, attitudes of behavior and actions, formerly ignored in the pace of living.

Totality of thinking and awareness, and progressive ‘learning,’ are the essence of life — in every aspect of existence, inseparably consisting of consciousness with the above ‘gaps’ in total knowledge. Thus, preciseness of what education consists — the functioning of the mind — has been missed in the politics of the age. It’s the development of productive awareness in consciousness that gives motivation to seek wholeness in life. With this in mind we can enjoy a new concept of eternity in the universe, the totality of Being, the relationship of infinite ‘points’ in the totality of knowledge. This defines the precise value of Consciousness-Based education.

GAPS IN EXPERIENCE  
EXPLORING ELEMENTS OF TIME —  
THE EXPLOSION OF KNOWLEDGE  
HOW DO WE KNOW IT?

What has been MISSED by the experience of MAN — the LIFE of the world?

In our accelerating pace of life, our sun has become only a transient interval of time between the dreary nights, punctuated by the internet, television, and daily commuting, endured to fill the labors of our days. The sun, most frequently ignored in our hurry, is really the staff of life that gives power to fill our temporary pockets of wealth, which we hardly know, so filled with wonder of our next beginnings.

In the fullness of time are missed the gaps of experience, where life flows so fast that we scarcely notice their value, those fleeting moments of pleasures that we can rarely savor — such fleeting thoughts — lost if we lose them without value at all. If noticed at all, these gaps also punctuate the transforming of one thing to another — the pleasures, lost forever, if we forfeit remembering them.

Fruits and foliage with their chemical power for our bodies are the driving force that powers our efforts for life in its flow — our sun's incessant pulsing to power growth and the freshness of the dawn. Exploring those intervals of nutriment and harvest, we find our task and glory in partaking the joys of life, our paths circumambulating their transiting moments of glory.

Knowledge grows naturally with life as its treasures — the experience of fulfillment overflowing in a wealth of awareness, and filling each moment with its charm to inspire greatness to succeed. What comes of

knowledge but more potential — more developed consciousness to dwell on the capability — undreamed of before — an exaltation of the elements of time fulfilled.

Thinking and science develop fields of knowledge that grow into the delineation of the Laws of Nature as their higher ramparts of expression. Consciousness grows into fullness, maturing with its flowing, unhampered, as blossoms, infinite fullness of mind.

How do we know it? It is known!

## THE WISDOM OF THE AGES

The wisdom of the ages points to the error of centuries of countless treaties and wars. But today we hear, “No! This time it’s different. This man, Milosevic, is destroying a population. We must go to their aid and bomb him into submission. Don’t bother to do anything else. We’re going to prevail.” This approach provides a new motive for hatred. It’s the sign of the times.

The Holy Bible says, “Man is the noblest work of God.” How noble has man become? Where is attention on his beauty, power, and grace? Why and how is he next going to destroy his habitat? And what is his excuse? The First World War, which started in the Balkans, ended with a proposal that it was a war to end all wars.

Wake up America, Europe, Russia, Africa, Asia, Australia, and Antarctica! You have had ample warning. For forty years you have ignored reminders that there is a better way! A proven technology has been around for forty years. That’s how long the Israelites wandered in the desert. How many centuries have our minds been wandering without knowing how to think?

Stop destroying! Start thinking! Have you forgotten how to think? Did you ever know how to think? You have engineered an automobile, airplane, cruise ship, submarine — for easy transportation to travel and to transport, or to destroy? You think you know how to think? The process of thinking productively is a lost art in the modern world. We must lead people to think. But how? What are the tools of thought?

Gather around and learn, “how to think”! It’s easy! Professional thinkers know how to think. A generation of youth has been saved from the ravages of drugs by learning how to think. Some of our judiciary has learned

the lesson. They have seen the signs and sentenced delinquent youth to learn Transcendental Meditation and delinquency has diminished. Likewise prisons have been emptied. Hospitals have had fewer admissions. This is Reality. Look at it.

Or, are you too proud to learn how to think? You know how to drive your car. Again, do you know how to think? Thinking, like driving an automobile, has two modes: drive and stop. Do you know “how to stop” the wrong thought? Do you have a valid thinker’s license?

Thinking is the product of two opposing forces. Your consciousness is confronted with diversity and unity, the focus on detail of the point value and the wide view of totality, the Total Picture. When you are stressed, you can “miss” the distinction, you lose perspective of what is the right thing to do. Only the balanced picture is the source of a balanced mind that “can do no wrong.” Think on this. Then, learn how to think — the tool is Transcendental Meditation.

## EDUCATION ON TRIAL

### Local and National

ARE SENSIBLE DECISIONS BEING MADE ON A POLITICAL BASIS?

Questions have been raised about — “How should children be taught?” “Who should teach?” And “How should they be taught — How do you think?”

Questions arise naturally: “What is education?” and “What is knowledge?” Education?

Few agree on what a child’s needs are likely to be in the changing world, above and beyond what is in a parent’s mind about “What I learned when I went ‘through’ school.” Through?

Traditionally, it has been “What” I learned, not “How” I learned: What? We need to ‘learn’ in all of life — the biggest challenge. Thus the emphasis should be, for the future, on ‘how’ naturally to use the mind with less attention spent on specific drab facts or failures and success of people, famous for faulty ‘experience.’ Drabness of facts naturally leads to weird, unnatural and faulty tendencies.

Focus should be on consciousness: “What” it is! It’s important. What YOU and you and you have learned in your life would not have been learned “even from your mother” without consciousness. Isn’t that important? At least to know what it is, above and beyond — “My baby: How cute he/she is,” or “Does he/she look like me or (?),” or “Does he/she think?”

We speak of the environment of civilization as a thing ‘out there.’ But basically, ‘learning’ becomes our environment, our ‘awareness tool,’ the sensitive tool with which we will identify throughout our lifetime. A child’s

environment is his awareness, consciousness: Coddling? No! But ‘letting’ his awareness grow such that he (or she) is most familiar with the joy of his natural operations and mechanisms of expansiveness, perceptiveness, inclusiveness.

If we let the world impact our children with the ‘out there’ stress and turmoil, as if it is only a ‘triviality’ in the world, we will continue to get the painful consequences, not aware that it has an effect on our ‘consciousness,’ including the stress of our children’s failures in life. One should know that knowledge is the product of information about the Self, the knowledge in his/her Self.

So, if somehow the children have surmounted a misdirected emphasis on the ‘out there’ facts, they know the most important thing in life — who am ‘I’ — another word for consciousness, the awareness (with which), in effect: “I am going to be more intimate with my Self than with any other person (or fact) throughout my lifetime.” Let it be pleasant and productive.

Let us ‘let’ them learn “how to learn” and not just “what to learn.” Let them ‘learn’ their tool of ‘learning’ the most effective way — with knowledge of “what consciousness is.”

Consciousness-Based education is available for the benefit of your child. It’s enjoyable and highly productive — for his/her Lifetime. Ask about it, and ask for it.

## CELEBRATION

### A Recognition

Sitting at a seasonal celebration a few years ago, a question arose in my mind, “What is ‘Celebration?’” With that it came to my mind, effectively — the thought of “Recognition!” And it is a ‘Recognition.’ If done rightly, everyone “Recognizes” It.

When you gather to celebrate — anything — you have in mind the giving of recognition to whatever it is. And, further, if you don’t go to the ‘trouble’ of celebrating (even your own enjoyment) you are minimizing its value — a part of your SELF. (Remember that ‘word.’)

At an MIU Trustees meeting, a student (basically) asked that question: “Why do you have to spend so much money on Flowers?” By this time there was no one who didn’t have respect for the beauty of a blossom and fragrance which found an entry in my heart.

“If you ignore the Joy of the Blossom, the action of the Laws of Nature, you are qualifying support of its Laws.” Why, then, should we forget birthdays? They are also ingrained in our traditions of a very personal nature. If we forget the milestones of growth, we could find ourselves (SELF) in stagnation. We might forget how to grow — perhaps to survive.

We heard (one day) the thrill that Maharishi expressed for the first Ph.D.s: first, for the Landmark of the Movement for Dr. Keith Wallace. Maharishi recognized him as the First Scientist of the Age of Enlightenment, with research focused on Transcendental Meditation.

A second award, involving considerable expense, was called for — the Doctorate of the Science of Creative Intelligence. Logic on this level is the subtlest of thought. It surfaces also in the practice of Transcendental Meditation.

Now — from the foregoing, we can see that Maharishi (in those days) had a very large segment of society satisfied, but not content. He had worked hard for the recognition of the wisdom characteristically found within. Not everyone gives that attention as it is needed, and ultimately we need the attention of everyone in the universe.

You have been informed that Maharishi was in Los Angeles 22 years ago in 1959. (This was written in 1981.) Approximately 2-1/2 years later (1961), he conducted a three-week residence course at the St. Catherine Hotel on Catalina Island, where about sixty-three meditators attended three sessions per day.

During that course (to characterize problems that might stand in the way of attracting meditators), one man (speaking as if a ‘mule trainer’) described the stubbornness of a mule. A farmer was frustrated by his obstinate mule who would not budge in spite of screaming and casting epithets. When neither screaming at him nor softly talking to mesmerize him would work, a mule trainer offered to help him.

The mule trainer’s method: clobber him with a large branch or a club. Restrained by the farmer for cruelty, the mule trainer said, “First I have to get his attention.”

## ASPECTS OF CONSCIOUSNESS

An infinite subject — an infinite commodity. It extends from ‘here’ to ‘there’ (points).

A child is born with fullness of consciousness in relationship (perception). His (her) ‘point of view’ is filled with the relationship of ‘awareness’ of surroundings, focused on “self-ness” of being within the ‘world.’

I have a remembrance of that world as if ‘responsibility for the future.’ Something within that awareness told me that I should not allow the escape (from my control) of a new ‘seed’ of manifest life. There was a perception that there could be within it a sense of irresponsibility to the orderly way of society. Why I was as if ‘forewarned,’ an admonition to refrain from responsibility for a new form of life, at that age of immaturity. Built into my sense of ‘my duty’ to society and the world was a sense that precisely that consummation was urgently ‘wished for’ by a neighbor of recent previous birth (‘ambition’ or ‘romance’ on the wings). I was sensitive.

This awareness (unspoken), like a cloud, shaped my growing years, and affected the course of my life as I ‘wended my way’ to maturity. “I ‘could have been’ that romantic hero portrayed in motion pictures, stage plays, novels that I read!” But circumstances never worked out for me and I was never selected. I played ‘supporting’ roles. Apparently for ‘me’ there was another mission. I wished for and found the ‘love of my life,’ without offspring, primarily by ‘my’ choice (for which I searched my soul), leading to fulfillment of spiritual understanding and service (51 years) of pleasurable life.

This drama collapses to a point of appreciation for her companionship in my memories, times which could have taken a different turn, if I had elected to accede to her expressed wish to adopt a homemaker’s life. We had some trying times. Harboring in my mind was a ‘cloud’ of potential

responsibility for doom, unexplainable ‘catastrophic’ hazard that might take place. Why me? I’m content now with the events of the age. “Enlightenment. Understanding. Fulfillment of purpose.” We HAD LOTS OF FUN!

But “Where do we go now?” Points of eternity.

Interpreted: I ‘took’ a course in Industrial Engineering, a ‘course’ provided by the United States government during the early years of World War Two. Manufacturers were, under the urgency of time — a sequence of measurable resource — to produce materials, products for the ‘waging a war of defense!’ TIME was a critical element in the efficient production of everything used in meeting the demands of ‘wartime’ including the civilian need of survival.

Under these stressful conditions, seconds of ‘time’ on repetitive operations were important. So, by taking motion pictures of rapid manufacturing processes (any processes), precise measurements of time, duplication of motions, and any other inefficient ‘elements’ in the process could be identified by ‘counting’ the number of frames in the processed film. Technology improved as human perception precisely identified random elements to be eliminated. “Points of stress” (pain) are like inefficiency, precisely ‘located’ within the system. They often, and most frequently, produce symptoms of stress on a large scale such that the exact cause of the pain is not perceived precisely — animosity, fear, etc.

This ‘attention’ in the mind (consciousness) is the sharpest ‘tool’ of perception which must be at ‘rest’ (unstressed) to ‘do its duty’ as the perceiving intelligence; and when the ‘attention’ with its five tendrils of sense in consciousness (with infinity as its boundaries) ‘dwells’ on the pain, with its openness to that vacuum state, the cause of the pain (stress) is as if evacuated into the cosmos.

This was accomplished by ‘letting’ the stressed sense (‘feeling the pain’) do its duty of consciousness — identifying the precise location and relieving the pressure of the ‘fault.’

This process, also, is the value of Transcendental Meditation: letting the “Tools” of Consciousness do its duty. “Put the mind at rest and let consciousness do its job.”

Awareness is then unencumbered by pressure of belief, frustration, or nebulous superstition.

The “POINT” of VIEW in the awareness becomes the ‘attention’ of the Whole with the WHOLENESS related both to its SELF and to the WHOLENESS of the WHOLE (the point).

This ‘motion picture’ technology (in a sense) was actually applied in the following case:

Tony Nader, M.D., Ph.D., perceived and elaborated on the structure of the human physiology, and correlated it with VEDIC texts of antiquity and the cryptography of Sanskrit characters.

His Holiness Maharishi Mahesh Yogi provided Transcendental Meditation to the world, making possible to humanity the effortless relief of stress and the restructuring of society.

Conscious attention to “Set things in order” (wherever it happens — and whoever does it — and by whatever method used) is “doing the duty of Consciousness \*.”

\* Note: The only “TENANT” of the World of Consciousness (Universe)



## ACCOUNT

The foregoing are mere incidents, accounting for efforts of activity during my sojourn, and coincidentally with the formatting of my life and the closing of the twentieth century.

My life started with three brothers and myself, the four of us, following us through the schooling routine, and myself preceding a pair of twins, and following behind my older brother by four years.

He was the leader of the pack when my mother said, "There ought to be a law against 'all boys.'" She became a schoolteacher when my father was found on the floor as I was returning (at age 6) from school. My elder brother was finishing high school and myself and the twins being into lower classes of high school.

She held us together through the end of WWI and WWII, the three of us younger ones married, with only the older not marrying, and the twins with children. To qualify and characterize aspects of my philosophic bent is the purpose of this exposure of these remarks.

Accounting has been my activity in life since I dropped out of college to sustain myself as a self-sustainable increment of society. As mothers come and go, mine was probably never compensated for her service: an increment of recollection. As a schoolteacher herself, she was generous to me and 'allowed' me to 'sponge off' her up into a seventh year of college until I woke up to the realization that living is more than attending school during the Great Depression of 1928.

Electives in music, philosophy, drama, etc., had occupied my sojourn, 'thinking' to become an English professor of sorts. I had not really thought that through, but enjoyed my 'thinking' experience with acclaim. I guess that I had 'claimed' it as a natural right. 'Everything would come out all

right.' I didn't realize it then, but I've finished my ninety-first trip around the sun, and now am carrying my torch for my family (except cousins) into the twenty-first century.

As a lowly stove company bookkeeper, I had witnessed the beginning of Social Security with Franklin Delano Roosevelt's insistence on 'universal' savings: one 'cent' a week for each, 'saving' and a 'job,' as well as disability insurance. As my first full-time job out of this (shall I call it my 'leisurely' education?), I earned \$16 a week, until it was raised to \$18 after proving my worth for my pittance.

After about four years my boss, the president, threw a party for me and my bride when I was then making \$22.50 a week. Then I quit the job at \$40 dollars (with accounting capability) when (of all things) a machine shop offered \$50 to control production for aircraft parts, in support of the military. In between, I had affiliated with an organization in the management field, Society for the Advancement of Management. (There are other stories.)

This then became \$300 a month, taking on to teach aviation cadets, arming to help prevent the successful activity of Der Vaterland. I had trained for a year at night school to join this category of luxury and prestige: an Instructor for pilots for the US Air Force.

This 'accounting' job (as well done, under the circumstances) can summarize what led further — to growth into warehouse activity, familiarity with accountability of electronic units and knowledge, an odd assortment of communication items — as knowledge is recognized.

Later, the 'accounting' was for aircraft, and hours in the air, maintenance — costs and productivity and travel — coordination and willingness to perform supplied incentive, the correlation of understanding and generalized knowledge. This became my 'occupation' for the rest of my employ-

ment record: Supervisor of Production Control, a fleet of airplanes to tend.

Along came a man — much more than a man — really a center of inspiration, realizing why anyone can think of life in a world of turmoil. Maharishi Mahesh Yogi. I was taken by others, by those who could not comprehend the value of Transcendental Meditation. It made sense to me that there must be a unifying purpose to the millions — the billions — of people in the world who must also have a unifying ultimate purpose to exist, bringing to humanity the acceptance of ‘selfhood.’ In spite of diversity of peoples and varieties of expression, there must be a common unity that pervades all being.

We all of us are familiar with dogs, cats, mice and whatever generalities come with life. Among their differences (really different) there must be some other purpose just to be, like myself. One day, I was asked if I would live His life. I was comforted at His suggestion that I would be welcome. “Why don’t you come to live with me?”

A difference — ? My reply: “If I should continue, just another two years of employment, I will receive a lifetime pension from my employment as well as a government pension. I could then be self-sufficient, to work for you without being a drain on your resources.”

During the following twenty-five years as a ‘Governor’ under His training, and, to the present, I have continued this program and supplied for myself with minimal financial support to perform for WPEC (World Plan Executive Council) while providing donations, and some contributions to M.U.M./M.I.U., a university. Since the years coinciding with activities at WPEC and KSCI (television broadcasting station), my wife and I had executed a joint will naming WPEC (now MGA-NL) as beneficiary.

In keeping with the general practices of elderly people retaining life savings for emergencies, we held in reserve an amount to be disbursed as

necessary. In consultation with Triguna (an associated Wise Chap), he estimated my life expectancy to survive until I might reach the century mark. What more can I do to help along the stages of life, tasks ahead, but to help along the ways of life?

SEPTEMBER 25, 2001

An Experience, A Perception In the Wake of a Stroke

I had learned that “Blood flows sequentially, with the modules of Rik Veda and the Vedas.”

In the experience of my previous stroke in November: It was first noticed as a strictly intellectual potential, but noticeably it became a comfortable feeling, and a freeing of (call it a “bound up”) feeling, and strength returning.

With continuation, my physical strength improved along with liveliness in metabolism. I was able to recover my physical ability to perform heavier tasks. Ultimately, when we moved from Oceanside to San Marcos, I was able to move many boxes of goods.

Obviously, I had overstrained, and it took a couple of weeks to recover, but it worked and “I” did it! Gently I continued (although sometimes without regularity) because “I had recovered.” My strength was back, but it had to be kept up. I learned a lesson: practice, maybe not all the time, but “regularly” is the rule.

On Thursday, seven days after 9/11/01, I noticed intellectual potentiality surfacing. Physical, comfortable reactions had been experienced. Different parts of the metabolism associated with Vedanga or Upanga surfaced in my awareness but were totally non-localized — Rik Veda — along with other aspects.

I knew what I had to do. Like so many other disappearing words, I had to get the dictionary out to spell even “knew” — do you start it with “n,” “neu,” or what? Oh yes — “knew.” There it finally was in the dictionary. Great! Capital!

I now still lose the precise sequence among the Vedas, sometimes because a sensation interrupts. Whatever blockage in “blood” might draw my attention, there’s the “whatever” needed to “un-block” the blood flow.

What more can I say? Today, or next week?

## NINE YEARS AGO

\* 1996 \*

When I was in recovery from bypass heart surgery, I received a copy of Prof. Tony Nader's first book on Human Physiology. Had I not survived that operation, the production of my subsequent activity would have been mute. In addition, digesting those small knowledge-laden books produced by His Holiness Maharishi Mahesh Yogi and five or six of Vedic Literature had given me information that led to the conclusion, "Doctors should know of the 'thirty-six' qualities of consciousness." (Later increased to forty). To personal visitors, close acquaintances, I repeated this conclusion several times.

During the surgery, I had been consciously aware of the flow of blood coursing through the passages of my physiology. I had been so impressed with this experience during recovery that I dwelt upon this instance and insisted that the attending doctors should take notice. Tony's book in my hand became my companion. I had previously acquired a multimedia computer with which I developed slide shows with eighty-six slides, which I had sent to Tony — now His Majesty — which then reached His Holiness.

I recounted to His Holiness that I had conceived of the slide show to be circulated through the TM centers across the US, but remarked that, with Maharishi's own knowledge and assistance of His staff, He could display it through video to anyone wherever they were in the world, on the Internet. This may have been the beginning of Maharishi Open University, leading ultimately, with time, to the capability of the Global Country of World Peace. Other favorable circumstances also took place.

Intervening considerations resulted on my returning from Vlodrop to Oceanside in the year 2000, where I sustained both the need for a pace-

maker (heart irregularity) and later, therapy for a stroke — in the wake of the famous nine-eleven incident. Enough for today?

I found that I still could write better than I could talk, so I entered into composing essays dealing with thoughts that I had had with His Holiness during the last forty-five years, as he unfolded total knowledge, culminating in his weekly press conferences — His newest approach to the Worldwide Press.

Reinforced by documentation of the Unified Field of Physics, His Excellency, Dr. John Hagelin, assumed the office of “President” of the Global Country of World Peace, the culmination of His Holiness’ dream to ‘speak’ to the World in both the language of science and the language of the Veda.

Leaping to that very auspicious ‘Coronation of Rajas,’ His Holiness fulfilled his plan for “Fullness upon FULLNESS, with MORE Fullness,” striking when the “iron is hot,” through the activation of Peace Palaces around the world. My thinking through and dealing with the mere ‘history’ of the unfoldment of this knowledge — the printing of my essays — can wait for ‘timing’ and ‘thinking’ to find their mark.

## PROGRAMMING (AND TOTALITY)

### Dynamics

How many people (involved in day-to-day activity) suddenly have a NEW experience?

‘Totality’ took on a new meaning for me today when, at a very opportune time, I witnessed the beginning-to-end of Dr. Tony Nader’s talk — when I was not interrupted — including a discourse on the ancient accounts of individual “Rishis” (knowers of reality) through all of the various relations of knowledge.

As Maharishi had indicated, they were individual experiences of totality of sound and experience, recorded from time to time throughout the ages, but NOT all connected to the time of their experience or to the significance of their totality. (This significance has, as we have witnessed under Maharishi’s guidance and with Guru Dev, been collected, sequenced and corroborated as a meaningful documentary for posterity.)

As described by Dr. Tony Nader, M.D., just as much of it that I could understand, I found the growth of mind (consciousness, awareness) growing to a liveliness that I have not before experienced.

Segments of Veda (as well as the subordinated sections of the Vedic Literature) appearing in cycles of importance and elaboration have now appeared as parts of the whole to be comprehended in its totality. I still recognize aspects, which I have not yet fathomed.

Intellectually, I had known that totality had a special meaning to man, and I had the feeling that there is something that I had been experiencing; but today gave me a new feeling. The comprehension and appreciation of this relationship between the part and totality needs to be indicated during each presentation to gain the most expeditious growth.

Since each of the segments of Veda is necessary to the whole — is needed in their respective parts to display that totality — it appears that at least some reconstruction of that totality should be elaborated in each presentation of knowledge. To do less than this leaves segments without their relationship to the whole displayed.

Presenting the dynamics of the relation of each part to the totality will save and preserve the value of the part, so that even a very minute, but important, relation not be overlooked.

*Jai Guru Dev*

LIFE FORMS: The Course of Eras of Formation

Life is a wonderful institution  
with promise and hope for manifestation.

I wonder what its manifestation will be like  
when it comes to fruition:  
RAM RAJ in its maturity of yearning for finality of purity.



HOW DID YOU — MEET — “MAHARISHI” ?  
or “Mahar’shi” ?

“How shall we address you?” had been the question — the name:

“Whatever you call me, as long as there’s love in your heart,” He had said. (We loved that.)

This is the question that ‘Always’ comes up? If not today, then tomorrow, or next week? It never failed to become uppermost in a quest for information. Casual ? Purposeful ? Inquisitive ? or Whatever is the motivation — ? to the question !

To “ME”? “I was told — about Him.”

“He ‘gives’ you a mantra.” (What’s that? —.) My first encounter.

“And I’ll tell you about another program.” / “But I know that ‘you’ will love Him.” Simple. (I never saw the ‘other’ program.)

I’ve met Him many times. Many, many times. ‘Tone of voice’? I can’t define it.

Whatever the question? I’m satisfied — “Completely.”

The second question? I’m satisfied — Also “Completely.” They’re “Right ON.”

Questions — Many. They have been the ‘testing’ of situations — situations in which questions — His judgment of “What to do?” His question? — Probing action. Time to Think. When, “What to do?” was ultimately resolved — amicably — it was His approval. Sometimes I could not comprehend the question — something on which, to me, there had been no question.

It must be a ‘tradition.’ Yes ! the ‘tradition.’ OR rather THE “Tradition.”

One man pursued a question — a mature, elderly man who had much ‘knowledge’ about “Traditions.” About holy men — ‘Masters’ of devotees. They thought of themselves — as “Devotees.” They are ‘devoted’ — To THE “MASTER” — without question — to every tone of voice. They’ll ideally pursue their quest for every glimmer of connotation of knowledge.

The elderly man questioned the issue of ‘obedience’ to the “Master” in following instructions, saying: “Something — ? — might be a better way to accomplish it? — But when it’s — ? The man just must ‘love’ his ‘Master’ very much to Do the right thing — certain to comprehend the exactitude of the ‘Master’ (his need to be sure that he knows the rightness of his position).” (The questioner dwelt on this tone a bit to be sure of his position.)

Maharishi’s answer:

“The devotee can even ‘hate’ his ‘Master,’ but he must just ‘Do as He says!’”

(I didn’t “DO” every thing that He ‘asked.’) (Shame on ME) (45 Years)

EARLY DAYS OF THE  
TRANSCENDENTAL MEDITATION PROGRAM  
First Course Transcendental Meditation and Mules

This is to recap early things (1961) following our introduction to His Holiness Maharishi Mahesh Yogi in 1959, things that you may not have been aware of, bearing on the following: instances at Catalina Island, where the first course of the Movement (at that time the Spiritual Regeneration Movement) was held in October or November — a wonderful experience.

About thirty people from Canada were attracted to the three-week course, a full three years after His Holiness had come to the US from Hawaii (1958). There were a number of sessions (3 per day) for a total of 63. Maharishi inaugurated, in a sense, a format of advancing wisdom (to us this was wonderful) — but ‘peanuts’ compared to what was to come. And, of course, His giving knowledge to us was mixed with His becoming acquainted with the US and Canada. He had (by then) been through England, Europe, much of Asia, Australia and, of course, with a “Teacher Training” in India.

Back to Fall 1961 after his tour to Canada: The subject would be ‘HOW TO TEACH’ — “TM,” in essence. ‘HOW to teach any thing.’ By now, I’ve forgotten the exact time when the words “Transcendental Meditation” (or “TM”) were formulated.

In the early days, His introduction to an audience was — “DEEP MEDITATION” — then a profound pause of probably 1 or 1-1/2 minutes while the attendees calmly waited (expectantly). We had gladly experienced many of these ‘off-the-cuff’ expositions of wisdom, not knowing what new facet of wisdom would surface in these lectures, frequently out of a question.

After several discussions with Charlie Lutes, the President of our non-

profit organization, with an attorney to qualify the technique as a legitimate protected name, “Transcendental Meditation” was adopted and registered.

In one session with the new Canadian meditators (on the course), there was detailed what might take place in approaching any group on any subject of knowledge. One man reported, “Some people are very obstinate — like ‘mules.’ They won’t learn anything if they can help it. You know what it takes to TRAIN A MULE?”

“It takes a ‘mule trainer’ to ‘TRAIN a (D -- d) MULE.’ If you want me to train that mule, I can train him. Any mule.”

(His Holiness understood this treatment, described as if ‘by a typical mule trainer.’)

Described as if a ‘trainer,’ he would hit him over the head with a board. When the mule’s owner remonstrated, pleading for mercy for the mule, the trainer hit the mule again saying, “The way to train a mule is, first I have to GET his attention! And this is the only way to get his attention.”

Discussions ensued with other aspects of learning, training and experiences of teaching the Transcendental Meditation program. The story stayed in our awareness, though, reminding us of the obstinacy and ignorance of many types of people, and the problems of getting and holding the attention of possible applicants for the knowledge of the ages.

To millions in the US (and Canada), the Transcendental Meditation program was “for the birds.” They wanted nothing to do with it. Among acquaintances that I approached, they ‘looked the other way’ and ignored my presence. There were probably thirty (or more) groups either uninterested or otherwise unattracted, and others antagonistic to any approach. In spite of the validity of the ‘Wisdom’ propounded, the politicians and lobbies were committed to other interests, uninformed, or insecure politically to recognize and respond to the needs of the day.

Of course, the pressure and knowledge to bring about a recognition of the needs of the time ultimately required a change of venue. (With many, the obstinacy remained, even up to now, as a rejection of the “Transcendental Meditation” technique. However, political recognition is taking place and the “Attention” of the mules is being captured.)

In the face of this initial obstruction in 1961, a very significant (more than an incident) occurred. WE didn’t know, for years, how important it was at the time. I had brought my 8mm motion picture camera to Catalina Island to record our encounter with the Wisdom of the ages. We recorded on film every incident available without interrupting Maharishi’s discourse on walks, sixty-fold of us avoiding the missing of any glance, visiting the Bird Farm at AVALON, and another — simple stroll (with all of us in tow).

To His Holiness, this was an opportunity for Him to explore the sights of the ocean, the birds, and trickling waves around the flowing rocks, in and around the waves. In this instance (little did I realize) that He, in his experience and traveling, had not experienced nature’s quirk of water forming and flowing to produce a whirlpool.

Fully two years later, He watched those motion pictures I had taken of that sight, displaying for His entertainment, a casual sight, among others — nature displaying a perfect, dainty ‘whirlpool’ off the rocks at Catalina Island. “Ah!” His expression was exultant!

It was not for another thirty years that I would learn the significance of His having fortuitously been illumined by the sight of Nature’s whirlpool to illustrate the wisdom of “Rik” Ved, THE symbol of the dynamism of The Forty Laws of Consciousness, PHYSICS and the totality of PHYSIOLOGY, alive for anyone in the Ocean of Knowledge, its flowing, uninhibited and impromptu. This “Ah” was his confirmation of the field of the ocean of knowledge.



## ABSOLUTE COMFORT

(When "I" Slept IN)

The "Thing" that HAPPENS once in a while: Everything is Right with the WORLD.

(WHY Should THIS Not — Happen. EVERY DAY ? Huh)

You Never want to let it change. The thing that "WE'VE" ever done must have been right. BECAUSE IT HAS HAPPENED and we never want to let it change.

You just got out of bed and the time and everything just MUST have been right. Nobody reminded you of the time — Who did it, I don't care. It's GREAT.

Remember, "YOU'RE" — in bed. Staying in Bed, You're not 'really' Alive.

Do you want to "STAY" there a long time? You'd maybe get your wish OR —

You scratch your head — ?

Weather will change — ?

The — Bell will RING.

What NEXT Happens? Etc. Gee, That was WONDERFUL, for a while.

How Long ?

— “RE-make — the Bed.”

Don't forget that IT Just happened that way. IT'S GONNA CHANGE.

“REMEMBER” — ?

Yes, It does HAPPEN — once in a while. Because for that — time — TOO SHORT — Everything was right. You even spelled it right. EVERY WORD (but) I DIDN'T.

But I'll never forget that “FEELING” —  
of ABSOLUTE COMFORT.

What do we do now? Oh, Back to WORK, What it that ? Remember.

CHORES. What was I ‘SUPPOSED’ to DO? Gee, I Still FEEL GREAT !

I Like that feeling. If only a little while, I'll LIVE that WONDERFUL LIFE.

For Ever.

I would DO ANYTHING IF I COULD just DO IT AGAIN. OR every Day.

HOW? — Remember . . . (Be Careful Now)  
‘NEXT PAGE’

Back to the GRIND — OH - NO ! IT'S a HOLIDAY, MUSTN'T  
it be ?

NOTHING – but Nothing Should CHANGE. Could that be  
“Possible”?

EVERYTHING, ‘I’ have been DOING, Was it that MUCH right?

Let’s, us, Check it. GOD — , (Checking), GOD ?

Remembering — .

Oh, What’s NEXT? and NEXT and NEXT, and next?  
When does this? Take place?

THE JOB ? Oh, let’s forget it today. (Is that right?)

(Maybe, It’s NOT wrong) — etc

How About — ? God, oh GOD ? , and Oh, GOD.

Get ON WITH IT !

Meditation . . .

(interruption) No, But – It’s for — (Kleenex)

Oh

Back to MEDITATION. m , m , m Is this gonna be —  
Every day ? Or every week ?

Or —





First Meditation Guide Teacher Training Course, Catalina Island, 1961



Dr. Verrill greeting Maharishi at Los Angeles Airport in 1962



**Maharishi at Lake Arrowhead, California, where he wrote  
Science of Being and Art of Living, 1962-63**



**The Verrills with Maharishi at Emerald Lake, Canada, where they  
participated in a course that drew meditators from Canada, U.S.A.  
and the Caribbean, September 1964**



**Maharishi with Dr. Verrill and other members of the Spiritual Regeneration Movement at Lake Arrowhead, November 1964.**



**The Verrills on the banks of the Ganges across from Maharishi's Academy at Rishikesh, India, 1967**



**Organizational meeting with Maharishi at the Lodhi Hotel, New Delhi, India, in preparation for the 7th World Assembly, 1967**



**Dr. Verrill in his room at Maharishi's Academy of Meditation at Rishikesh, India, 1967**



**Maharishi with interviewer at the Plaza Hotel, New York, 1968**



**Vedic Literature text at Kaiser Estates, Lake Tahoe, California, 1972,  
during the period when Maharishi was working  
on his commentary to the Bhagavad Gita**



**The Verrills with Frieda Adler (another early founder of the Movement  
in California) on the shore of Lake Lucerne during their  
Six Month Course in Switzerland, 1977**



The Verrills with their Movement family at the Capital of the Age of Enlightenment at Pacific Palisades, California, where they made their home from 1977 until the 1990's.



Maharishi University of Management campus, Fairfield, Iowa: Dr. Verrill became a Founding Trustee of then MIU in 1971, and he has made his home at the University since 2002.



Dr. Verrill receives his honorary Doctorate of World Peace from Dr. John Hagelin at Commencement, Maharishi University of Management, July 1, 2006.



Where he delighted all of that year's graduating class with an inspiring presentation on Maharishi's knowledge.



Dr. Verrill, a practitioner of Transcendental Meditation for 48 years, in the Maharishi Patanjali Golden Dome of Pure Knowledge, MUM campus during the Invincible America Assembly, Fairfield, Iowa, 2007

Book III  
*Chandas*  
Waves of Knowledge

(Product of Knowing)



# *Chhandas:* Waves of Knowledge

What is called Chhandas — What is it? The Pieces of Life,  
The Person — The Education  
My Views of the Benefits  
Civilization at Work

*Elaborated Table of Contents*

Preface

Picking Up Some of the Pieces

4/10/04

Your Holiness

Respectfully Defining Aspects of Inactivity of the Manifest  
World in Missing the Vision of Vedic Science

What IS Life?

“On My Mind”

Water of Life

‘Beginnings’ and the ‘Ends’ —

Symptoms

“Never Give Up”

Transcendence

Necessities for Light

Sight, Out of It

And — What to DO About It!

Missing Some Instructions?

“Enlarging the Borders of Consideration”

The Sharing of the Universe

The Rest of the World

Infinity

What It Means In the Universe

Immortality: Your/My “Home”

The Home of Your Heritage

The Home of Every ‘Being’ in the Universe, ‘Your’ Home on  
Earth

Logic of the Logic

The Science of Man: In and Out of Balance

The Moon’s Other Side?

Mount Wilson

Reality

My Life Line

That ‘Life’ of Mine

Treasury of Maps

Found to Exist in Humanity

Need: to Learn to Read the Maps

Sanskrit

The Functional Recovery of the Intellect

You Should Remember This

Wisdom throughout Eternity — for Health. And etc.

A Lesson in Memory (Smriti)

Smriti and Purana are Associated with the Forty Fundamental  
Qualities of Consciousness

The ‘Dogs on the Loose’ (a Door — Was Left ‘Open’)

“Go Home”

Life & Relationship

Any Difference?

Life:

Just Some Idle Words — about a Few Purposes

‘Mine’ — What’s That? ‘In a Period’ and ‘My Reaction’

My Finger Prints?

The “Unified Field”

In the Context of Principles of Physiology

The Forty Fundamentals of Thought

Its Effect on Science: An Approach to Health

The Culmination of Einstein’s Ambition

Including Something ‘About’ the Lagrangian — An ‘Awfully’

‘BIG’ Subject

Language Profundity

Relevance of Reported ‘Words’

Terminology of the Unified Field

An Idle Thought Process

Small Things Count (SOMEWHAT)

Question! Did We Make Our Point?

A Story, Not Rambling, but — with Points

Enterprise

Eureka — in the Making

Crime, Sin, and Release from the Continuity of Problems

Generic “Consciousness”

For Your Enjoyment

(You Will ‘Cherish’ This Remembrance)

Coriolis Force

What “Makes” It, the World

And Thinking

The Unified Field Go Around  
The Alphabet  
First and Last Words, “A”  
Incipient Announcement  
Affluence  
Outlook with Maharishi Mahesh Yogi  
In Peace with the World  
The Heritage of the Whole World’s Man  
Expansion — How Much?  
The Expanding Universe  
Maharishi University of Management  
A Project for Peace of the World  
Stability of World Order in the United States  
Commendations: For All Fortuitous Knowledge about —  
The Potentials of Life on Our Mother Earth  
Looping the Sky  
Our (Earthbound) Velocipede  
Which ‘We’ Sometimes ‘Forget’  
A Three-in-One Celebration of Birthdays

## PREFACE

## Chhandas: Waves of Knowledge

I don't know how, I knew, at an early age, that: I was 'GOING TO WRITE A BOOK.' At that early age, I dreaded the task. I couldn't conceive of spelling, forming words that would have significant, responsible meaning — conceiving, correcting (I didn't know the word 'editing'). For me that was 'hand writing,' ugh — before I knew typewriters — before I knew 'lino-type' — before I knew 'IBM' or 'punched cards,' AND — BEFORE the indomitable 'electronic computer' — to say nothing of 'SPELL CHECK,' etc.

When "I" decided to 'write a book,' I had gotten through seven years of college, worked at various 'jobs,' — AND 'played' with all of these 'things' on the INTERNET! High school had been a 'drag,' handwriting my term paper! "DUCK SOUP." "Who — Me?"

Somebody said, "You should WRITE a BOOK." To me, this meant a 'Symbolizing' of evolution, the inch-by-inch improvement in the quality of life continually, until someone's thinking of the Unified Field would cap the potentials of man.

After a bit of doggerel and hand scratching about waves, mountains, tree-tops and airplanes, I got off a few essays about ('of all things') "Knowledge." What did I know about 'KNOWLEDGE'? I had learned very fast for 'forty years,' one year at a time! Essays were my speed. Snatches, glitches and conundrum galore. But — along the way —

Maharishi Mahesh Yogi had taken me under His wing and elucidated why the universe was working and why it should 'really' work better — with over fifty-five books, millions of students, and the Worldwide Media at His beck and call for answers to questions about 'KNOWLEDGE.' Now I'm

ready for some eons of Wisdom to call and to listen for at least another day — making a difference where people and languages “play” with words.

The book is based on essays of which I had been ‘thinking’ for the last “forty-five years” — following Maharishi Mahesh Yogi in HIS points of wisdom. There are NO ‘rough’ points in His wisdom, only “GAPS” in the mind of the reader’s intuition. His knowledge is superb and precise.

Unaware of some of the differences of the ‘ways’ of the world, special attention sometimes is needed to imply that He means what He says. In THE “Light” of God, It’s not unrealistic — Just different from what you might expect. Is that clear?

This is my fifth attempt to provide — A FOREWORD. Have Fun!

In 70 Essays — Why do we “KNOW IT”?

David Verrill

## PICKING UP SOME OF THE PIECES

4/10/04

What made me tick, in nine decades of the twentieth century and the opening decade of the twenty-first century, are the gaps and threads comprising my basic education and college years and on. To give accountability to this formalized content, I am left with mere incidents to be picked at — as denoted by my partial life story.

My education began during the years of WWI in the harbor district of Los Angeles and on through the stock market crash that started the “great” Depression of the 1930s. Normal schooling (if you can call it that) and Boy Scout activities led to college years at Long Beach, and then UCLA during the Depression, at which time my wife and I took up home life. This then carried us through Hitler’s exploits of “totality” and WWII. By then I had about five years with a stove company mixed with activity in a professional organization, the Society for the Advancement of Management, a society productive in introducing experience in cooperative, objective thinking.

The next decade of the 1940s took me through a period of teaching aviation cadets and gaining a smattering of industrial knowledge and institutionalized training for the wartime aftermath activities — the training of supervisors on air fields. A stint of warehousing experience then carried me bodily into the field of aviation in 1950 when I began twenty-six years with the Flying Tiger Line, which transported air-freight and military personnel.

This era was an ideal period for me and my bride of twenty years to “find ourselves” in the welcome field of “enlightenment” with Maharishi Mahesh Yogi. We entered the career with enthusiasm. “He,” meaning our newfound “Master” (of Knowledge Supreme), provided a link connecting

us with the essence of the evolutionary basis of religion. Christian Science had been the basis of our convictions, and we found compatibility with this in an inspired interpretation of life in sublimity.

Finding the need to feel responsible for my personal “self” within my capability, I felt the obligation to undergo immediate transformation and become a personal ward under His tutelage. Ultimately, being asked if I would give my services to His life, I indicated that with an impending financial benefit and with merely two more years of employment, I would be self-sufficient “with a pension.” I would then be independent of the need to work and thus be able to serve without financial drain while in His service.

In consultation with His Holiness during early training, He asked me to begin to “learn” the Holy Tradition. Having had access to a tape, I asked Him, “May I repeat it for you?” I had been rehearsing it for months and I missed only one word after which His comment was, “Quite perfect.” Of less importance in intervening years, these incidents presaged important stages of growth.

Other incidents had led to my assignment to some business affairs dealing with real estate, corporate legal and financial aspects for WPEC — only a small but important part of the huge world awaiting, years before the worldwide press would pick up the need for the world to accept the Transcendental Meditation program. It was to be many years before the accrued scientific evidence would convincingly support the urgency for Natural Law, and the urgency of Maharishi “in the Light of God” to affirm the absolute practicality of Eternity.

## YOUR HOLINESS

Respectfully defining aspects of inactivity of the manifest world  
in missing the vision of Vedic Science

A ‘question’ has to do with the current ‘Status Quo’ of governmental inaction described from my perspective. We all would like to see Maharishi’s desires of progress immediately fulfilled and we hurt when he experiences lack of response to repeated offers of fulfillment. Maharishi has indicated that the level of consciousness of the people governs the nation, so until the majority of the people’s consciousness rises, action lags.

The lack of action from heads of state, to me, appears to stem from a leader’s sense of ‘SELF ESTEEM’ — influencing his decisions whether to continue or vary from existing forms and procedures. He needs assurance for action he will be requested to take. His image of himself is held hostage (captivated), limiting his initiative to try something new. Maharishi used to compliment the US: “This country was so successful, they must be willing to try something new.” His stated reason for introducing TM in the United States was that it was the most creative country in the world.

But the ‘newness’ (which he might have thought was a ‘freedom’ to act) was not a political choice, but because of the nation’s history resulting from a break from previous domination (Britain) and including a population made up of skilled immigrants from many nations and traditions. Pioneering of ‘freedom’ in America — after its revolution, and with an extensive land mass to exploit — resulted from a ‘what will work’ attitude that prevailed. Trying new methods by participating managers and artisans — and thus, the industrial revolution — produced a ‘training’ period of success with a mixture of technology and tradition.

The “SELF ESTEEM” of these days came from accomplishments by individuals who were rewarded by election, by acceptance in the eyes of their peers to whom they looked for their security in office — a ‘training’ or tradition through the years which made it difficult for them to go out on their ‘own’ — an ‘uncertainty’ factor, when they could not see their way through unfamiliar and foreign procedures, as if in the darkness of a tunnel.

“SELF ESTEEM” for a politician is his castle, the atmosphere in which he functions. Politically he is ‘vulnerable’ to criticism for finances, administration and for tried but, in his eyes, ‘unproven’ methods, including what his public thinks. The Transcendental Meditation technique IS scientifically proven but still appears, to the general public, as bordering on religion — politically a VERY tender subject in the Western world, separated from India’s spiritual traditions.

Action from a HEAD OF STATE (an elected official) requires support on the MANIFEST level, closely linked with logic that he fully understands and can respond to in cross examination. He has gained his position after a ‘training’ period, logical to specific standards. His “SELF ESTEEM,” like a shell if broken, leaves him without a certainty of continuity. As a public figure, his whole thinking process is visible to all like a bird in a cage; his very demeanor is subject to observation.

Other countries are similar despite their own unique historical backgrounds. They, also, cannot even hear the offers of assistance. This means that they cannot appear to be listening to these procedures — strange to them and their constituents — irrespective of how scientifically the procedures and promised benefits are documented.

The one country that responded to Maharishi’s offer, Mozambique, was indeed unique for reasons applicable only to Mozambique — President Chissano was an individual and peculiarly free to act as he did. We admire

his action. Generally, heads of state are not individually free to follow his example.

One cause (source) of ‘crime’ appears in the current generation of children who have been improperly trained by ill-advised parents who were told to nurture what became a pseudo “self esteem” in their offspring. After nurturing their children as toddlers to think that what they wanted was what they had a right to — to the exclusion of others’ interests — irrespective of what they, themselves, had accomplished, their judgment was, thus, impaired for maturity. Character training was minimized, or centered on unrealistic ‘self-esteem,’ unrelated to their behavior.

For other reasons, existing heads of state (perhaps whole populations) have evolved behavioral patterns foreign to wholesome living habits. This is the ‘status quo’ of evolved humanity for which the world is suffering. No wonder that heads of state struggle with the underlying factors of their position: (1) improper traditions for their incumbency in office, a historical fallout; (2) inordinate ignorance of the ‘human’ relation to divinity, what it really is; and (3) widespread diversity of religious viewpoints, combined with intolerance for any religious belief other than their own.

Without knowing it, the world needs Maharishi’s wisdom to point the way with a ‘searchlight’ illumination to restore its lost equilibrium, a strategy to penetrate the obstacles to progress in consciousness.

Maharishi School of the Age of Enlightenment, Maharishi University of Management, Maharishi Vedic University, and Maharishi Open University are in existence to meet the needs of the new generations. The resolve of “persistence” to penetrate these obstacles will be the formula for fulfillment of the mission.

*Jai Guru Dev*



## WHAT IS LIFE?

The Body is our tool, our window on relativity: for experiencing impressions; for acting as an observer of relationships; and as an agent for activities requiring skills necessary to accomplish goals. It has been an agent for us to plan the logistics of civilizations and habitats, as well as to test the development of interactive relationships (emotional responses), the segregation of judgmental distinctions (relationships), and sensitivity of perceptions. We are life.

What led me to this view of experience was suspecting an undetected motive of inquiry.

In reading the manual of a newly acquired automobile, I was reminded — by the instructions to replace, disconnect and reconnect a battery — that the vehicle system needs to “re-learn” its intended system responses to energy supplied for orderly operation — the “life” of its “obligation” to the owner. This is analogous to the perception of a human being’s care for his body, the learning of demands made by relativity on the attention of a human being to maintain his appearance in the field of activity.

Thus the assignment taken on by a soul to nurture a human body — through whatever pathway he finds himself (herself), through the thick and thin of the fortunes of chance — is a step for which preparation is not always foreseen, or at least not as usually experienced by vast members of the existing population. It could be a life of exciting romance or one fraught with tedious responsibilities. What else? The individual could experience either victorious fame with great responsibility or nothing in the way of reward for his efforts.

This is true unless fortuitous circumstances prepare for everything in partnership with a new divine order, creating an orderly civilization, a pop-

ulation attuned to the absolute exclusion of violence and poverty in every respect with no chance for hazards or misjudgments — a better world than the old prototype — one without contention and strife; without the existence of unrighteous wealth and abject poverty; without limits on ability and accomplishment. The Transcendental Meditation program has proven to be the way through all of the trials — to Life in fulfillment!

Life without wars, pestilence, and famines? Within the field of all possibilities? How can we conceive of such a mixed existence — without Transcendental Meditation?

WATER OF LIFE  
 ‘Beginnings,’ AND the “ENDS” —  
 SYMPTOMS  
 “ Never Give Up ”

Just Keep On Drinking “E”nough

BALANCE — If ‘out of it’	Drink — Water
THIRSTY	Drink....Water
MEMORY (slim)	Water
Hungry	Water
Tired	Water
OUT OF SORTS	Water
ITCH	Water
Drowsy	Water
Sleepy	Water
Trip’n, Stumblin’	Water
Overweight	“The wrong Thing.” Drink Water
“Tired” (always), ‘OF’ —	Drinking Enough — W A T E R
Whatever	Check ‘your’ Water Level

W A T E R of L I F E

ENOUGH Tired of (Drinking)  
 Of LIFE

Too, ‘Skinny’ ? “GET” Some “FOOD” !  
 Decide, If You WANT to “EAT IT”

Where, Does all of, that, (water) Go ?

All,

of Y're

Pores

(in')

Ya' Get (Extra) 'Heat' in Y're House, (Br') Snow & Wind — Dry it Out !

(each)

Don't forget the heat of the lamp in Light, from Y're midnight Oil

(of yr'e)

(breaths,)

(when) "you" 'give' it "away."

"Most Plentiful Ingredient"

Everywhere

Except 'Consciousness'

Use!

## TRANSCENDENCE

Effectiveness is the theme of this current view of Maharishi's superb message to the world — something that he has been working on for over fifty years since His Beloved Guru Dev launched him into activity.

We look upon these efforts from a standpoint of success and now there is an audience ready and eager to bring out His Wisdom in a climaxing culmination. By analogy, I hope to introduce the significance of his position in comparison with certain other highly significant advances in the growth of civilization.

It is fitting to speak of it simply in this light as "Transcendence." Transcendence is also symbolic of the subject of light, because "Light" was the product of this comparative analysis and Light lends itself to the subject of Wisdom. I hope you will bear with me in recognizing its benefit since His Holiness so many times admired the productivity of advancement. He came to the United States because "they were so successful, they must be willing to TRY Something New."

Thomas Alva Edison, the inestimable inventor of the 'incandescent light bulb' is the subject of this analogy — symbolic of wisdom for the whole world. His prolific success in other inventions was enormous and compares in significance with education. His work included many inventions that were 'prototypes' and later, with highly successful articles, were further developed into the most important commodities in civilized education, science and commerce.

As a boy in the house in which I was born, there were 'gas jets' (natural gas) with which there was illumination for nighttime. His assistant in this development worked diligently with (reportedly) up to more than fifty different attempts.



## SIGHT, OUT OF IT

And — What to DO About It!

“Enlarging the Borders of Consideration”

In life, the field of information does not inform about ALL functions, such as those ‘unseen.’ “Transformation of pure knowledge” and “its organizing power” are powerful ‘unseen’ values to the thinker.

There are functions there to be used, even unknowingly, while you practice Transcendental Meditation (“TM”). You don’t have to DO it. Just “practice” it!

The “BEING” of What you are determines the ‘results’ of your MIND, your life, in LIFE — (All of these values belong to humanity):

- Mechanics of sequential progression, the significance of structuring dynamics
  - Veda and its utility
  - Law: Natural Law, and its ordering intelligence
  - Creation, emerging from Veda — how Veda structures itself into creation, Vishwa
    - Relationship of the unmanifest
    - Un-manifest ‘Consciousness’
    - Self-referral Consciousness
    - Transcendental Consciousness structuring itself into the structure of Veda
      - Veda is the whole universe (We don’t have to qualify it: It’s there if you ‘Look for it.’)
      - Atma — Transcendental Consciousness — the whole universe within it
        - The Part is the Whole

- Point is infinity
- Mortality is 'essential' immortality
- Mortality expresses immortality
- Infinite, unbounded nature of life can become the living reality of daily life\*

“What more could you want?” Than THIS? Just by: LOOKING UP  
— in just plain Words > “TRANSCENDENTAL MEDITATION.”

IT'S THERE FOR ASKING, to learn, HOW?

\* *Celebrating Perfection in Education*, Maharishi Mahesh Yogi, pg. 150

## THE SHARING OF THE UNIVERSE

### The Rest of the World

This is a wonderful universe. It has some wonderful features. Every time I think of it, I find some features that are new to me even though they've been old friends and it's nice to know that it looks like we will continue to find new features as long as our universe lasts.

Going on from day to day, I've enjoyed its acquaintance for near on to ninety seasons and I hear now that the astronomers are finding more and more evidence of its eternity all the time. With the substance of its existence and growth — we can't really call it 'growth' because it's probably more proper to call it 're-growth' — it's been growing for eons of time. My mother told me that it's been going on forever and ever. Is that an exaggeration or reality?

It's been going on so long that it must have a history to go along with it and we should be able to share in that for a long time — forever — without depletion of any time at all. Since its characteristics are always new and always renewing, it will always be here to give evidence of new formations. We should appreciate its characteristics so that we don't underestimate its potential. So, WHAT is its reality as well as its potential?

We know that it is big and that it has an infinite number of features. It is as big as its diversity can sustain. Being so large and with so many features that we cannot ever name them all, there must be another value that can appreciate its expansive nature. It must be its very nature that is also without end if there is infinite extension without depletion of capacity.

Since its nature will need to account for the infinity of magnitude, there must be attributes that can define its scope — a scope without depletion of its content while retaining its expression and adequate measure of immensity.

Remaining within the scope of specificity, while meeting the needs of the characteristics of the scope of this requirement, calls for definition of the identity of two aspects: neither term may imply any limitation of ultimate capacity.

Since these aspects may impose no constraints of any kind on their capacity to express their quality or capability, they must adequately express their nature and a measure of identity — consciousness and mind — neither of which limits its quality of characteristic totality.

‘There is no life, truth, intelligence nor substance in matter. All is infinite mind and its infinite manifestation, for God is all in all. Spirit is immortal, Truth. Matter (specificity) is mortal (error). Spirit is the real and eternal. Matter is the unreal (impermanent) and temporal. Spirit is God and man is His image and likeness. Therefore, man is not material, he is spiritual.’ (A prayer on the level of understanding — ‘Being.’)

To me, this means that we have the capability to share the eternity of being, in the infinite. Science is now reporting findings of evidence of the universe responding to impulses in consciousness.

## INFINITY

## What It Means In the Universe

It is interesting to know what 'Infinity' is and what it says about our daily life. We are so closely connected to the process of living — our interest gathering, our humdrum, tedious tasks — that we miss the most important significance of what is really taking place, in the beauty and wondrous kaleidoscope, the panorama that unfolds with every passing day.

Let's look objectively (if it's possible) without looking at it subjectively. What's the "Difference"? Saying that the universe is Infinite, it has, perhaps, not really been comprehended what is being said about it. It's 'without end.' So WHAT? It's always going to be there? Yes. And it will keep on being there FOREVER and EVER, in Eternity. We know that it is Dynamic, MINUTE by minute and HOUR by hour, as well as DAILY by MONTH and YEAR and CENTURY, etc.

The beauty is that throughout every second, our awareness takes its part throughout every instant of its interminable experience; but, 'where' is it — that universe and every portion of it that is part of our experience — in space? This, 'WE' don't know, uniquely because there is 'no' unique location in which everything cannot be 'located' except as to 'where' EVERYTHING in the universe is, darkness of the night or the lightness of the day. It's there.

Wherever and whenever we go one-hundred-eighty-six million miles on the other side of the sun, something that we accomplish on every birthday, which we do uniquely on the other side of our beautiful sun, our skies will be there to give presence of our presence, where "we" will be year after year to 'see' and glory in the magnificence of the sight.

In the beauty of this we will find that 'our consciousness' will follow us

wherever and not fail to give us cognizance of whatever is there, with ‘our mind,’ with us, within spirit and knowledge, the only “place” we need. You’re never without, in. “Wherever” it IS.

After you enjoy the above, then enjoy the following. ‘We’ are on both or each.

‘Our’ envelope of knowing, of being, our ‘space’ in which we circulate, has no borders that isn’t space! It has no ‘up,’ no ‘down,’ or ‘over’ here or there, that just isn’t. ‘We’ are ‘in’ where we are. It’s our thinking. On our familiar lands, ‘we’ are surrounded by more than just ‘oceans.’ But, beyond our familiar oceans, we have only sky, everywhere.

Specificity cannot be, even in eternity or infinity! Like the seed of the banyan tree, it contains nothing, etc. John Hagelin will say, ‘just’ fluctuations ‘for (what is) ever?’— “nothin’ doin’!” Stars and Space. Looking, ‘we’ can’t think what isn’t, except ‘weird.’

What happened to the Stripes? ‘Logic’ has lost its profundity AND capacity. Another day, the dregs of SPECULATION — Would you like a cup of Tea? (Time and space.) I’m ‘havin’ fun,’ thinking. “Have a — , whatever?” Extension.

Our bevy of seven continents is floating on oceans of nothing but star-studded space.

#### EXPECTANTLY —

This bucket of people, animals, foliage and their environmental concerns, carries us around our sun every year (+365 portions) like a merry-go-round at Disney, while statesmen and entertainers travel to see the beauty of nature, and watch our attendant stars perform their kaleidoscopic panorama of daily and nightly spectacular wonders. Our collective, original, ancient companions have preceded us in this safari and are inviting us to take our

place in the annals of time.

Veda, the progenitor of antiquity, offers many new vistas to consolidate our attention into the wondrous pleasures of communal living, the entourage of changing relationships, the peoples and customs in our 'bucket' in the sky. We 'brace ourselves' in our seats expectantly for the plunge into each next vista of changing relationships in formatting processes of life.

At any given moment in time at which 'Something' happens, the question comes to mind, 'Where are you now?' — the time at which significant things regarding relationships take place. Physically you can have no sense of 'where' in categories of space, because space has no unique point of perception except a point of relationship of motion. It is infinite, a variety of 'points' which could be identified relative to basic specifics, but still only relative points in 'our' universe.

Questions resolve, symbolized in a poem, "The Kashmiri Song." There is no specific knowledge except its indeterminable quest, resolved only as the 'Self.' This ballad seeks the indeterminate quest, supposed as the 'Self' ('everyone' has his 'own'):

*Pale hands I loved beside the Shalimar,  
Where are you now, who lies beneath your spell?  
Whom do you lead on rapture's roadway, far —  
Before you agonize them in farewell?*

*(Refrain)*

*Before you agonize them in farewell?  
Pale hands I loved beside the Shalimar,  
WHERE are you now? - - Where are you now?" \**

As a song of love, "The Kashmiri Song" has no 'subjective' response.

Posing only an eternal quest — of love. Although being short, ‘the’ quest is Eternal — never satisfying — except in “interest” of the self, and, as noted, seeks only the center of life’s ambitions. Dwelling on it with nothing more than innocence, it poses nothing — the content of the banyan seed.

David R. Verrill

\* Lyrics written by Laurence Hope and very ‘charming’ music written by Amy W. Finden

## IMMORTALITY: YOUR / MY “HOME”

The Home of Your Heritage.

The Home of every ‘Being’ in the Universe, “your” Home on Earth.

What is “GOD” ? — has been asked by peoples throughout time immemorial, and it could be because of the difficulty of characterizing God’s attributes that they were discouraged from pursuing their questions. They could not ‘conveniently’ structure their behavior beyond their ability to credit or discredit their knowledge.

They have desperately NEEDED ‘understanding’ to live comfortably with the requirements of life. This is rightly called “EDUCATION” — this, with the intent of ‘righting’ the ills which man has produced for himself because of his ‘ignorance’ of “What to do”: The myriads of misunderstandings of life.

WHY, Oh, Why is it that life is so much of a problem? And, Why cannot this be resolved, such that ‘man’ in the image of God can easily qualify for His Grace, the Grace of God, His Creator? Such questions arise when one’s perception is limited.

The answers come in the form of ‘Understanding’ — not a conundrum — but a relationship arising from the ‘nature’ of Nature. It’s Natural. Bear with me. It’s not a difficult ‘problem’: just an intricate perception of ‘the ways’ of Nature. Really, it’s true! Never GIVE UP !

You’ve been told over and over that man is Immortal, and it’s true! That’s the reality of ‘Immortality.’ The ways of man’s human misunderstandings have kept him from perceiving that ‘appearances’ are just that — an illusion — and that most of the ills of the world stem from this predicament. Still ! hold tight, and let your mind ‘think’ rightly long enough to comprehend — what I’m saying.

Some explanation is necessary to consolidate the understanding that ‘man’ — God’s man — was transformed into the illusion or belief that ‘man’ is dependent upon material existence as the basis for his ability to think.

Matter appears to be the cause of your very being, thought and activity. However, the reality of your mind is actually the complete result of your ‘experience,’ knowledge and activity. You are ‘you’ because your mind (eternal mind) is the basis of ‘you,’ the being that you are, eternal, immortal. Your ‘human’ body is not going to disappear, but your spiritual apperception could give you freedom from this illusory ‘dependency’ on matter as the basis of your being, which leads in turn to a belief in the material ‘error’ of perception.

It is this ‘nitty-gritty’ illusion of the ‘operating relationship’ between mind and ‘matter’ which allows for sickness, disease, and other disorders to prevail. This acceptance of that illusion, unchallenged, as evidence of your ‘self’ (entity, or being; — your ‘self’) is the difficulty.

The structure or solidity of ‘matter’ itself is an illusion of ‘perception,’ because it has been proven to be nothing more than vibrations — violating our sense of matter’s integrity as solid ‘matter.’ It’s not just the solid physical state. (Just ‘nothingness.’) Even the appearance of a gland (as powerful as it ‘appears’ to be, as having a weighty value) is nothing but ‘vibrations’ in consonance within its confines. The ‘matter’ itself is as ignorant as a flea: without any self-awareness as such. Intelligence, on the other hand, “IS,” irrespective of any appearances to the contrary.

This ‘explanation’ is valid. It, the ‘illusion,’ needs only to be challenged. ‘You’ are the ‘only’ one who must accept the challenge. For your ‘self!’ This is “Belief,” what is known as ‘belief.’ It’s ‘you,’ Your ‘self.’ No one else. ‘In the Grace of divine Love.’ By any other name!

Call it God. Call it Christ, or any name. This valid understanding can be

found, for example, in “Christian Science” (The First Church of Christ Scientist, Boston, Massachusetts) where it was revealed even before the age of the Unified Field:

From “The Scientific Statement of Being”:

“There is no life, truth, intelligence nor substance in matter. All is infinite Mind and its infinite manifestation, for God is All in all. Spirit is immortal Truth; matter is mortal error. Spirit is the real and eternal; matter is unreal and temporal. Spirit is God, and man is His Image and likeness. Therefore man is not material; he is Spiritual.”

—Mary Baker Eddy, 1866

“Spiritualization” of thought, as spiritual existence.

Structure of “Truth and Love,” rousing dormant understanding from material beliefs to the apprehension of spiritual ideas.

The attributes of “God” in Heaven.



LOGIC of the LOGIC  
 WITHIN BOTH THE  
 TRANSCENDENTAL MEDITATION PROGRAM  
 AND CHRISTIAN SCIENCE  
 RELEVANCE OF PERCEPTION AND CIRCUMSTANCES  
 “GIVEN”: ‘ONE’ with GOD IS A MAJORITY

- LOGIC (1) “ ALL ” IS “INFINITE” [MIND] (a ‘Tremendous Perception’)  
 “AND” = IT’S : [“INFINITE” Manifestation]  
 “For [ GOD ] IS [ “ALL” in ALL ]  
 (2) “SPIRIT” = (IS) IMMORTAL “TRUTH”  
 > “matter” is (mortal > Error) < (fluctuations)  
 (3) “SPIRIT” = IS the “REAL,” (and ) “ETERNAL”  
 > “matter” is the > unreal and > temporal  
 (4) “SPIRIT” = IS GOD; MAN IS “HIS” IMAGE n’ (Likeness)

THUS > MIND (1), and “SPIRIT” (2 + 3 + 4), (is) “GOD’s” (Workshop)

BY Definition [(Christian) > “SCIENCE”] is Logic.

“The scientific statement of being.”

Therefore: (5) [MAN] > (not being ‘material’); (Hagelin’s), (‘fluctuations’)  
 > “HE / SHE” MAN = IS > [ “SPIRITUAL” ]

Since: (6) [GOD’S MAN (is NOT ‘material,’ Subject To Disease)  
 MAN IS = SPIRITUAL , A “reality Finding”!

Why Should HE (NOT) function “SPIRITUALLY” (LOGIC) When He’s “Coherent”

\*\*\* Remember = HE, “GOD,” is THE CREATOR \*\*\*

This is fundamental to “CHRISTIAN” SCIENCE — like any other Science

Christian Science  
Introduced During the  
Closing Decades of the Years 1866 – 1907  
Written by Mary Baker Eddy  
(Albert Einstein, Features of His Theories)  
A Chapter, “SCIENCE OF BEING,” during lifetime of Guru Dev

Maharishi’s *Science of Being and Art of Living*  
Was Elaborated and Completely Documented by Dr. John S. Hagelin,  
Introducing the Worldwide “Peace Government”  
Church of Christ, Scientist, Prevailed during World War II  
Featuring Weekly Religious Services

Mary Baker Eddy, Pastor of her Church of Christ, Scientist,  
Personally Performed hundreds of Miraculous healings, with Christ as  
Her guidance.

Her book, *Science and Health*, With Key to the Scriptures, quotes in  
her Textbook Preface,

“In the spirit of Christ’s charity, — as one who ‘hopeth all things,  
endureth all things,’ and is joyful to bear consolation to the sorrowing  
and healing to the sick, — she commits these pages to honest seekers  
for Truth.” — Mary Baker Eddy

Personally, I credit Mary Baker Eddy with preparing MY earliest inspi-  
ration and perception to express knowledge and wisdom, bringing to  
fruition a higher state of life. — David R. Verrill

“Another” PERSPECTIVE is noted.

“MIND”

IS THUS

GOD’S WORK SHOP

WITHIN WHICH

“CAN” EMERGE

A UNIFICATION OF

NATURE’S SEQUENTIAL

POTENTIALS

FOR ETERNITY



## THE SCIENCE OF MAN

### In and Out of Balance

They say that the Moon, our nearest neighbor in space, is ‘out of kilter.’ What that means (due to the laws of nature) may have produced interesting and intriguing concerns for the fortunes and life of man. With respect to behavior, and the laws of nature, man has violated both man and creature for centuries, producing turmoil in this disordered humanity, troubled and war-torn, out of sync with orderly procedures.

In terms of this world, what does this mean, ‘out of kilter’? I’ve always thought of the moon as a beautiful sight. As a spectacle, it has always provided inspiration, and is a dramatic focal point. In its fullness, it dominates the scene of art. Whether alone or strewn with clouds, our “MOON” is incessantly present to remind us of its color and beauty. Unique in its waxing, waning or silent absence in space, we always feel its presence as a wanderer to return again without fail, filling our flowing tides with the splendor of ‘our’ ocean.

How could it be ‘out of kilter’ without justification for its eternal being — so round and firm of purpose to light our nightly skies or be dimmed by the rising or setting of the sun as it silently intrudes our horizon or fulfills its monthly task of balancing the flowing and ebbing foam on our oceans around our world.

Not out of balance, really, but (yes) ‘out of kilter,’ the scientists tell us! To maintain our one familiar, friendly face, ‘our’ MOON, this ‘out of kilter’ moon, has a heavier ‘bulge’ on its face, they say, through which its gravity draws and then releases its tidal influence, and silently rotates the rolling of its periodic pace, its path. This heavy side of the moon (‘our’ moon) by gravity holds its face conveniently to attract the flow and ebb of the bulge

of fluid mass of our oceans, tumbling waves under its canopy of filmy white clouds that shield its whispery light.

So, the never-seen backside of our moon continually hides behind its bland face, by default of character, its minimal craters — so space walkers report.

What about the activity on that serene, eternal moon, compared to the Earth — with its busy, strife-torn underworld on its surface, the Laws of Nature, subjected to the inexorable laws of behavior of man. He plays out his ploys of tactic and frustration. We know that, underlying that strife of conscience, must lie the possibility of an orderly way of life. Man is pleading for (and it must ultimately win) the rightness of thinking to balance the strife and stress with ‘consciousness’ in balance to calm the bulges of turbulent inequity.

Find peaceful coexistence of life for the mind in its rightful perception of balanced wisdom throughout the universe, a flowing, integrated reflection of being.

## MOUNT WILSON

On the lee side of Mount Wilson, in California, I pedaled and pumped on my tricycle, or pulled heavily on my Irish Mail, a four wheeled velocipede, that certainly developed my stamina, my back bone, and my muscles for the few years of puberty. I could look up at Mt. Wilson at the pearl white observatory, looking at our sky, also white with snow, or festooned with its forested trees. The large “HOLLYWOOD” sign below Hollywood Boulevard and Sunset Boulevard signaled Los Angeles.

This was my playland as I dreamed of nature’s mountains as I wended my way to school. Later, having transportation, we went to the Pasadena Rose Parade on the first day in January.

Years later I was allowed to enter that observatory and dream of what else was in the sky that we might be able to view so far away. This was a ONE HUNDRED Inch Telescope. It had been (its mirror) painstakingly labored, and hauled up Mt. Wilson, laying below Mt. Lowe, another curiosity to sightseers traversing the mountain, and gave seers a view of the city. My brother and I many years later ground a mere twelve-inch disk, a disk which we cherished until it was shattered by an unfortunate stroke of carelessness. I wasn’t there.

Many sights were yet to be concocted in the years that went by. Other telescopes surpassed the earliest One Hundred inch. As the industry learned and tested their wares, cities around the globe were able to view from more fortunate sites, like Hawaii, without smog, and with larger mirrors, including Palomar Mountain, just north of San Diego — any number of telescopes with favorable absence of pollution, even of atmosphere.

Without depleting the space around the Earth, we have, around the world and, of course, as time went by, even space entered the atmospheric

ways of man, and along came Hubble, the really un-polluted eye in the sky. These views from outer space can be inhibited by nothing but time, the time that moves with the sky. There is no place in the world incapable of sights. And we looked at Hollywood's Observatory and sun telescope.

Sun telescopes are inhibited only by sun and screens to shield the devices of man to sort out the damaging views that give man knowledge of greatest benefit to man.

I've viewed beautiful sights of many cities, in spectroscopes and synchroscopes. While viewing with my own six-inch telescope, I've inspired crowds in national parks, Yosemite Valley in California, where, during the August spectral shows of meteor, the Leonid showers hide there for months. From our vantage point, we saw one land on Glacier Point in Yosemite and gloated over the sight.

In my own backyard, in Pacific Palisades, we entertained friends with views of the moon as it moved from phase to other of its phases, craters that inched across the silvery disk. Having acquired a Celestron eight-inch telescope, an inheritance from my brother, and two new Meade telescopes, I offered to M.U.M., to bring these to Iowa, to festoon the collective educational M.U.M. and community with knowledge of our distant glory.

Learning of the skies and glorying in tops of distant scenes was really the motive of the gift. While seeking through those billions of miles, seeking sites miles among the skies, WE could even see the sun, only ninety three million miles away. Chicago and New York also just reeked, with knowledge of the sky. All the rest of them are there, but I haven't found them yet on our map. (Just an un-funny comment?) Is there anything to speak of — east of the Mississippi River?

The Vedic Observatory in the shadow of The Raj in Iowa really tells only

the sunny days, but is fascinating and regular, right up to the moment of every second of the day, the week, month and year. Inspiration!

I threw in some bit of humor, but so what?

Is it NOT worth it? (What it Costs \$?)

Is it “worth” it? How much is it worth?

There’s a whole raft of interesting things yet in California: That is, Southern California. It’s irrelevant.

What’s relevant, IS the universe.



## REALITY

My early life experience was conditioned with an aversion for the practice of astrology because my father had indicated that he would die at the age of thirty-seven. And at the age of thirty-seven he passed, confirming his referenced hazard. This was attributed to his acceptance of the prediction.

Through my mother, who did not favor astrology, I was involved with Christian Science, a practice that looks on life as a greater time than a single lifetime. Specifically Christian Science considers life as an opportunity to be treated with prayer.

In much of my experience, I have been in the habit of thinking about concepts of philosophy, the universe and other relevant concepts of reality.

Thinking itself is a concept of Reality, the essence of Consciousness — all in infinite Mind. It is an expression of the envelope of “expressibility”: just as water is spoken of as the universal solvent, the ocean of consciousness symbolizes the universe as the content of its occupant without end. The physical and the tangible, including medical ingredients, become solvent in this concept of Consciousness as a supreme solution of ultimate peace of mind.

During my lifetime, (the wartime years), urgencies of actions have interrupted my choices of lifestyle, and the prayer referenced below — “The Scientific Statement of Being” — has been my constant guideline, restoring constancy of thought in all matters. “Presence of Mind” — this has been my ultimate solvent of problems restoring the ability to dissolve issues of concern open to my ability.

“There is no life, truth, intelligence, nor substance in matter.

All is infinite, mind, and its infinite manifestation; for God is All in all.

Spirit is immortal, Truth. Matter is mortal, error.

Spirit is the Real, and Eternal. Matter is the unreal, and temporal.

Spirit is God, and Man his image and likeness.

Therefore: Man is not material. He is Spiritual.”

—Mary Baker Eddy, “The Scientific Statement of Being”

Through the expansibility of thinking, man can conceive of dwarfing the most outrageous problems in the universe, practically and really.

Consciousness — the ultimate reality — has been described and elaborated by His Holiness Maharishi Mahesh Yogi as the “Forty Qualities of Consciousness” of Rik Veda, contributing to the Age of Enlightenment. The elaboration of these values makes up the Veda and Vedic Literature.

TREASURY OF MAPS  
Found to Exist in Humanity  
NEED: To Learn To Read the Maps

Six million people in over 85 countries throughout the world have learned the secrets of the ages and are living a better life. The evolution of man throughout the ages has been mapped by nature and recently decoded to result in a promise of a better life for humanity. The benefits affect all walks of life irrespective of language or nationality.

Lines of communication lead to the Transcendental Meditation program as the highest mode of perception — the reading of natural impulses in the mind and leading to more productive life and behavior in the modern world.

With random exceptions, these secrets of the ages have been locked up, out of sight of everyone, for centuries, until they were revealed to those who met Maharishi Mahesh Yogi in the last forty years. Those fortunate enough to discern the value of His Transcendental Meditation program have benefited most happily in life since their introduction.

Students, doctors, scientists, people in all walks of life, have benefited by a higher standard of life experience and continue to enjoy better health, more acceptance in business and society. Scholastically they enjoy more and more in their ability to progress and appreciate finer elements in life in fullness. Graduates of a university, Maharishi University of Management, are in demand for high tech positions in leading corporations and gain their preeminence through growth in increased perception.

The maps referenced are embedded within the physiology of every living being, revealing their treasures when the body is at rest, leading to

clarity of mind as they practice the Transcendental Meditation program. Indications come automatically to the mind as the process continues, leading to new ideas of positivity and orderliness, as if by magic, compared with their pre-meditation experience.

Dr. Tony Nader, M.D., Ph.D., under the guidance of Maharishi Mahesh Yogi, discovered the structure of tandem impulses in the mind and body, the Sanskrit codes, which, throughout time have been thought to be an early precursor of other languages. It has been determined that the Sanskrit graphic characters are actually maps of the flow of information entering the organs and body structure, characters being a resolution of sounds, vibrations, preserved in their original purity by the families of pandits in India throughout time.

These vibrations give structure to principles of orderliness and of the universe and, on the subtlest level, automatically reveal inherent knowledge in the form of thought and meaning to the mind at peace. The technology of Transcendental Meditation has been subjected to exhaustive scientific examination in universities. Collected scientific papers, over 600, are published in a set of six volumes, documenting the scientific findings and indicating the beneficial effects of the practice, including a beneficial effect even on the environment where groups of people are practicing an advanced technology together.

Those individuals knowledgeable in the practice are not surprised by these results. They claim, having practiced the meditation daily, greater fulfillment in all avenues of life, freedom from conflict and a more healthy environment. Their associates find them easier to deal with, truly improved by the length of time of their enjoying their way of life. The practice can be learned from a teacher of the Transcendental Meditation program to be found in the yellow pages.

## SANSKRIT

As the result of continuing research by Prof. Tony Nader, M.D., Ph.D., a NEW Discovery has been found that will substantially affect the whole world when released to the public through scientists. The substance of this discovery has to do with the original purpose of the symbols of each ‘letter’ of the Sanskrit Alphabet. Each letter, it has been discovered, is a graphic symbol portraying a segment of the route within the physiology that incoming information is processed — a breakdown of the constantly flowing input to the physiology, the processing of sensed information.

Although the physiology of all races of people was structured by the same process, various distinct “languages” of communication evolved, requiring systems of ‘translation’ between peoples. The processing of any ‘meaningless’ sounds / ‘noise’ is immaterial to meaning.

Further, Sanskrit was not truly a language designed for communication, except as the graphical sequence in which sound manifested structure, physiology and function. The symbols are graphics not intended to be interpreted as letters/words in communication. As an evolved ‘dead’ language, symbolic “Devanagari” will serve for correlating physiological structure and subtle distinctions within the symbols.

Alphabets evolved following the same (or close to the same) sequence as Sanskrit symbols and adapted for communication, printed words and oral communication. Original ‘sounds’ for each letter, were sounds that resulted in physical structure, precisely — “A” (AH) — the open mouth — the ‘first,’ or beginning, including ‘totality,’ after which other symbols illustrate the body totality. (Note: Tradition — ‘elaboration’ on “AH”)

The first sukta of Rik Veda, sequencing the 24 graphics (sounds), structured the body in the three padas (eight Prakriti each); the 3

padas now represent in sequence, Rishi, Devata, and Chhandas. The precise agreement with traditional knowledge about the Veda delighted both Maharishi and Tony Nader in their descriptions of these findings. Only the derivation of the graphics representing the first pada has been illustrated to us. The other padas of the first Sukta follow in sequence — too complex for their excitement in their announcement.

**INTELLIGENCE:** An exciting reality about this discovery is the significance of the presence of ‘intelligence’ structured in the body. As Maharishi described it, a recitation of the first richa (24 syllables in the three padas, each of eight prakriti), has the effect of re-enlivening the intelligence originally structured in the body (ORIGINAL sound effect). The Intelligence with which we were born, and which we thought was “our own,” is apparently inherent within us based upon the capacity endowed in the structuring of ‘Creation,’ the beginning of life.

All of this is in harmony with everything that we have been taught by Maharishi. We had not been told of the structuring process of the physiology, the details of which modern science did not derive until the team of His Holiness Maharishi Mahesh Yogi and Prof. Tony Nader, M.D., Ph.D.

My understanding of information furnished

David R. Verrill

Note: Supplied by author

## A LESSON IN MEMORY (Smriti)

(Smriti and Purana are Associated with the Forty Fundamental Qualities of Consciousness)

I went out for a walk this morning. “Why?” You might ask? Or, you might not ask. “Just because I wanted to,” I might have responded. Or, I might not have responded. Well, anyway — Some dogs joined me on my jaunt.

Yes, three dogs — a large Dalmatian, a medium-sized bit of activity, and a little-bitty dog (yes, he was a dog). Well, they were going out for a romp around the neighborhood. They were going and gone! Someone had left the door open.

They were bounding, racing and puffing, and (yes) romping, around bushes and trees, and me. (I could feel their breath and slobber.) The little one was trying to keep up the pace, and the medium one kept as close in the middle as he could. “Dal” was detouring around the trees, shrubs and other obstructions, as if to let the others keep up with the pack, and making it a race of comrades on the loose.

Well, after a couple of loops around the neighborhood, they found me again with my arms wigwagging in my morning calisthenics. Ah — I guess the canines wanted me to join their enthusiasm in the chase with my exercise.

Since it looked like they wanted me to continue with their pack in the escapade, I felt like a hijacker among the quadrupeds. A situation! (I might be looked as a party to thievery), so I thought of a plan — “GO HOME!” I said. (I wanted it to sound like THUNDER.) I guess — it did.

You know what happened? Suddenly, without notice, the puffing swarm came to an immediate reversal around the corner of the neighborhood. For

“Dal,” Media, and Bitsy, “MEMORY” had prevailed, like the other 39 qualities in the universe. Order was restored in the forces of eternity and in the whole Cosmos. What more can I say? — “Jai Guru Dev” — an ‘expression’ used by consciousness, and a greeting in recognition.

“Purana” (ancient and eternal) follows “Smriti” (memory) in the Vedic interconnectivity of the “Great Intermediate Net” from eternity to infinity (or from infinity to eternity). It’s like the Dalmatian in the anecdote (above) — the largest loop of connective cycles of canine action: and like the dog, it also goes around shrubs, trees and other obstacles. ‘DNA’ also finds expression in this analogy for generations connected by genealogy between the centuries.

## LIFE IN RELATIONSHIP

Life is the mind. Life is NOT the Body only. Life is the subjective value of experience, a very fine perception of ‘relationship’ of these two values — a blend of simultaneously examining minute scientific realities even at the nuclear level and immediately appreciating their relation on the kaleidoscopic wholeness of the infinity in eternity.

We ‘learn’ these two divergent aspects of life, which we see as one totality. Because of its illusive complexity, it is beyond our comprehension even to recall its dual reality as other than parts of a pleasant and/or strenuous ‘experience.’ As ‘experience’ beyond our ability to comprehend its singular relationship, we call it God’s creation, the skill of our collective subjectivity — through the centuries ‘creating’ an elusive, undetectable identity which we ‘worship’ because its actions can never be successfully challenged. As indicated, we learn and accept these as ‘facts of life’ by which we have given them a singular name.

History is a complex reality that knows no bounds. Building on it, we hope to ‘evolve’ a better world. We go about our various daily activities. Do we believe in “God”? We must when we understand it. But do we really understand its subjective nature? Is this only an explanation of a MORE REAL source of reality?

This view of life ‘transcends’ all limits of time and space. It is divergent from the common view of what life consists because of our viewpoint — believing the testimony of our senses, perceiving but not detecting the duality of the action of the mind, that intimate agent that hides the ‘self’ and its motivating impulses, scurrying around like a spider in its web.

We (our minds) are so intimate to our bodies we inhabit that, when we

undertake any operation, activity, or task, we are prone to say, “I am doing,” or “I am going to do it” (the task, etc.). We don’t say, “I am going to cause the body to do it.” We don’t say, “I am going to remember the familiar sensations of the activity of (whatever).” We have not even revealed to ourselves the intimacy of our ability to implement our actions with a tool.

The ‘whatever’ can be any of the multifarious activities that man (or woman) engages in, be it physical or mental of any type whatsoever. WE engage in (whatever) by (with) our intimate control of the body to ‘force it’ (in a sense) into appropriate positions, attitudes, activities which our mind recalls (remembers in terms of sensations of experience) associated with the activities intended because of pleasure or duty associated with the involvement.

We (our minds) are so intimate with the sensations of association with that ‘identity’ (or degree of intimate contact) with the body (its growth and history) that activities of every nature blend our experience into a ‘pseudo’ identity with it and its potentials.

WE have ‘assumed’ identity with our body, ‘loaned’ our name to it. “WE” (out of sight) are the agent of its activities. “WE” learn and re-learn the manners, skills, perceptions (it affords), its joys and sorrows, sacrifices and all ‘et ceteras.’ “WE” calculate how it can be maneuvered into situations to benefit or jeopardize our anticipated fancies or fortunes — from infancy to the grave, at which time WE lose that intimacy with, that power of control over, our bodies.

The liveliness of our awareness of its relationships has dominated through all joys, efforts, sorrow, and travail, reflecting our SENSE of accomplishment — realizing a productive or unproductive LIFE.

## LIFE

Just some idle WORDS — about a few PURPOSES

My fingerprints and thumbprints are cataloged in the archives of the county in which I was born. There is also a certificate of birth, filed in that county, assigning a name to be the incidence of my physical appearance, and administer the activities of “my” path in the environment of Mother Earth.

I took a walk this morning to stimulate the functioning of my metabolism in accordance with the instructions of my medical consultant. Being in a pensive mood, my head was not high, and, I spied a penny on the ground, picked it up, one of the fortunes of the total existence. If I keep this penny, I’ll never be broke. (I didn’t invent this comment.)

An extra reason for my walk on this beautiful Sunday morning was to contemplate the activities of a reasonably large group of persons, represented by a stack of papers on my desk — bills from this selected group in the medical profession. They had responded to a call to rescue from a hazard, the lack of full attention to a healthy continuity of life. They did their part to save my life in their way, the activity that, by other professions might have been a rescue from a burning structure, or from the ocean, or even a lake or a fast running river.

This “I” involved with my personality was established in an abstract point of view and was responsible for my re-entry into life ‘actively’: to learn, administer and progress, meeting the challenges and joys of interacting with all with whom I come in contact.

It is to be hoped that my efforts, as well as others, will result in allowing well-being to civilization for the common good — as well as the progress and welfare of all. Abraham Lincoln said, “I am going to do the best I can,

the very best I know how. And I mean to keep doing so to the end. If the end brings me in the right, what is said against me won't amount to anything. But if the end brings me out in the wrong, ten angels swearing I was right would not make any difference."

Appearing on that list of papers are the names of twenty-nine doctors representing seventeen organizations, a hospital and laboratories (with support staff). They had responded to the call to restore the functionality of me — my point of view, that eternal impulse in the immortality of time to which had been assigned that temporary identity catalogued with my fingerprints.

This is an attempt to synthesize, in a demonstrable way, a representation of the composite product of scientific endeavor. Synthesis is an accepted modern term representing the activity of assembling related elements/substances to form a coherent whole. Synthetic materials are a commodity in modern society.

The term conceived by the ancients as a quality or tendency of consciousness — was "SHARNGADHAR," to recognize the natural quality, 'even of consciousness,' that supports and structures the wholeness of perception, the instruments of perception and action of the human physiology. 'Sharngadhar,' synthesizing, is one of the thirty-six qualities of consciousness conceived by the ancients as distinctly identifiable tendencies and capabilities comprising our very awareness, our capacity to exist and function. I had been informed of the ancients' activity more than sixty-five years ago.

Now, I, my point of view, has been associated with the assemblage of actions and systems to accomplish purposes, including computer programming. Without Sharngadhar there would be no whole. The whole is there, but it is there only because Sharngadhar is a functioning principle of

consciousness in support of manifestation.

Every purpose has to be accomplished, requiring fulfillment for the assembly of parts, toys, trips, families, nations and a better world. We were promised from biblical times that life should be without problems — Heaven on Earth. It is our obligation and responsibility to accomplish — consciously to allow this destiny to mankind.

Maharishi has a purpose. He came to the United States in 1959 — “spiritually to regenerate the world.” To do so, He now wishes to assemble groups of people, large enough by “TM,” to lend significant balance of impulses into the thinking environment. Consciousness is the every power of the thinking mind, the link of communication which has the indomitable power of natural law, the Laws of Nature.

This is the ‘link’ whose time has come — the power to give fulfillment to man. Law has found its niche.



THE “UNIFIED FIELD”  
In the Context of  
Principles of Physiology & The Forty Fundamentals of Thought  
Its Effect on Science: An Approach to Health

There is something I learned about sixty-seven years ago from a relative, and had forgotten during my schooling and formative years in business and wartime of the 1940s and '50s:

Basically, there are — in the environment of our Mother Earth — forty fundamental principles, structuring the details of thinking, its accouterments and their address to the scientific community. This ‘community’ attempts to account for the World — recognized as the totality of our environment, encompassing and consisting of space, stars in our skies, our sun with its planets and other contents. All of this is included in what is known as “THE UNIFIED FIELD.”

How do we know this? (“You might ask as an impertinent question?”) This is a rather complex question, but has a very simple — Answer, or another Question? To be sure, there are some concepts to be explained; but the answer is a very simple concept, including the environment of knowledge in the universe — “Rik Veda.”

How do we wipe out with or without impunity, all of antiquity with its archaeological artifacts, the evolutionary and formative evidence of civilization, cultural consequences of social association with literary and historical significance? How do we contradict the historic discovery and factual science, medical science and electronic connectivity in this evolved but violent world of politics? How can we even learn of all this, without ‘Consciousness’?

Looking again into antiquity, how about the origins of space, time,

cosmology, 'awareness' of being? We DON'T wipe it out — We JUST 'Think'!

How simple is this quandary in which we struggle to maintain even an acquaintance, in this world of investments, negotiation and finance! To all, these are questions relating to value, life and limb: "NO PROBLEM." This is what George Messenger said at FTL in 1963. 'It's only a question of values.' Now, in this age of finances, the value is Alan Greenspan.

In 'Consciousness' only, is there awareness of every facet of value of this World; and the measure of knowledge/awareness, irrespective of language, is the measure of concern: the ultimate measure of knowledge/ know-ability and therefore value. Without consciousness — ?

"The Smaller than the Smallest is Bigger than the Biggest" (quoted since ancient times): The FORTY Fundamentals of BEING Encompass Cosmology and Its Attendant Reality.

(Soften the atmosphere of reality, and soften the rigidity of the world in stress.)

"THEN, What IS consciousness? 'Really'? Where is it? How do you know THAT without 'thinking the thought of it'? So thus, in a Nutshell — is "Being," the essence of thought.

Maharishi explained — (in Part), — Saying "Ah, a" and "R, r, r, r" — They are both there: "A" (first syllable of 'Agni,' the first word of Rik Veda), and "R, r, r, r" in 'Rik.' The structure of Rik Veda is Elaboration, illustrating the nature of NATURE, its Laws. Similarly, the First word EVER spoken by a newborn baby is "Ah." Maharishi smiled and made some other comments. It's a fascinating story.

Because of that, I said, "You must be right." Unprompted, every baby born on our Mother Earth, says 'Ah' — the first word in 'Rik Ved,' known

in classic Sanskrit, the Wisdom of India (since before Britain's Empire devastated India. It did!)

The wisdom of the universe is the cornerstone of the "Unified Field": announced by Dr. John Hagelin, discoverer and physicist from Harvard, in his statement in 1984. Einstein had tried to complete that task of unraveling the intricacies of physics before his death, but it was left to John Hagelin, Ph.D., having completed his thesis, acclaimed later by an entourage of physicists from Russia. Maharishi said, "Tell them." (And I could not comprehend — 'over my head.')

Maharishi (it seems years ago) explained the intricate forms of the first word of 'Rik Ved' in Sanskrit: the 'totality' of wisdom in one word, to be elaborated sequentially in this ancient text. Cognized and preserved by Pandits through centuries of time, 'Ved' was restored under the guidance of His Holiness Maharishi Mahesh Yogi as Vedic Science, and documented as 'Modern Science,' in more than 600 scientific research studies collected in six volumes.

These scientific studies give evidence and validity to the fundamentals of 'Ayur-Ved' (Life-Knowledge) or more accurately, 'MAHARISHI AYUR-VED' — the 'forty' Laws of Nature — and from this, there is a wealth of Health for the Third Millennium. There are 'only' forty fundamental rules, other versions notwithstanding, of Ultimate 'Knowledge.' The world has Forgotten.

In concept, it is now proposed to correlate statements of Vedic Literature with scientific statistic charts, detailing advantages and economies of Health. And, remembering that 'the First shall be Last and the Last shall be First,' the caption on the last page will be — 'It's Complete.'

"JAI GURU DEV," says His Holiness Maharishi Mahesh Yogi, lauding his mentor, the source of inspiration, His Divinity, Swami Brahmananda

Saraswati, in his own quest in the Himalayas. (The word “Holiness” means ‘whole,’ holistic.)

Now Maharishi is announcing by proclamation the coronation of His Majesty Raja Nader Raam as the First Ruler of the “Global Country of World Peace” and the installation of His Majesty’s Forty Ministers, one for each fundamental law of Nature, with the Vedic Pandits in consultation.

## LANGUAGE PROFUNDITY

### Relevance of Reported — “WORDS”

Necessary clarification of the ‘precise’ significance of ‘words’ — this is referenced in a recent communication.

It develops that the intent of the utility of words “to think” or “to express” (significance) does speak to the thinking mind in the vernacular for the individual with the motive to convey information.

Obviously, ancient (or future) words and their usage undergo modifications in instruction and usage. ‘Understanding’ is the issue in any given frame of reference.

I hope you will excuse this exercise of words, displayed in recovering the ability to be fluent in spelling. In spelling, I lost my earlier ability and it has become a tedious process. The “payoff” — after a thirty-six lecture course (eighteen hours) on English word structure — has resulted in greater insight and understanding into the derivation of words throughout the centuries, the degree of eloquence evolved by the coining of words, and the borrowing of phrases and even actual words from fragments of many different foreign languages.

These include the usage of suffixes, prefixes, and even ‘sounds’ of ancient (now dead) words — structured words which enliven the flow of the English language.

The physical experience of the stroke, arising out of a medical emergency, added depth in the process of survival. My early life was a practice of thinking, not just the body as an expression of life, but an awareness of the world, its atmosphere and the space around it, in which the “I” of my self’s ‘envelope’ held sway irrespective of outer circumstances.

Obviously, the period of the stroke was a challenge that became at least partially solved. As reported, it became, and continues to become an inspiration to prevail. It's a survival package of continuance in the face of problems. I feel fortunate that these incidents took place. I still can prevail.

An IDLE THOUGHT PROCESS  
 Small Things Count (SOMEWHAT)  
 Question! Did We Make Our Point?

Approaching my bathroom one morning recently,  
 I encountered a spider in the middle of my washbasin  
 Suspended from at least three points on a web (invisible to me)  
 I Thought. (buzz / —)

“WE ARE LIGHT SPIDERS, TRAPPED (SO TO SPEAK) IN  
 WEBS OF INFLUENCE.

“IT IS THE SPIDER’S WORKPLACE IN WHICH HE REAPS  
 THE HARVEST OF UNWARY INTRUDERS OF HIS ‘NEST,’ HIS  
 FIELD OF ACTIVITY, HIS SUSTENANCE.”

GOING ON

“This deal, that deal, and the other one, is holding me in the center of  
 my ‘World,’ my Space. If I’m not here to consummate my deal — at the  
 right time (help it along), I might Lose it,” We say (or I may not gain it).

Ownership, Responsibility, and Survivorship are at stake.

“I can’t break away — right now — (for this or that).” Time, timeliness !  
 and “duty” and —

We hear the small voice.

Something even holds us in this mortal coil of life — even with its  
 problems, promises or pleasures,  
 and warnings of pain.

The writer sticks to his task when inspiration fills him with wonder!

He wants to “catch the thief” (of time), the inexpressibility of lost  
Inspiration!

The Businessman or Salesman is suspended between the pleasures of  
home and the satisfaction — of success with his clients.

The Farmer’s Deal with the forces of Nature: The Sensing of Time-lines  
— Wind, Rain, Sunshine, Fertility, and More. Intangible but REAL!

The Engineer, (his mind at his work) pondering the values of scientific  
relationships, is held immobile, occupied with attributes of terminology.

The Seaman: To bring his Treasure to marketable fortune, is accountable  
to Time, Tide, and Wind, and Wave.

Students: Caught, between goals of the future, and dancing across the  
floor of social life, and — sports — Active, No doubt, but like in a vice,  
suspended, so to speak, between uncertainties as real as life.

All, in a lively environment, WE look upon as our “HABITAT.” Unless  
we see beyond our

Horizon, the “Walls” of our consciousness, our ENCLOSURE, to  
what is ‘lurking’ around

The corner ahead, or creeping BEYOND to DEVOUR US, or for  
us to lend a helping hand: WE  
hesitate.

The races of man, or any group, accustomed to their own values, see  
Hazards in differences of behavior,

Standards of life, to which to adapt — or to succumb (when exposed)!

INTRUSION ! IN THE WORKING SPACE OF A SPIDER  
DOES NOT SEEM LIKE A BIG, BIG DEAL, BUT

To compare — anticipated response to “Decreeing” working relationships in a foreign country, or

on the other hand, coming to the aid of depressed peoples, subject to the discomforts of domination?

### INTRUSION ? !

If we pursue our goals, as short as our efforts fall from our dream, OR — however our

receding goals may fail — is there any neglected capability that we ourselves could have applied? Without attention on our pursuits and suspending influence, we, too,

Ask questions? (Questions)

Depending on discernible values

The issue of mixed significance: but will fall into obscurity in the maelstrom of evolution.

Integrity of the greatest good can only be interpreted in the context of maturity of time, so whether a cry for mercy, or for assistance is being heeded: By whom? On Whose Behalf?

“The spider will probably not survive the encounter,” We say, — but the spider is still there.

“What shall I do?” (In suspension like Arjuna — on the battlefield of life)

The Morality Question! “To kill or be killed?”

We call it ‘Life.’ But we are imprisoned in walls of ‘consciousness,’ our captor, whose

Bonds are firmly attached to our soul!

In the liveliness and excitement of its grip, very few of us “Want out!”

Holding tenaciously to the environment, we build for the future, in cubicles of consciousness — just like the spider, irrespective of judgment of others, our conscience is our Warden and Cellmate.

The “walls” of our ‘consciousness’ prison are extremely flexible!

AND give us infinite variety of ‘controlled’ freedom. We live the life of our ‘every’ hero — in our imagination, exploring to our hearts’ content — the highways and byways of fantasy and wisdom.

No matter! However many times the ‘consciousness’ walls of our cubicle expand under the impulse — our merest whim — to the extremities of our imagination, only to collapse to the eternal “NOW” of a point in time —

“We” are “awake” — ALERT to the gentlest breeze on our face.

From “AH” to “K,” collapse of the infinite, the wisdom of the ages is re-displayed in every flutter of desire — of imaginative movement — fancy or sense of relationship — with spiders.

## EUREKA — IN THE MAKING

Pleased, I am, to have been a part of the process (a very small part) of the tremendous strides accomplished by you, Your Holiness, with our Beloved Guru Dev. I say “small” because I recognize many times when my attention was to details, which precluded intimate participation with many of the enlightening aspects of growth of the Movement.

Benefits accrued from your attention to the importance of the purity of that growth, which was accomplished within the guidelines and without fault, providing the expression of intelligence — the Movement as it has been defined.

This provided inspiration — that huge step necessary to integrate into humanity the necessary modifications of behavior patterns consistent with maturity of enlightenment — the living out of evolutionary phases, the orderly expression of knowledge. Expression of evolved knowledge, under your guidance, and scientific methods made us beneficiaries. This produced what was necessary, to come to fruition for humanity in this era of evolution. This much has been accomplished through translation into a multiplicity of languages, capable of comprehension within these few years — this outlook of experience.

Remaining now is a proven capability of billions of people to display maturity of agreement — to live in harmony — without which the requirement of civilization might fail. We may yet experience the need to test abilities and capabilities for cooperative sustenance.

For many, the new system of administration has not yet been consulted, and they are uncommitted, involving huge groups still to be informed — integrated with your defined benefits. Unifying these peoples into agreement, modifications through education, will require cooperative

testing and retesting to contrive expressions of agreement. These involve open-ended discussions to secure equitable acquiescence. The subject has been opened, and requires inquiry, valuable for its potential.

Remaining also to be resolved are questions about specific forms of government, differences of agreement exhibiting compelling reasons for respecting a variety of viewpoints. The need is evident for resolution.

Please, may we find the ‘waited for’ moment of surcease and respite for our beloved world, and the minutes in which we may explore travails of our past years.

Every moment of trial has also moments anticipating a climax towards fruition. We need to brace for the task ahead, confident of realistic, well-deserved acceptance of fulfillment and promise. See — below:

*Crime, Sin, and Release from the Continuity of Problems*

There is no dispute that crime, sin and continuity of problems are evident — this due to the inability to establish peace and what results, including the attempt to deal with crime, etc. by punishment. Continuous inequities have become more rampant with the military means to destroy the destroyers, with many lives lost.

There is no dispute that the military has failed to accomplish peace or cessation of crime and criminal activity. You can say that punishment and the military have failed to accomplish its purpose, and add to this point, extracurricular activities (such as drugs) confuse the issue of progress. Crime does beget crime, irrespective of the doer, and furthers its continuity without end.

We do find ourselves without the ability to refrain from (military) protective measures without jeopardizing the safety of millions of innocent people who would allege there was a failure to protect them

and their interests. The rightness of not killing terrorists (thus preventing this sin), would subject the injured to equal iniquities in the eyes of the government which is obligated by 'our' law to provide protection. Thus, this would become another 'sin' to prevent a sin and with no alternative.

This situation, throughout these tumultuous centuries, has resulted in causes of dissension, culminating in greater and greater disagreements — the very basis of stress. No diminution of the magnitude of any one single crime can be just 'excused' since any crime is the cause for further iniquities. The problem is in its generated consequences, and, of course, it becomes greater with every instance.

Call it 'sin' and you are right. 'Sin is sin,' but the alternative would be aggrieved persons without restitution for wrongs perpetuated. Words do not exist to justify the loss of life, 'forgetting' that loss took place. There can be no 'forgetting' since progress through life is based on what came before.

We know the nature of the problem. Wrongs cannot be negated without producing other negative problems. The 'sin' of killing (or any equivalent iniquity) must remain identified as sin — there is no alternative.

Logic, over the ages, suggests that the perception of wrongs — sensitivity to it — was less discriminating, or forgotten during previous ages (or maybe now just becoming more visible). Where did dissension NOT exist — in "Vedic" civilization? Forms of 'sin,' doubt, cavil, etc. are the stumbling blocks since antiquity.

To wish this were not true, and that peaceful means will prevail by some change in behavior, is sought in any case. Transcendental Meditation is proposed as the only means of behavior modification with proven potential. A period of proof, 'forbearance and tolerance' appearing on the part of millions of peoples should result in the desired peace. "Thinking is in

foresight.”

Words — your words — are well taken in the attempt to diminish the carnage that has become the order of the day. We are in a quandary now, in a questionable position, to find the justice for a legitimate response to your great concern, an answer that transcends the position of justice. This has become inestimably the greatest expression of concern in the world.

Words are only a means of expression of an equitable agreement, which could be resolved, and the verbal rules of logic for its validity. It is in the raising of this question — an unbearable situation in the analogues of time. Repeating: Words are a means of expression (communication) for this concern throughout the ages. Words (in some form of knowledge) become the means of expressing knowledge. Recognition of the complaint has been placed. Words, (a questionable) war, or negotiation, become a tangible means to resolve the dilemma.

Would that grievance had never taken place, for never would there have been a reason for dispute. There is no dispute that the situation is intolerable. Words are only a negotiating means of recognition of its occurrence. Appeasement of the ‘acts of sin’ is a recognition of dispute with a need to express the requisite resolution.

Conceivably, in antiquity, a grievance between divergent species in nature took place — the nature of animals or persons being the cause or the victim. This produced a dispute — an element of stress. Like this, a prolific sequential reoccurrence throughout the ages resulted in violations for the species. These natural actions resulted in the debacles of the age.

Alternatively, ancient records quote examples of peaceful coexistence among the species — unproven but reliable in hindsight — the logical nature of existence. Words can only attest to Nature — which is expression

itself — validated through perception and experience.

It is proverbially hoped that coexistence without strife will prevail between ‘litigants,’ and that words will bring controversy to a close. The exception would be the nature of what we might cite as the ‘lower animals.’ It is their nature — the food chain and the continuity of life and survivor of the fittest.

Words, the ‘tools of thinking,’ are like life changes in which every generation of life evolves and exchanges their significant value for ambient expressions of wisdom. Time takes strides to heal wounds while maturity of purpose grows in life.

With likelihood, there will be education systems to follow in the footmarks of Nyaya, Vaisheshika, Sankhya, Yoga, Karma Mimansa, and Vedanta, through which Utility will grow into maturity of purpose culminating in structures of life for eternity.



## GENERIC “CONSCIOUSNESS”

For your enjoyment  
(You will “cherish” this remembrance)

Every substance in creation has a name by which it is given identity, by which its multifarious identity formats, code names, numbers, formal given names, etc. are included in the description. Its name signifies its identity and becomes synonymous in any category of reference by whatever it is called. Whether person, object, or substance — in any category, irrespective of name — it equates to its generic identity of “consciousness” (awareness).

Consistently (and almost without exception) all people’s actions are referenced to objects or individuals by a specific, locally identifiable name for that specificity — not realizing that their reference applies to its generic name “consciousness.” Thus, in that context, no person or thing can ever be identified without its being an attribute of “consciousness,” or “divinity” (or celestial nature) — irrespective of the quality or character of the ‘subject.’

Words have not been spared to characterize this significance. The purpose is to clarify irrefutably the significance of the word “consciousness” (divinity or “God”) as the essence of your self. Alternatively this could be referenced as any one of the forty qualities of “consciousness” identified in the Superstring of the Lagrangian of the Unified Field.

Recognition is that language is of divine origin, irrespective of diversification. Perception of this results in modified thinking and morality practices — in short, the preference of coherent thinking by all men. It may result, in time, in greater dignified communication and less use of uncondoned slang words that connote abusive or vulgar significance.



CORIOLIS FORCE  
WHAT “MAKES” IT, THE WORLD

And Thinking

THE UNIFIED FIELD  
“GO” AROUND

No one (in their right mind) debates whether the World is in constant motion. Further, all evidence (conceivable) indicates that it is in a constant whirling motion with all of the suns, planets and stars in the universe its ‘self.’ We don’t know what part of that universe might be stable.

What makes this constant variation — modification from stability — so that a stable existentialism cannot be possible? Everything is always changing, always changing, in spite of the degree of orderliness in the universe according to natural laws.

Everything in the universe is deflected from the state or substance of every other’s states or trajectories in accordance with its own state of frictional influence, due to its relative mass, thereby producing constant interchanges in the varieties of infinite relations.

‘Coriolis force’ is a variable-force acceleration, varying constantly in relation to the effect of rotation of the Earth, as in its effect on the comparable velocity of wind and relative velocity of an airplane or projectile. The relative velocity of a projectile (or airplane) affects the relative time factor existing during flight, as well as the Earth’s rotation directional path (polar, anti-polar, parallel plus or minus). Relative wind velocity during flight affects further frictional factors of timing.

In short, the Unified Field is in a constant flux with all inter-related peoples, nations, and whims of chance. Thus, we need inexorably the wisdom to psych out the myriad of relations that keep stability of purpose on an even keel. Nature's phenomena can maintain orderly progress only with adherence to its plan — in the Light of God. No other scenario will compensate for disruption except balanced equanimity of wisdom.

## THE ALPHABET FIRST and LAST WORDS, “A”

“A” is the first letter of the alphabet as well as the first ‘word’ ever spoken by every newborn baby: a coincidence? Unprompted, yes, he says, “A.” He reiterates it throughout his lifetime as an elaboration of what he means to say — including ‘e,’ ‘i,’ ‘o,’ ‘u,’ (‘y’), as well as the consonants filling the elocutions, for comprehension of his diction, interposed to interconnect elaborating expressions.

Scriptures, including Islam, also recognize and dignify inclusion of some expression — “In the beginning....” Referenced as at the beginning of time, the phrase is re-‘iterated’ by John (St. John, Ch. I) where the “word” is implied as the cause of knowledge of the “Word.” And at the end, the man (baby) again says “A,” and any other letters, expressions that are alternatives to knowledge.

Again, unprompted, saying “A” is a natural expression. A man repeats it until the end of his natural life. Everything he ever says is an iteration of “A,” elaborated as he expresses his ‘deliberations’ of his ‘self,’ in apposition to “A.” Simple and extravagant words also express “A,” the first letter of the alphabet formed in all languages, as the functional means of communication, saying something to or about a form of “A.”

If a man is hesitant in selecting words to express his thinking, he fills gaps of time with a pause — “ah, ah” — until his elocution is completed by the end of his sentence. He has, in effect, “said it all’ simply in the structure of language.

Structure is the beginning and end of knowledge, a purpose, providing significance for all that can be known. Without consideration of content, knowledge cannot be ‘totally’ communicated. Structure is

expression, like the quality of a baby's cry for attention, detected in mother's awareness. "A" expresses consciousness, the end product of the symbolic letter, "A," expressing the fullness of consciousness.

Consciousness has basically forty values of 'awareness' of knowledge, classically expressing "Rik Veda" (totality), elaborated in the other three main Vedas and (extended) the thirty-six values of "Vedic Literature." Formerly thought to be a 'dead' language, Sanskrit proves to be responsible for expressing Total Knowledge, the Wisdom of the Ages, putting into motion the sequential expression of all summarized knowledge. 'Totality' includes all known science, such as physics, chemistry, mathematics, and physiology, the life-blood of living.

These Forty Fundamental Natural Laws of eternity consistently display physical, logical, and administrative considerations relevant to the activities of humanity. Discovered over the past fifty years to be consistent with the Superstring of the Lagrangian, the Unified Field of Natural Law, it includes compatibility with mathematics and physiology, whose cornerstone is DNA.

"Wholeness" of man is traditionally known as 'Atma' — the 'soul' value of individuality. It has its expression in DNA, the connection to the physiology, where the information, processing, and structural units — forty functional names of 'BRAHM' — are responsible for the consciousness and totality of life and physiology.

## AFFLUENCE

Outlook with Maharishi Mahesh Yogi  
In Peace with the World

Proposal in time: Nature is driving our efforts, administration of intelligence, being the driving of our efforts of galactic dynamism, working for eternal peace, every step to be the next in accomplishment.

But balanced by cosmic intelligence, we are working toward affluence — the result of the power of freedom — to a time and place where there is no shadow of poverty.

His Excellency Dr. Volker Schanbacher defines the Unified Field of Natural Law — Rishi, Devata, and Chhandas — as the basis of life where poverty does not exist. In everyone's life is the expression of life, intelligence, the Unified Field of all possibilities, which has absolutely no problems. Physiology of the universe — such as the sun and moon — is an expression of intelligence, the lively field of all possibilities.

Children make homes in the sand, on the beach, as an expression of life without poverty. However, in our field of life, Maharishi says that poverty has become prevalent. The Spiritual Regeneration Movement, inaugurated in July 1959, throughout the years is to make everyone live the fullness of his heritage. In science and consciousness is Ved, the totality of consciousness to eliminate poverty.

Maharishi Mahesh Yogi heard the call, coming from the spiritual center of the world, the Land of the Ved, to the most creative country of the world. Here science in research produced the theoretical (intellect) to describe the totality of consciousness in every grain of creation, from 'Ah' to 'Ka,' the stop of speech when you allow it.

‘Ah’ — the dawn of unboundedness is, like that point of a pin, just a point of continuation of unboundedness — the self-referral (Point) as in a mathematical equation — self-referral of the Unified Field found in mathematical equations, a point representing the intellect (aware of its significance).

Where is the self-referral found? In the field of all possibilities, Pandits recite the first syllable of Rik Ved. From modern science, self-referral is the point — the formulation of speech, everyone’s self as Atma, *Swarupe avasthanam*. This is the ‘self’ knowing itself, a self propelling itself into diversity, multiplying itself — multiple expressions of itself.

In Transcendental Meditation, *parame vyoman*, the transcendental field, is the multiplicity of the Devatas in the field — sequential evolution of its unified status of life into points of expression. Relation to the point — the cause and the expression of it — is the second expression (of Yog) *vritti swarupyam iteratra*, for points of totality.

The delight of life is the sum of totality, dynamism and silence, the state of the ocean wave and the silence of the ocean, but a wave like in a dish of water which you stir to produce.

It is an expression of the character of the totality, a line on the water, a point value of the water, the *vritti swarupyam*, a holistic state of itself. The two sutras represent the flow, the Sama Veda value of Yog going from here to there — a flow, like the forty values of the Vedic Literature, something which is eternal, totality on its own level, and something which is making lines of its own state. Ice, or a wave — it is still a part of the totality of the water in the dish, being a wave, distinguishable from the totality, although as a part of the totality.

Veda is making a beautiful vision — opening the eyes of the people to what it has always been — affluence, the field of all possibilities, theoretic-

cally and practically. *Richo akshare* — an expression of the point of view — the Unified Field being the connecting point, Sama Ved, the song of Ved, to go beyond the bridge, and becoming master of the Devatas in the parame vyoman. The area of transformation is the wholeness. It is the march of wholeness. The point, point and point and all points of the totality making up the wholeness.

The bridge — Sama Ved — being the center of the seven states of consciousness — moving: Sama Ved is the moving from the three usual states to the 4th state which is transcendental and beyond. Transformations take place (in the GAP — SILENCE of the Gap), the points of silence which we search for, to become aware of them — the quality of the Self to comprehend both sides like the lamp at the door. As long as we are searching, we are poor, but when we can maintain the awareness of, and perceive silence between each gap, we are experiencing — perceiving — totality in the flowing, the lively field of all possibilities.

The Mandalas — 1ST (3 states), 2ND to 8TH to the 9TH and 10TH, Purusha awakening of Atma — are Totality. Self is the object of the Self, meeting its own disclosure, dynamism connecting with Chhandas value. The searching is the poverty of knowledge of action in transformation. Owning the transformation of totality is the ownership — the lordship value of the Self. The scientific value, the intellectual value of science, has to do with the leaves of the tree, the branches, the flowers, etc.; but they are all emerging out of the sap which is the totality, the emergence, submergence and liveliness.

What we need is ownership of the power of Devata in the transformation, the parame vyoman where the Devatas function. Ram Raj is the action of parame vyoman, the awareness of its activity which then brings us to comprehend the value of the other three states of consciousness.

Mastery of the Veda — the MARCH of WHOLENESS — the stepping points of Totality become the experience of the awareness of the functions of the transformations.

(How do “I” KNOW this, or ‘KNOWING’ IT, become the Master of Intelligence?)

## EXPANSION — HOW MUCH? THE EXPANDING UNIVERSE

“It’s a Small World” — We Used to Say! And, Now, we are finding out that: “Our Thinking was Small.”

I asked (in about 1916), “How many stars are in the sky?” And that was like the thinking about ‘numbers’ in our earlier years. It was elucidated by my algebra professor in high school: Things, and numbers, grew in increments of only “One” when the earliest concept of counting was in its infancy.

As quoted by my all-knowing math professor, more than ‘one’ was known as ‘a great many.’ ‘A great many’ had to be counted incrementally — forced to be increased by the minimal ‘one.’ Numbers were conceived as ‘a great many’ until the labels were derived for counting to something more than ‘one’ (over time) — to the equivalent of ‘two,’ and then ‘three,’ etc.

How could we conceive (without numbers) of accounting for the billions of stars, and miles between stars, when we had to sequence the multifarious configurations of the universe without computers?

How did my mother know that there are millions, even billions of stars in ‘my’ sky?

By that time, she would have said ‘billions,’ not just ‘a great many.’ There was a label for it and it became an ‘infinite’ number.

We, in our world, have thought about birthdays for thousands of years, but still think largely of birthdays only as increments of years, forgetting that during these half-years we find ourselves at 186 (93 x 2) million miles away from our birthplace annual marker point. During each of these intervals, we traverse and carry ourselves and our environment, with all of our toxic wastes (in our wake), around our orbit around the sun

ten times in each decade: an orbit of 584,338 million miles each year.

This is only our (local) universe whose stars daily whisk us around our dizzying carousel at less than 1,000 miles an hour. But just think of the billions of stars streaking across our sight so far away that they are light-years away — their light will not even reach our eyes for years, decades or centuries.

Comparatively, this is a very small world! For, 'Me' — to comprehend. 'I' can see !

Just the sight of our skies: It's a wonderful kaleidoscope ! And — 'Numbers' All !

## MAHARISHI UNIVERSITY OF MANAGEMENT

## A Project for Peace of the World

Maharishi University of Management is based on unity and diversity, unity and diversity, union (which we call Samhita), the unity of Rishi, Devata, and Chhandas, as the value of knowledge (Rishi), the capacity of conveying knowledge (Devata), and the fruit of known 'wisdom' (Chhandas). The totality is identified as the totality value, or Samhita.

Being gives rise to the incidence of the unique circumstances which signaled the expression of intelligence on Earth, and to those circumstances is attributed the appearance on Earth, during World War II, of our Maharishi's Beloved Guru Dev, His Divinity Swami Brahmanand Saraswati, Jagadguru, Shankaracharya of Jyotir-Math, Himalayas, India.

Under His initial guidance, wisdom, and dedication, His Holiness Maharishi Mahesh Yogi inspired, formulated and ultimately brought into fruition Maharishi Global Administration through Natural Law. To this there has never been any limitation, obstruction or boundary, but instead, implied in definition of infinitude, a capacity of mental expression.

Under His dedication, this organization progressed through stages of formulation, first as the Spiritual Regeneration Meditation Foundation (SRM), then as the Students International Meditation Society (SIMS), World Plan Executive Council (WPEC), and finally Maharishi Global Administration through Natural Law (MGANL), defining as limits only terrestrial and functional boundaries.

These successively-named organizations were formed as nonprofit organizations with subordinate divisions to administer and coordinate the functional structures as needs arose. To provide function, status and knowledge, these included the establishment of Maharishi University of

Management (M.U.M.), (formerly MIU), as well as international affiliates in other countries of the world.

Extensive educational seminars and conferences were held to formulate the development and philosophical expression of wisdom. Over stages of time, these have culminated in educational and health advantages, offered by schools and colleges and health care centers. Volunteer groups collectively practicing Transcendental Meditation and the TM-Sidhi programs have influenced the formation of coherence in the environment.

The positive influence of these significant results in education, health, and social coherence have been statistically verified around the world, and continue in this new millennium, through this Movement that developed over a period of fifty (plus) years since the beginning of SRM in India in 1957 when His Holiness Maharishi Mahesh Yogi announced its formulation.

Foundations of this philosophical wisdom brought to the world by Maharishi were laid in classical Vedic literature stemming from the Pandits from India from ancient times.

## STABILITY OF WORLD ORDER IN THE UNITED STATES

Addressing an evaluation of this tremendously complex modern period must include an equally wide variety of consequential negatives along with the overall positive changes and accomplishments culminating in the opening years of the twenty-first century.

The twentieth century could be characterized as ‘disorder’ mixed in with tremendous examples of knowledge and technology that surpassed the expectations of the nineteenth century.

Pluses and Negatives of any period can only be looked at in retrospect: comparing changes of perspectives and tabulating the varieties of significant actions and contributions to the collective well-being.

We must expect to start with the advantages in life, knowing that we must equally acknowledge disturbing elements almost counter-balancing the total.

Warlike action can produce significant technology that results in innovations for the community, even global advantages which change the life of most of the world while leaving other nations and peoples without those benefits — and leaving them disadvantaged in life. Thus it has been with the period under consideration.

From the middle of the nineteenth century (Year 1850) to the end of the twentieth century (Year 2000), there was the U.S. Civil War and two World Wars and a myriad of skirmishes which were really more than merely skirmishes, but in the composite accounted for technology and advances in science which would probably not have taken place as rapidly nor to a comparable degree.

Without those very nasty wars, there would have been less energy expended to produce these accomplishments, so the welfare of the general

trend of life was mixed with wide differences — and with loss of many lives.

Experience, derived knowledge, and cooperative living have been the saving grace of history, capped off by the wisdom cognized by savants and pandits who preserved the precious values that were also a part of the “knowledge” legacy of antiquity.

The civilization that emerged from un-knowing ignorance as simple cells, simple organisms, etc., up to knowledgeable, competent and enterprising individuals who could comprehend the values of the infinite — this is what we have attained in the path to what life and living may become — what has become possible only on the verge of the future of mankind.

What is the worth of knowledge of the infinite? Does it mean anything if it is not “known”? The value of living a life in fulfillment must be sought and nurtured as a part of ‘growing up’ for the posterity of humanity.

## COMMENDATIONS:

For All Fortuitous Knowledge About —  
The Potentials of Life on Our MOTHER EARTH

Our Civilization has undergone some Difficult Times during what we have called the “EVOLUTION OF MAN.” During the foregoing centuries, there has been the unprecedented and unanticipated compilation of Centuries Awaiting Knowledge about “OUR SOJOURN” within the Universe and on the Planet, on which we are so welcome to live in our Era of Enlightenment, enjoying the Pleasure of Life.

Please bear with this account of circumstances which have produced some very promising potentials that are appearing.

We are right in knowing that civilization has been really ‘less than desirable’ during this time when trials and tribulations have been the ‘name of the game,’ and when the bulk of the planet’s occupants were trying to ‘learn’ the ‘ways of the world.’ Promises have been made: “If you lived a righteous life, your life would be without problems.”

THIS was the experience of ages — of the Most Fortunate Age — when Vedic Pandits led this way of life. They had that wisdom of mind to fortuitously perceive this practical, living experience of ‘righteousness,’ without need to “RE-Learn” the lessons which have become the bane of our months, years and centuries of strife and toil.

Wisdom of the Earliest Ages emerged in the innocence of improvisation, without the limiting perception of physicality attributed to intellectualized specificity.

The ages for which evolution was required have been characterized by the fighting of battles and ‘reasons’ for living-learning up until the age of industrial technology. This kind of “technology” of conflict had to be

evolved first, before there could be the balancing of diverse nations and cultures in a state of maturity where all could be assimilated and accepted in a harmonious world.

Technically speaking, the period of evolution was a prototype of productivity. It was not practical until it was complete.

Discovery of the “Unified Field of Physics” was a critical dissemination — a vision of the unification of all facets of specificity — that had to come to fruition before it could be practical for a unified administration to be tolerated. The forces and capabilities of all limits of tolerability were necessary, and this, pushing all limits to give impetus to its culminating states and agreements. These are continuing to be implemented as they emerge.

‘Ignorance’ is cited as having been a preeminent deterrence, holding civilization in abeyance from satisfactory and practical living in all areas, and as having been the source of the decadence from which all areas of society have suffered untold misery. The impact of ignorance is felt in all areas of living, both in the US and internationally: Education, Health Care, Defense, Economy, Administration, and the list goes on and on.

This impact of “Ignorance” is cited because of its affecting all fields — and also being a cause of all elements of criminal decadence:

To cite it — the blame that we feel — The “VERSUS”-NESS of Ignorance      Of the Ages —

Much of “productive action” has been — as we say, “RIGHT ON” !

Some, really — scientific, productive, “evolutionary” — wonder

But: WHAT HAS BEEN WRONG ABOUT IT ?! WHAT?

‘You ought to know better!’      When ‘someone’ DIDN’T KNOW —  
‘wisdom’

And (in 'his' IGNORANCE) didn't KNOW Rightly — What to Do! ?  
What Do I Do?

Their WRONG thinking — was (even) SINFUL !!

Ugh! and uh, uh.

— The DOING ! — Was the Culprit ! But "I DIDN'T KNOW,  
Officer!"

'They' all said that, when 'they' were apprehended, — "GOING TOO  
FAST"! etc.

"The WRONG — way," or "IGNORANCE — IS NO EXCUSE!"  
Of the LAW, "I DIDN'T — KNOW," They Said.

"YES! That's RIGHT !" or "You Ignored ! The Right way!"

But "everybody" always did the same old THING !

NO Excuse ! (IGNORANCE) 'Still' OF WHAT ? Wisdom !

That's what they all Say, — (and) — they "Said" it!

All because they didn't KNOW BETTER! HABITS ! Are the Answer  
— to Change!

To be — "Enlightened" — Life, Living.

Well, Now YOU KNOW ! so — Slow Down ! Take a "REST" —  
Huh ? — Meditate!

### CONVERSION

It's That Easy! And you'll get there on TIME ! "Have a NICE Day!"

"Transcendental Meditation" — "YOGIC Flying"

LISTEN ! listen ! LISTEN ! listen.

That SMALL voice.

TRANSFORMATION

Gee ! the Quietude It's KIND'a....quiet Around here !  
 "Knowledge" — 'Flows,' (Sama Veda, in "Vedic Wisdom")

Why don't WE do this More — often ?

"Cognize" — 'Offering' / 'Creating' ("Yajur Veda")

And Maybe — WE wouldn't HAVE to spend quite SO much  
 Money !

"Echoes" — "Reverberating" ("Atharva Veda") (Action in Physiology)  
 ? More ? "OK" — "Knowledge":

Knowledge	Expressing	What's To be done
Shiksha	Transforming	'rather' a — "Transform"
Kalp	Expanding	Knowledge of what you do?
Vyakaran	Reference	What else to 'do' ? Yes
Nirukt	Quantify	'How MUCH'?
Chhand	Knowing	What to "DO ABOUT IT"
Jyotish		

(Automatically) Plus 30 (more) Functions — for the Physiology to  
 Complete its job

Distinquishing, Specifying, Enumerating, Unifying, Analyzing, Living  
 (Wholeness) plus 24

Integrating, Progressive, Establishing, Nourishing, Differentiating,  
 Equivalency plus 18

Balancing, Separating, Communicating, Diagnosing, Synthesizing,  
 Enlightening plus 12

Transcending, Stirring, Structuring, Blossoming, Ancient & Eternal,  
 Memory plus 6

Wholeness, Sharing, Unfolding, Dissolving, Omnipresent,  
 Re-manifesting, ALL of These ! Yes

The STRUCTURE OF KNOWLEDGE — UNDERSTANDING  
 Pictures of WORDS have a ‘meaning’  
 What do they MEAN ?

? MEANING ? What would HAPPEN if we Change the  
 MEANING ?

? erase the word .... , the meaning ? Would it change —  
 anything ? what you ‘have’ to do — What would happen if all of the  
 contents were transferred to my — ?

Ya, Just have to ‘do’

It!

Right.

NOT — Later!

NOW ! When?

FROM NOW ON and On and ON.

What’s The BOTTOM LINE? Ya’ Get the HANG of it?

And It’s Kind-a like — It’s Easier

Than You Think OR Did You Stop Thinking?

Don’t Worry — About ANY THING.

Just DO IT.

Try

AGAIN



LOOPING THE SKY  
 Our (EARTHBOUND) Velocipede  
 Which 'We' sometimes 'Forget'

Speaking of Silence, Dynamics:	Actification
	Sanctification
	Pacification
These are the	Ratification
"WORDS"	Citification
	Sanctifications
	Ratifications

That "SURFACED," the "POTENTIALS" of "ACTIFICATION"

The 'impossible' words to be converted into POSSIBILITIES in Politics.

When MY "BUCKET" in the SKY looked at "INFINITY"

Walt Disney JUST Must Have Had A VISION of WHAT He MIGHT have SEEN:

The SEVEN (count' em, with plurals)

That take place,

In justification of

Configuration of

Religion

Peace

Agreements

Preservation for Eternity

We LOOP around our sacred “EARTH” bound consciousness every word, the SUN and the STARS that we WORSHIP — NOT realizing the Wondrous — ANNUAL passage

Except our PERSONAL “Birthdays,” ANNUAL Recollections, etc.

The WHOLENESS of our very ‘DEAR’ Mother EARTH —

TRANSPORTS us

Meticulously

AROUND the COSMOS

To our

186 Million Miles away

“AND” (BACK)

For OUR “ BIRTHDAY “ Celebration

Along with everything else THAT took Place: (the year)

YOUR — “Trip” around ‘our’ SUN. ‘Bless Him’

‘INFINITY’

### A THREE-IN-ONE CELEBRATION OF BIRTHDAYS

It was a really well-planned banquet party on Monday, January 10th 2000, with about 120 residents of the Capital at Vlodrop, including some Indian Pandits who graced the gathering to bestow some Auspicious Wishes on Tony Nader, M.D., Ph.D. Three long tables filled the Veda Room with Tony and Dr. Bevan Morris facing the room at the center.

I was seated, facing them in the center of the second table with Dr. Keith Wallace on my left and Dr. Vernon Katz on my right, the two other very significant power figures in the progress of Maharishi's Transcendental Meditation Movement — Keith recognized as the First Scientist of the Age of Enlightenment, and Vernon as he assisted Maharishi in translation of the Bhagavad-Gita.

The third person honored at this banquet for Birthdays, also facing the head table and at the table behind me, was the daughter of Dr. Eike Hartmann introduced as the preeminent authority on Sthapatya Veda design. Lila-Marie, was seated with the younger generation guests on each side at her table. All tables were filled at "Moment One" except at the left end of Tony's head table, which was filled later with the group of Indians arriving on their schedule.

At an appropriate time after the guests had enjoyed the Lebanese hors d'oeuvre and main course, Dr. Bevan Morris introduced the significance of the gathering and praised Dr. Tony Nader for his wisdom and for his very valuable contributions to the progress of knowledge in the civilized world, working under the guidance of Maharishi Mahesh Yogi.

Not knowing whether I was expected to make an accounting of myself, on inquiry, I had learned "nothing had been planned," but "could if I wanted to," and I indicated that "I was not unprepared."

Dr. Tony Nader acknowledged his introduction, spoke at length about many of his own superb contributions and then put them into perspective for the three generations contributing progress to the Movement. He gave tribute to many people unknown to me personally. In continuing to introduce me, he stated that he understood through the grapevine that I had offered (not unprepared) to read some poetry: “Would I like to give a song or entertainment with some poetry?”

Sitting between the two — Dr. Keith Wallace, First Scientist of the Age of Enlightenment, and Dr. Vernon Katz, the eminent Sanskrit scholar, whose efforts were largely responsible for assisting in the correcting of the age-old interpretation of the Bhagavad-Gita — I felt humble in such a gathering. But I’ll report my participation in the celebration factually.

“About sixty-four years ago, I dropped out of the same university at which Dr. Wallace became the First Scientist of the Age of Enlightenment. I had been an English Major at UCLA and had begun to feel the need for a career in something more necessary during, and nearing the end of the economic depression of the 1930s. I had gained a small ease with words and transferred to Business Administration.”

I advised my hearers at the Celebration that I had not brought along my lengthy volumes of Poetry to impose on them (the volumes that ‘did not exist’), but only three pieces, which included some of Maharishi’s knowledge. They could take their choice on continuation.

I warned them further about poetry in general by recounting an experience of Robert Burns, a very popular poet of an earlier century. One of his admirers asked him about a piece (“what it meant”) that he had written some time before. He reexamined the piece, and after some moments of thought, stated. “When I wrote that piece, God and I knew what it meant. But, now, only God knows.”

I then read to the gathering my poem entitled, “Reintroducing You To Your Self” in a manner as timely and thoughtfully as I could. One rendition was enough and number two and three were deferred to another time.

Dr. Eike Hartmann was very proud of his daughter Lila-Marie, on the Mother Divine Program, who was also celebrating her birthday, along with myself and Dr. Tony Nader. Her father congratulated her for her role as a leader in the newest generation represented and she followed with a wonderful talk on her recognition of her responsibility to carry on.

(FROM THE PERSPECTIVE OF DAVID R. VERRILL,  
Completing his Eighty-eighth Trip around the Sun)

That night I was able to read the “POEM” a second time, this time to Maharishi after which his comment was, ‘We will put a gold frame around it.’ After this, I felt that I was not walking on the floor. The occasion was the opportunity to take part in the making of some decisions, the birthday being a very auspicious time, particularly with three on the same day.

A Vedic phrase is frequently quoted — ‘Aham Brahmasmi’ — and I now perceive that the above-mentioned poem can be recognized as an interpretation of this Vedic phrase, meaning, “I am Totality,” the Vedic phrase persisting through time as a ‘cognition.’



# EPILOGUE

## KNOWLEDGE (Commendation)

From the ages past, through the eternity of time, have been quoted the messages of Inspiration from God, and quoted by the proponents dedicated to the reality of Being.

His Holiness, Maharishi Mahesh Yogi, the most recent of YOGIS, accompanied by his followers, has been dedicated to restoring the dignity of MAN, the Image and Likeness of God's intelligence.

To insure this effort, stemming from eternity, this most prodigious work was instigated to bring all men into harmonic agreement by correlated synchronization of "CONSCIOUSNESS," — that immediate content of awareness — with "Knowledge" of the SELF. By whatever Name is given for this effort and technology, Maharishi Mahesh Yogi has brought into focus, by HIS ingenuity and dedication, this possibility consummated into the "allness" of BEING That ALLNESS cannot be adequately expressed by less — than evidence of CREATION itself.

Eternity of "KNOWLEDGE" starts and ends only with totality. Accounting for it is nothing less than the joyous thinking of its wonders, 'knowledge without end.' In every known language, there will be an anecdote to account for the wonders of AWARENESS of 'what hath God wrought.'

\* WATER of LIFE \*

THE GLOBAL COUNTRY OF WORLD PEACE



## Appendix 1

## SPIRITUAL REGENERATION MOVEMENT

## Memorable Events

## What Maharish Did Before I knew Him

23 to 25th October 1955 — The Great Spiritual Development Conference at Cochin — Inauguration by H.H. Darsana Kalanidhi Rama Varma Parikshit, the Maharaja of Coshin — Messrs.: S. Kuttikrishna Menon, Advocate and Municipal Chairman, A. N. Menon, Barrister-at-Law, Advocate, S. Vaidyanatha Iyer, Advocate, C. R. Vaidyanathan, Advocate, Mrs. Thankamma, N. Menon, Ex.-M.L.C., Cochin and T.C. State, S. Ramaswami Iyer, B.A., B.SC. (Lond.), A.C.S.I.A.M.I.E., V. Kesavan, B.A., C.A.I.I.B., P. S. Atchuthan Pillai, M.A., M.L., V. Satchitananda Pai, N. Balakrishna Reddiar, Advocate and others participated.

January 1956 to October 1957 — Peace and Bliss giving Spiritual Development Camps under the divine guidance of the Maharishi at Haridwar, Calcutta, Pahalgham (Kashmir), Ujjain, Ahmedabad, Bombay, Bangalore, etc.

7th November 1957 — Inauguration of the Great Spiritual Development Camp at Madras at R. R. Sabha hall, Mylapore under the Presidentship of Vidya Prakasa Sri K. S. Ramaswamy Sastri, Retired District Judge.

30th November 1957 — Maharishi addresses the 15th Session of the

World Vegetarian Congress held at Madras.

29th to 31st December 1957 — 89th Birthday Anniversary celebrations of Shree Guru Deva and the Great Seminar of Spiritual Luminaries. Besides the Maharishi, Sri K. S. Ramaswamy Sastri, Swami Rajeswarananda, Sri T. M. Krishnaswami Iyer, Sri Swami Sivaprakasa Anandrendra Saraswathi (of Rishikesh), Swami Venkateswarananda, Swami Srilasri Somasundaram Thampiran, Swamigal of Dharmapuram Adeenam, Sri P. S. G. Rao, Prof. Sri Sankaranarayana, Prof. T. K. Venkateswaran, Sri N. Raghunatha Iyer, Dr. B. L. Athreya, Sri Pithukuli Murugadas, Sri K. Seetharama Rao, etc., participated.

7th February 1958 — Hon'ble Sri M. Ananthasayanam Iyengar, Speaker, Lok Sabha, inaugurate the Spiritual Development Camp at Madanapalle.

20th February 1958 — Inauguration of the Spiritual Development Camp at Anantapur.

19th March 1958 — His Excellency Shri B. Ramakrishna Rao, Governor of Kerala, welcomes Maharishi and his Spiritual Regeneration Movement.

27th April 1958 — H.H. Maharishi leaves Calcutta for Rangoon by air.

7th August 1958 — Inauguration of Penang Spiritual Development Centre at Community Hall — City Mayor performs opening ceremony.

17th August 1958 — Inauguration of Singapore Meditation Centre at Victoria Memorial Hall — Singapore Chief Minister Mr. Lim Yew Hock inaugurates.

7th November 1958 — Inauguration of Hong Kong Meditation Centre at the Assembly Hall of the Chinese Chamber of Commerce — Mr. Hin Shing Lo, well-known Hong Kong Magistrate, opens the Centre.

20th December 1958 — 90th Birthday Anniversary of Shree Guru Deva — Celebrated throughout India and abroad.

21st December 1958 — H.H. Maharishi leaves Hong Kong for U.S.A. by air.

January 1959 — H.H. Maharishi inaugurates International Meditation Centre at Honolulu, Hawaii.

29th April 1959 — Maharishi arrives at Los Angeles by air from San Francisco.



## Appendix II

## TEN LITTLE MEDITATORS

One little meditator

Found life good and true,  
An old friend found him —  
And then there were two.

Two little meditators

Content beneath a tree,  
A tired man rested there —  
And then there were three.

Three little meditators

Learning more and more,  
A young scholar joined them —  
And then there were four.

Four little meditators

Glad to be alive,  
A sick man hobbled by —  
And then there were five.

Five little meditators

Never in a fix,  
A muddled man came along —  
And then there were six.

Six little meditators  
On the road to Heaven,  
A wicked man followed them —  
And then there were seven.

Seven little meditators  
In a blissful state,  
A lost boy asked the way —  
And then there were eight.

Eight little meditators  
Meditating in a line,  
A dreamer stumbled over them —  
And then there were nine.

Nine little meditators  
Happy, peaceful men,  
A worried man needed help —  
And then there were ten.

Ten little meditators  
Continue to increase,  
And on they go across the world  
Spreading happiness and peace.

(Canadian, Author Unknown)

















































































